

To receive your Certificate of Attendance and credit hours, please follow these instructions:

1. **Application for Continuing Education Credit.**
Please mark an “X” to the left of the session number for the events you attended. If an event is NOT listed, continuing education is not available for that event.
2. **General Evaluation Form.**
Evaluate (**Please grade 1-5**) and give feedback on the overall program.
3. **Session/Speaker Evaluation Forms.**
Please evaluate EACH session for which you are requesting continuing education credit.
4. Once you have completed ALL of these forms, please mail to the following address:

The Milton H. Erickson Foundation
2632 E. Thomas Rd., Suite 200
Phoenix, AZ 85016-8200
Or Fax: 602-956-0519



A Certificate of Attendance will be mailed to you (using the address provided on the application for continuing education) in **8-10 weeks**. We will try our best not to delay this process.

There will be NO Onsite Validation of Continuing Education.

If you do not wish to fill out the paper evaluation, you can go to **www.brieftherapyconference.com** and complete the evaluation forms (Please use the password on **page TBA** of your Syllabus.). You can then print your certificate **immediately**.

APPLICATION FOR CONTINUING EDUCATION

To get your certificate of attendance, here is what you need to do...

Place an "X" by the events you attended. If an event is not listed, credit is not available for that event.

Print your name, degree, and mailing address below:

The Brief Therapy Conference

Treating Anxiety & Depression

Thursday, December 11, 2014

X	EVENT	TITLE	PRESENTER(S)	# of CEs
Short Courses 1-7 – 8:30-10:00 AM				
	SC 1	Is it the talking that cures: utilizing silence to make therapy more experiential and improve outcomes	Susan Pinco	1.5
	SC 2	Experiential Technique for Dealing with Trauma: Re-visiting the empty chair	Linda Duncan	1.5
	SC 3	From Sexual Trauma to Sexual Empowerment using personal, ancestral, and spiritual dimensions of consciousness in brief therapy	Emily Volden and Dan Booth Cohen	1.5
	SC 4	Using Brief Ericksonian Psychotherapy for helping children cope with trauma after loss and painful events	Maria Escalante de Smith	1.5
	SC 5	The Curiosity Oriented Approach	Richard Hill	1.5
	SC 6	Zapping Anxiety and Depression and healing trauma, with vigorous and compassionate approach of rational emotive behavior therapy	Debbie Joffe Ellis	1.5
	SC 7	Augmenting "pills not skills": strategic, somatic and Ericksonian interventions with the severely mentally ill	Hank Griffin	1.5
Short Courses 8-14 – 10:15-11:45 AM				
	SC 8	Tapping into reserves you never knew you had using your personal power	Norma and Phillip Barretta	1.5

	SC 9	Hypnotic Scaling is an Ericksonian solution focused self-hypnotic technique that allows your clients to choose freely where to move on their solution scale	Paul Koeck	1.5
	SC 10	A Brief Solution-focused model for individual	Robert Johansen	1.5
	SC 11	Therapy based on Universal Wisdom for Treating Anxiety, Depression and Trauma	Teresa Robles	1.5
	SC 12	Footprintings; Self State Therapy in three dimensions	Susan Dowell	1.5
	SC 13	Remembering our teachers: Steve de Shazer and Insoo Kim Berg, Albert Ellis, Bob and Mary Goulding	Michael Hoyt	1.5
	SC 14	Better than zero: focused strengths-based strategies for improving well-being	Bob Bertolino	1.5
Short Courses 15-21 – 1:15-2:45 PM				
	SC 15	Ericksonian Trauma work and memory reconsolidation	Dan Short	1.5
	SC 16	Golden rules arising from the experience of treating the heaviest cases of Psycho traumas with interactional/conversational hypnosis	Gerald Brassine	1.5
	SC 17	Exploring the Impact of Milton Erickson and Steve Deshazer’s Work with regard to depression, anxiety, and trauma	Mike Rankin and Dale Bertram	1.5
	SC 18	Contemporary gestalt therapy’s virtue and curse: a living system in the static (manualized) world of psychotherapy	Robert Resnick	1.5
	SC 19	Unplugging from the outside in: using strategic hypnotherapy for anxious teens and young adults as a search engine lost in cyberspace	Tobi Goldfus	1.5
	SC 20	How to Become smart enough to know when to stop thinking: a brief, ericksonian approach to treating anxiety, depression and trauma	Joseph Dowling	1.5
	SC 21	New Brief Therapy Approach from Trauma to Triumph	John Lentz	1.5
Short Courses 22-28 – 3:00-4:30 PM				
	SC 22	Merging reality therapy and ericksonian principles: replacing the effects of trauma, depression, and anxiety	Robert Wubbolding	1.5
	SC 23	“When you can explain it simply” understanding and treating anxiety, depression, and trauma	Virgil Hayes	1.5
	SC 24	Effective management of chronic anxiety and depression with essential neurobiological communication	Bart Walsh	1.5
	SC 25	Impacting Lifelong Depression and Co-Dependency: Dynamic emotion-focused therapy, an accelerated treatment	Susan Warren Warshaw	1.5
	SC 26	Bringing Depth into Brief Therapy with Awareness Integration ®Model	Foojan Zeine	1.5

	SC 27	Everything you wanted to know about sex but were afraid to ask-treating gay men with sexual issues	Richard Miller	1.5
	SC 28	Brief Treatment with the Borderline Personality	Michael Munion	1.5
Keynote Address 1- 5:00-6:00 PM				
	K1	Why I'm Not a Cognitive Therapist	David Burns	1.0
Keynote Address 2- 7:30-8:30 PM				
	K2	Attachment Science: An Essential Guide to Change in Psychotherapy	Sue Johnson	1.0
TOTAL CREDIT HOURS				
Friday, December 12, 2014				
	EVENT	TITLE	PRESENTER(S)	# of CEs
Workshops 1-6 – 8:30-10:30 AM				
	WS 1	The Shift from Despair to Secure Bonding in Couple Therapy- Key Events and How to Sculpt them in Session	Sue Johnson	2.0
	WS 2	Who's Afraid of Anxiety? Two Rapid Methods Using Unconscious Sensory Parameters	Steve Andreas	2.0
	WS 3	Anxious Kids, Anxious Parents: 7 Ways to Stop the Worry Cycle	Lynn Lyons	2.0
	WS 4	T.E.A.M Therapy High Speed Treatment for Social Anxiety Disorder	David Burns	2.0
	WS 5	“Tools of Generative Psychotherapy: Helping Clients Develop Self-Leadership Skills”	Stephen Gilligan	2.0
	WS 6	Developmental Trauma	Bessel van der Kolk	2.0
	FH 1	Fundamentals of Hypnosis	Jeffrey Zeig	2.0
Workshops 7-11 10:45 AM- 12:45 PM				
	WS 7	EMDR Therapy: An Integrative Approach to Identifying and Treating the Underlying Basis of Dysfunction	Francine Shapiro	2.0
	WS 8	Treatment of Individuals with Complex PTSD and Comorbid Disorders	Donald Meichenbaum	2.0
	WS 9	A Brief Approach to Sexual Style and Understanding	Pat Love	2.0
	WS 10	Thinking Too Much: Rumination as a Driving Force in Co-Morbid Anxiety and Depression	Michael Yapko	2.0
	WS 11	Feedback Informed Treatment (FIT): Making Treatment FIT Consumers	Scott Miller	2.0
	FH 2	Fundamentals of Hypnosis	Jeffrey Zeig	2.0
Workshops 12-17 2:00-4:00 PM				

	WS12	Strengths-Based CBT in Depression: Demonstrations and Practice	Christine Padesky	2.0
	WS13	Rethinking Couples Therapy: Innovative Approaches to Pat Love, Sex, and Infidelity	Esther Perel	2.0
	WS14	Mindfulness and Intimacy: For Partners, Parents, and Therapists	Ronald Siegel	2.0
	WS15	And They Changed Happily Ever After: How to Create and Tell Compelling Stories for Change in Brief Therapy	Bill O'Hanlon	2.0
	WS16	The Strategic Model of Cognitive Treatment for OCD	Reid Wilson	2.0
	WS17	Ernest Rossi, Roxanna Erickson-Klein and Kathryn Rossi: An Introduction to the therapeutic hypnosis of Milton H. Erickson MD as an evidence-based cognitive behavior therapy for treating anxiety, depression and trauma	Ernest Rossi, Kathryn Rossi, Roxanna Erickson-Klein	2.0
	FH 3	Fundamentals of Hypnosis	Jeffrey Zeig	2.0
Keynote Address 3 – 4:15-5:15 PM				
	K 3	EMDR Therapy: Treating the Psychological, Physical and Societal Effects of Trauma Worldwide	Francine Francine Shapiro	1.0
Keynote Address 4 – 5:30-6:30 PM				
	K4	Treating Individuals who have been Traumatized/ Victimized: Ways to Bolster Resilience	Donald Meichenbaum	1.0
TOTAL CREDIT HOURS				
Saturday, December 13, 2014				
	EVENT	TITLE	PRESENTER(S)	# of CEs
Interactive Events – 8:00-9:00 AM				
	CD 1	Utilization: The Foundation of Solutions	Jeffrey Zeig	1.0
	CD 2	Transforming Grief into Gratitude	Steve Andreas	1.0
	TP 1	Research in Psychotherapy	Ernest Rossi, Scott Miller, Michael Yapko	1.0
	D 1	Anxiety Self-Help for Kids	Reid Wilson, Lynn Lyons	1.0
	CH 1	Conversation Hour with Bessel van der Kolk	Bessel van der Kolk	1.0
Interactive Events – 9:15-10:15 AM				
	CD3	Stage 1 of EFT: The Process of De-Escalation	Sue Johnson	1.0
	CD 4	Psychological Genomics: Utilizing the 4-Stage Creative Process Treating Anxiety, Depression, and Trauma	Ernest Rossi	1.0
	TP 2	Post Traumatic Disorders	Francine Shapiro, Bill O'Hanlon,	1.0

			Bessel van der Kolk	
	D 2	Experiential Approaches: The Power of Implication	Jeffrey Zeig, Steve Andreas	1.0
	CH 2	Conversation Hour with Scott Miller	Scott Miller	1.0
Interactive Events – 10:30-11:30 AM				
	CD 5	Generative Psychotherapy: How to Create Transformational Change	Stephen Gilligan	1.0
	CD 6	Contract, Causality, Congruence: A Brief Couples Therapy Approach	Pat Love	1.0
	TP 3	Homework Assignments in Brief Therapy	Christine Padesky, Michael Yapko, Scott Miller	1.0
	D 3	The Essentials of Change in Therapy	Francine Shapiro, Johnson	1.0
	CH 3	Conversation Hour with Lynn Lyons	Lynn Lyons	1.0
Keynote 5- 12:45-1:45 PM				
	K 5	Mating In Captivity: Unlocking Erotic Intelligence	Esther Perel	1.0
Interactive Events – 2:00-3:00 PM				
	CD 7	Possibility Therapy	Bill O’Hanlon	1.0
	CD 8	Strategic Treatment of Anxiety Disorder	Reid Wilson	1.0
	TP 4	Training Psychotherapists	Christine Padesky, Johnson, Jeffrey Zeig	1.0
	D 4	The Neurobiology of Change	Pat Love, Ernest Rossi	1.0
	CH 4	Conversation Hour with Francine Shapiro	Francine Shapiro	1.0
Interactive Events – 3:15-4:15 PM				
	CD 9	Processing Traumatic Memories	Bessel van der Kolk	1.0
	CD 10	Strengths-Based Cognitive Behavior Therapy	Christine Padesky	1.0
	TP5	The Goal of Therapy	Jeffrey Zeig, Stephen Gilligan, Pat Love	1.0
	D 5	Mindfulness and Hypnosis	Michael Yapko and Ronald Siegel	1.0
	CH 5	Conversation Hour with Sue Johnson	Sue Johnson	1.0
Interactive Events – 4:30-5:30 PM				
	CD 11	Hypnosis and Personal Empowerment	Michael Yapko	1.0
	CD 12	Feedback Informed Treatment: A Clinical Demonstration	Scott Miller	1.0
	TP 6	Anxiety Disorders	Reid Wilson, Lynn Lyons, Ronald Siegel	1.0

	D 6	Activating Creativity in Clients	Stephen Gilligan, Bill O'Hanlon	1.0
	CH 6	Conversation Hour with Esther Perel	Esther Perel	1.0
TOTAL CREDIT HOURS				
Sunday, December 14, 2014				
	EVENT	TITLE	PRESENTER(S)	# of CEs
Invited Address 1-4 – 8:30-9:30 AM				
	IA 1	Evolving Innate Brilliance of the Therapist	Jeffrey Zeig	1.0
	IA 2	Eight Homework Ideas for Anxious Kids: Skills, Fun and Connection	Lynn Lyons	1.0
	IA 3	Winning the Anxiety Game: Brief Strategic Treatment for the Anxiety Disorders	Reid Wilson	1.0
	IA4	Treating Depression Hypnotically and Strategically: The Power of Experiential Learning in Teaching Mood Regulation Skills	Michael Yapko	1.0
Invited Address 5-8 9:45-10:45 AM				
	IA 5	"The Three Positive Connections Needed for Transformational Change"	Stephen Gilligan	1.0
	IA 6	PTSD: What it is and How to Resolve it--and What it Isn't.	Steve Andreas	1.0
	IA 7	Three Things a Therapist Should "Never Do" that I Do (and You Should Too)	Christine Padesky	1.0
	IA 8	Yoga, Movement and Body Awareness in the Treatment of PTSD	Bessel van der Kolk	1.0
Invited Address 9-12 11:00 AM-12:00 PM				
	IA 9	The Quantum Entanglements of Cosmos and Consciousness: A RNA/DNA Epigenomic Quantum Theory of the Cosmos/Consciousness Field	Ernest Rossi	1.0
	IA 10	Mindfulness and the Science of Happiness	Ronald Siegel	1.0
	IA 11	Future Pull: Creating Change From the Future Back	Bill O'Hanlon	1.0
	IA 12	Relationships 2.0	Pat Love	1.0
Keynote 6 1:15-2:15 PM				
	K 6	How Trauma Changes the Brain, and What That Means for Treatment	Bessel van der Kolk	1.0
Keynote 7- 2:30-4:30 PM				
	K 7	The Secret Power of Time: Time Perspective Therapy for the Treatment of	Philip Zimbardo	1.0
TOTAL CREDIT HOURS				

Monday, December 15th			
EVENT	TITLE	PRESENTER(S)	# of CEs
Post Conference Law and Ethics 8:00 AM – 12:00 PM			
LE 1	Law and Ethics Part 1	Steven Frankel	4.0
Post Conference Master Class 9:00 AM-12:00 PM			
MC 1	Master Class Part 1	Jeffrey Zeig and Bill O’Hanlon	3.0
Post Conference Law and Ethics Cont. 1:30-3:30 PM			
LE 2	Law and Ethics Part 2	Steven Frankel	2.0
Post Conference Master Class Cont. 1:30-4:30 PM			
MC 2	Master Class Part 2	Jeffrey Zeig and Bill O’Hanlon	3.0
TOTAL CREDIT HOURS			
Total Credit Hours for The Brief Therapy Conference 12/11-12/15 (Maximum 35.0)			

For your application to be complete you must also fill out a General Evaluation form, for the Conference as a whole, and a Session Evaluation for each individual session you wish to collect credit for.

By completing this form, I attest that I have attended the classes I have indicated. I understand that this record will be verified against registration records. Malfeasance will be reported to licensing boards and professional organizations.

General Conference Evaluation

◆ The Brief Therapy Conference ◆ December 11-15, 2014

Tell us how we did!

Please grade (score: 1-5) the following items. (1 is failure; 5 is outstanding)

- ___ Overall value of the program
- ___ Professional expectations fulfilled
- ___ Program content needs met
- ___ Topics covered were interesting
- ___ Topics were of practical value
- ___ Administration of the Conference
- ___ Special needs were met
- ___ Conference meeting space(s)
- ___ Meeting room(s)' comfort and accessibility
- ___ Meeting room(s)' acoustics/sound
- ___ Informative syllabus
- ___ Notice of requirements for successful course completion
- ___ Disclosure of any personal or commercial interest made appropriately

___ How much did you learn as a result of this CE program?
(1 being very little – 5 being a great deal)

Please tell us...

What strategies learned from this CE program would you use to improve your practice?

What educational needs would you like to see addressed in future programs?

Who would you like to see included as faculty in future programs?

Session Evaluation

◆ The Brief Therapy Conference ◆ December 11-15, 2014

Session Title & Presenter: _____
Workshop#: _____ Keynote#: _____ Topical Panel#: _____ Dialogue# _____

Please grade (score: 1-5) the following items. (1 is failure; 5 is outstanding.)

- ___ Educational Objective #1
- ___ Educational Objective #2
- ___ Educational Objective #3
- ___ Educational Objective #4 (if applicable)
- ___ Educational Objective #5 (if applicable)
- ___ Educational Objective #6 (if applicable)

___ The extent to which this program met its stated objectives
What strategies will you use to improve your practice to achieve these learned objectives?

- ___ Acquisition of new knowledge/techniques
- ___ Instruction at a postgraduate level
- ___ Rate the overall value of the workshop

Tell us anything that was especially good or bad about the session:

What percentages of the methods were: (total should equal 100 percent)

- ___ Didactic
- ___ Experiential
- ___ Demonstration
- ___ Discussion with audience

Speaker Evaluation

◆ The Brief Therapy Conference ◆ December 11-15, 2014

Session Title & Presenter: _____
Workshop#: _____ Keynote#: _____ Topical Panel#: _____ Dialogue# _____

Please grade (score: 1-5) the following items. (1 is failure; 5 is outstanding)

- ___ Speaker(s)' teaching ability
- ___ Speaker(s)' knowledge and organization
- ___ Speaker(s)' unbiased discussion
- ___ Speaker(s)' attentiveness to participants' questions
- ___ Speaker(s)' attitude toward participants
- ___ Audio/Visual materials

Please tell us...

What did you find most beneficial about this course?

What would have made the course more effective?

Additional comments: