



The Milton H. Erickson Foundation, Inc. NEWSLETTER

The Milton H. Erickson Foundation, Inc.
3606 North 24th Street
Phoenix, Arizona 85016
U.S.A.
Telephone: (602) 956-6196

Volume 4, Number 1

Winter, 1984

EDITOR'S NOTES:

Well, another Congress (and a Pre-Congress Institute) has been held and the attendance indicates that interest in and knowledge about Ericksonian approaches continues to grow. Every time I think that, surely, there is no one out there who doesn't know about Erickson, I run into someone who is just getting "turned on" to his work.

The challenge now is to complete the basic education of people in Erickson's approaches and then to advance the work, to "go beyond" Erickson.

BUSINESS MATTERS: Closing date for submissions to the next Newsletter is March 1, 1984. Business and money matters, including subscriptions, should be addressed to the Foundation's offices in Phoenix. All submissions for the next issue should be sent to me.

The newsletter will be published only three times a year starting in 1984. Please note that I have a new address: P.O. Box 24471, Omaha, Nebraska 68124.

BILL O'HANLON

MEDIA OF NOTE:

The first book on Ericksonian therapy in Danish is scheduled to be published in Denmark in March, 1984, entitled "**Den Indirekte Genjev**" ("The Indirect Shortcut"). It is an introduction to Erickson's brief therapy and clinical hypnosis, including the basic elements of his work: utilization, trance and indirect communication methods. The authors, Maureen and Paul Ropke, can be contacted at Vingards Molle, Klintevej 273, 4791 Borre, Denmark.

In May 1983, a Dutch translation of "**Hypnotherapy: An Exploratory Casebook**" was published under the title *Exploratories in Hypnotherapie* by Van Loghum Slaterus, Deventer. The translation (by Ton Wilken, Ph.D.) also contains an earlier article by the authors — "Autohypnotic Experiences of Milton H. Erickson, M.D." — as an added chapter.

Dr. med. Herve Jerzic announces the publication of his new book, "**La Sophrologie, le corps et l'ame**" (Sophrology, the body and the soul). It is published by Buchet/Chastel, 18 Rue de Conde, 75006, Paris, France.

The **Teaching Seminar** has been translated into Italian under the title **A Scuola di Ipnosi**, Boringhieri Press with a foreword by Franco Granone M.D.

Erickson Foundation's New Video Production "The Process of Induction: A Training Videotape Featuring Inductions Conducted by Milton H. Erickson in 1964"

Previously unpublished, this program contains video recordings of Milton H. Erickson, M.D. conducting demonstrations of hypnosis in 1964.

Erickson demonstrates the use of hypnosis to build responsiveness; it is important that the subject respond to the implication and the nonverbal communication, as well as to the verbal communication.

Introductory material is provided by Jeffrey K. Zeig, Ph.D., who discusses the traditional model of hypnosis versus the

Ericksonian model. Zeig presents basic material about the process of hypnotic induction and describes the microdynamics of the technique that Erickson used in his 1964 inductions.

The program is offered for sale to professionals: \$150.00 U.S. (Beta or VHS) (1 tape); \$200.00 U.S. Sony U-Matic (3/4") (2 tapes). For information about the price of this program in video standards used outside the United States, contact the Erickson Foundation.

DONATIONS

The total amount of donations received since the last issue of the newsletter is \$5,691. We thank the following for their support of the Erickson Foundation:

Marcia Cannon
Patricio Torres-Lisboa, M.D.
James J. Weston, MSW
Svend Roland Venssen, M.D.
Karolis Kazlauskas, M.B.B.S.
Jolene Frazier, M.D.
Kerry A. Callaghan, M.D.
John E. Scalise, M.A.
Gary D. Blake, Ed.D.
Curtis Fisher, MSW, Australia
Charles T. Gasta, Ph.D.
Reva Freedman
Jack Moran, Ph.D.
Glen E. Rowe
V. Alton Dohner, M.D.

Shirley E. Bliss

Branton Milburn, Ph.D.
Roxanna Erickson Klein
Willie S. Kelly
Kristine Gaenzle-Peckham
Kevin Mooney, MSW
Alan Stott, Australia
W.R. McLeod, Australia
Ibolya L. Laslik, MSW
Th. P. Werners, M.D., Netherlands
Jaap Hollander, Holland
W.W. Weiers
Charles A. Nicholson, Ph.D.
Howard Von Culpepper, M.Ed.
Michael McCormic, ACSW
Elizabeth Erickson

NOTES FROM THE FOUNDATION

The Board of Directors of the Milton H. Erickson Foundation would like to take this opportunity to thank Bill O'Hanlon, M.S. for his excellent efforts as editor of the Foundation's newsletter and as organizer of the Pre-Congress Institute. Mr. O'Hanlon's unselfish donation of time and energy has been a great asset to the Erickson Foundation. We appreciate his efforts in promoting and advancing Ericksonian methodology.

The International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy was a great success.

The sponsors for the meeting were the Arizona State Hospital, the Department of Psychology, Arizona State University, the Phoenix Society of Clinical Hypnosis and the Family Therapy Institute of Washington, D.C.

The Board of Directors is extremely grateful to our faculty, sponsors and staff for all of their efforts.

Marc Lehrer, Ph.D. and Hans Ulrich-Schachtner, Dip. Psy. have donated their collections of Erickson videotapes to the Erickson Archives. We value their support of the Erickson Foundation.

The Archives of the Milton Erickson Foundation, consisting of hundreds of hours of audiotape and videotape, are available for independent study in Phoenix, Arizona at a nominal charge. Please write for information. If you have audio or videotapes of Milton H. Erickson, M.D., please send copies for inclusion in the Archives or contact us and tell us about your materials. We would like the Foundation to be a central repository of materials on the late Milton H. Erickson.

REVIEWERS NEEDED FOR PROCEEDINGS OF THE ERICKSON CONGRESS

If you are interested in serving as a reviewer for manuscripts to be published in the proceedings of the recent International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy, which will be published by Brunner/Mazel, please contact Jeffrey Zeig at the Erickson Foundation as soon as possible. Reviewers should be familiar with the Publication Manual of the American Psychological Association. Reviews must be conducted in a timely manner.

Please send a curriculum vita and a letter of interest including information about previous experience in editing and including specific areas of professional expertise. If you are able to afford this service to the Erickson Foundation, you will be listed as a reviewer in the printed proceedings of the Congress.

PROFESSIONALLY PRODUCED VIDEO DEMONSTRATIONS FROM THE 1983 INTERNATIONAL CONGRESS ON ERICKSONIAN APPROACHES TO HYPNOSIS AND PSYCHOTHERAPY

- | | |
|---|--|
| <p>1. Clinical Use of Trance Phenomena for Therapy and Pain Control
Stephen R. Lankton, ACSW</p> <p>2. Indirect Techniques of Hypnotherapy
Jeffrey K. Zeig, Ph.D.</p> <p>3. Utilizing Different "Parts" of a Person Simultaneously
Stephen Gilligan, Ph.D.</p> | <p>4. Hypnotic Alteration of Pain Perception
Joseph Barber, Ph.D.</p> <p>5. A Fail Safe Double Bind Induction Procedure
Ernest Rossi, Ph.D.</p> <p>6. Conversational Induction with Utilization of Spontaneous Trance
Kay F. Thompson, D.D.S.</p> |
|---|--|

AVAILABLE FORMATS: _____ BETA 1/2" _____ VHS 1/2" _____ U-MATIC 3/4"

PRICES: 1/2" BETA or VHS - \$70.00 each 3/4" U-MATIC - \$80.00 each

ELIGIBILITY: These programs only sold to professionals in health related fields including physicians, doctoral level psychologists and dentists who are qualified for membership in, or are members of, their respective professional organizations (e.g., AMA, APA, ADA), professionals with mental health related graduate degrees (e.g., MSW, MSN, MA or MS) from accredited institutions.

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Videotapes in both PAL and SECAM systems will be available upon request at extra charge. Payment must be in U.S. dollars. Contact the Erickson Foundation for further information. You may expect delivery within four to eight weeks.

— 1984 SEMINAR —

The 1984 Seminar on Ericksonian Approaches to Hypnosis and Psychotherapy will be held in downtown Los Angeles, California. The meeting is scheduled for Thursday, November 29, 9:00 a.m. to Sunday, December 2, 5:00 p.m. Possible alternate meeting times are Wednesday, November 28, 2:00 p.m. to Sunday, December 2, noon.

A few of the renown faculty for the meeting will be Joseph Barber, Ph.D., Stephen Lankton, ACSW, Carol Lankton, M.A., Sidney Rosen, M.D., Ernest Rossi, Ph.D., Kay Thompson, D.D.S. and Jeffrey K. Zeig, Ph.D.

Regular registration fee: \$300.00

Student registration fee: \$200.00 (A letter certifying full-time status in an accredited graduate program in a mental health field must be submitted.)

NOTE: Deduct 20% for registrations received prior to March 31, 1984.

Approved for AMA Category One Credit. Approval for other continuing education credit will be sought.

The Seminar is open to professionals in health related fields including physicians, doctoral level psychologists and dentists who are qualified for membership in, or are members of, their respective professional organizations (e.g., AMA, APA, ADA). The Seminars also will be open to professionals with mental health related degrees (e.g., MSW, MSN, MA or MS) from accredited institutions. Applications will be accepted from graduate students in accredited programs in the above fields who supply a letter from their department certifying their student status.

REGISTRATION FORM

Name: _____

Address: _____

City/State/Prov: _____

Country: _____ Occupation: _____

Telephone: _____ Degree: _____

There will be a \$25.00 cancellation fee if received in writing on or before November 1, 1984. No refund will be made after that date.

PLEASE COMPLETE:

Please find enclosed my registration fee \$ _____
(Payable to the Milton H. Erickson Foundation, Inc.)

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Account # _____ Expiration Date: _____

Please indicate your time preference of the 1984 Seminar:

Thursday, Nov. 29, 9:00 am - Sunday, Dec. 2, 5:00 pm

Wednesday, Nov. 28, 2:00 pm - Sunday, Dec. 2, noon

Please indicate your format preference of the 1984 Seminar:

I prefer a format similar to the 1984 Pre-Congress Institute, a structured training program with beginning, intermediate and advanced sections.

I prefer a format similar to the Seminars held in 1981 and 1982 with two days of full-day workshops and two days which include half-day workshops.

NOTE: Space at this meeting is limited to approximately 400 attendees. One hundred people have already registered at the International Congress. Please register early. We expect this meeting to be sold out.



Ericksonian approaches to psychotherapy

Advanced Clinical Application Intensive Workshop

This five-day advanced training workshop highlights the logic and principles behind Dr. Erickson's approach to diagnosis and treatment of individuals, and families. Stephen and Carol teach the diagnostic format they use in their Ericksonian work. They discuss, demonstrate and teach Erickson's use of resistance, confusion, conscious/unconscious dissociation, symptom prescription, paradoxical double binds and strategic interventions using complex embedded metaphors, hypnosis and the strategic use of trance phenomena. Workshop eligibility: Masters or Doctorate degree in the helping professions.

by Stephen Lankton, M.S.W., and Carol Lankton, M.A.
authors of *The Answer Within: A Clinical Framework of Ericksonian Hypnotherapy*

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Milton H. Erickson,
Collected Papers, 1973

Note to Foreign Subscribers

Foreign subscribers are asked to pay \$5.00 per year to cover mailing costs. Please send a remittance by March 31, 1984 to keep your name on our mailing list.

Name: _____

Address: _____

City/State/Prov: _____

Country: _____

Zip: _____ Telephone: _____

Degree: _____ Occupation: _____

ONGOING TRAINING SERIES

Three weekends with Steve Lankton in Cambridge, MA. March 24-25, April 14-15 and May 12-13, 1984. Contact Reid Wilson, Suite 517, 300 Mt. Auburn St., Cambridge, MA 02138, (617) 864-9310.

Extended training with Steve Gilligan in Ericksonian Hypnosis in Chapel Hill, NC. Feb. 24-26, March 30-April 1, May 18-20 and June 22-24, 1984. Contact the Southeast Institute, P.O. Box 2183, Chapel Hill, NC 27514, (919) 929-1171.

A series of three workshops on Ericksonian Hypnosis will be held in Ann Arbor, Michigan, led by Charles Stern. The dates are March 24-25, April 14-15 and May 19-20, 1984. Contact Dr. Stern at 20016 Stratford, Detroit, MI 48221, (313) 862-3584.

A series of three workshops on Ericksonian Hypnosis and Therapy will be held in Coral Gables, Florida with the Lanktons. Contact Peers, Inc., 11840 SW 79th Terrace, Miami, FL 33183. Dates are Jan. 14-15, Feb. 11-12 and March 17-18, 1984.

A series of evening sessions on Ericksonian Hypnosis will be held at the San Diego Institute, 6639 La Jolla Blvd. La Jolla, CA 92037. Workshop leaders will be Lisa Chiara and Chris Beletsis.

The Netherlands Society of Hypnotherapy runs an advanced training program for psychotherapists by an international faculty. It is a structured program consisting of 20 days of training over a two year period. Those who would be interested in attending English language workshops in the Netherlands, contact Ton Wilken, Ph.D., Coordinator, Van Beverningkstraat 272, 2582 VN The Hague, The Netherlands, (Tel. 070-521580).

The Family Learning Center is sponsoring a six day series in advanced Ericksonian Hypnosis and Metaphor with Jill Freedman and Gene Combs. Dates are Jan. 20-22 and Feb. 3-5, 1984. Contact the FLC at 1724 Sherman Ave., Evanston, IL.

The Lanktons will be doing a series of trainings in Indianapolis, Indiana. The dates are May 18-20, July 27-29, September 28-30 and November 16-18, 1984. Contact Human Resources Seminars, 4936 Park Ave., Indianapolis, IN 46205, (317) 283-8731.

Donna Spencer will conduct a 100 hour weekend training institute in Ericksonian Hypnotherapy on Feb. 4-5, 18-19, March 3-4, 17-18, April 7-8, 21-22, 1984. Contact Dr. David Cronin, Asst. Dean for Cont. Ed., Washington University School of Social Work, St. Louis, MO, (314) 889-6606. Dr. Spencer will also be conducting two one day workshops on Cape Cod this summer. For more information, contact her at the Marriage and Family Institute, Westroads Medical Center, 911 South

Brentwood, Clayton, MO, (314) 863-8734 by April 1, 1984.

Bill O'Hanlon and Pat Hexum will be offering a supervision and consultation seminar in Omaha in February and March 1984, on Sunday afternoons. The focus will be on Ericksonian therapy, family therapy, strategic approaches, clinical epistemology and clinical hypnosis. AAMFT supervision hours possible. Contact the Therapeutic Learning Center, P.O. Box 164, Blair, NE 68008, (402) 426-9205/391-4223.

Also: Ericksonian Hypnosis, Paul Carter, Ph.D. and Stephen Gilligan, Ph.D., Bcuff, Canada, August 14-19, 1984. For information, contact Marilyn Atkinson, 2021 Columbia St., Vancouver, B.C. V5Y 3C9.

CONFERENCES

Winter in Southern California! You are cordially invited to sharpen your clinical skills with Alman, Barber, Diamond, Ewin, Greenwald, LeBarron, Lilly, Rossi, Zeig and other experienced, lively teachers at our clinical training workshop. Dates are Feb. 23-26, 1984, Anaheim, CA. For more information contact the Southern California Society of Clinical Hypnosis, P.O. Box 5835, Sherman Oaks, CA 91403.

The 1st International Conference on Multiple Personality/Dissociative States will be held on September 21-22, 1984. Abstracts (limited to 350 words, received by February 29, 1984 and accompanied by a brief vita) should be addressed to Bennet Braun, M.D., Dept. of Psychiatry, MF-IV Building, Rush Presbyterian, St. Luke's Medical Center, 1720 W. Polk St., Chicago, IL 60612.

The Second International Congress of Analytical Trilogy will be held March 2-4, 1984 in N.Y. For information: S.I.C.A.T., 64 E. 94th St., N.Y., N.Y. 10128.

The Balint Documentation Centre, an international research and exchange service devoted to works related to the doctor-patient relationship, psychological, psychosomatic and patient centered medicine in the tradition of Michael Balint has been established in Ascona, Switzerland. The 12th International Balint Meeting will be on "Pleasure and Pain between the Doctor and his Patient" on March 29-April 1, 1984 in Ascona, Switzerland. For information contact Prof. Dr. med. Boris Luban-Plozza, Piazza Fontana Pedrazzini, CH-6600 Locarno, Switzerland.

The American Orthopsychiatric Association meets April 7-11 in Toronto. Stephen Lankton and Jeffrey Zeig will present a two day Institute on Ericksonian Psychotherapy. Contact

CONGRESS REVIEW

The Second International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy was held November 30 to December 4, 1983 in Phoenix, Arizona. With over 2100 in attendance, it was the largest meeting on hypnosis ever held.

Faculty and attendees came from more than 20 countries and represented every continent but Antarctica (maybe next time!).

Keynote speeches were given by Jay Haley ("A review of ordeal therapy") and Ernest Rossi ("Ericksonian Hypnotherapy now and in the future") and invited addresses were given by Paul Watzlawick and Cloe Madanes. A special panel on "Child rearing techniques of Milton H. Erickson" was given by members of Dr. Erickson's family.

About 70 papers were presented, from which the papers to be published in the proceedings (by Brunner/Mazel) will be selected. About 75 workshops, demonstrations and practicums were offered, as well as conversation hours, group inductions and panels. There was an ongoing media program which included tapes of Erickson and others. A new videotape featuring Erickson in 1964, produced by the Foundation, was premiered at the Congress.

There were book and media exhibits offering audio, video and books relevant to Erickson's work for sale.

A banquet was held, at which awards were presented to Jay Haley ("Lifetime Achievement Award for contributions to the field of Psychotherapy"), Marion Moore ("For contributions to the Foundation") and for the most scholarly paper submitted (shared by Jeffrey Feldman and Lawrence Gindhart). Jeffrey Zeig was given an award for contributions to the Phoenix Society of Clinical Hypnosis. Shirley Bliss received an award for being an outstanding patron of the Erickson Foundation.

The informal feedback voiced at the Congress (formal evaluations are currently being tallied) indicated that, for most, the event satisfied and exceeded the expectations of attendees.

Audiotapes of the entire Congress, as well as videotapes of selected demonstrations, are available through the Foundation.

Bill O'Hanlon

AOA, 19 W. 44th St., Ste. 1616, N.Y., N.Y. 10036.

The Third Congress of Hypnosis in Psychotherapy and Psychosomatic Medicine will be held in Abano Terme/Padua, Italy May 22-27, 1984. Ericksonian speakers from the U.S. are Jeffrey Zeig and Kay Thompson. For information: Centro Studi di Ipnosi, Clinica Psicoterapia, "H. Bernheim", Via Valverde 65, 37122, Verona, Italy.

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*Pauline Worsman
Supervisor-Preventive Medicine
Kaiser Permanente Medical Group*

We found the chamber to be extremely useful as a vehicle for utilizing clinically both video and audio tapes as well as facilitating hypnosis and biofeedback.

*Thomas H. Budzynski, Ph.D.
University of Colorado Medical Center,
Behavioral Medicine Associates
Past President-Biofeedback Society of America*

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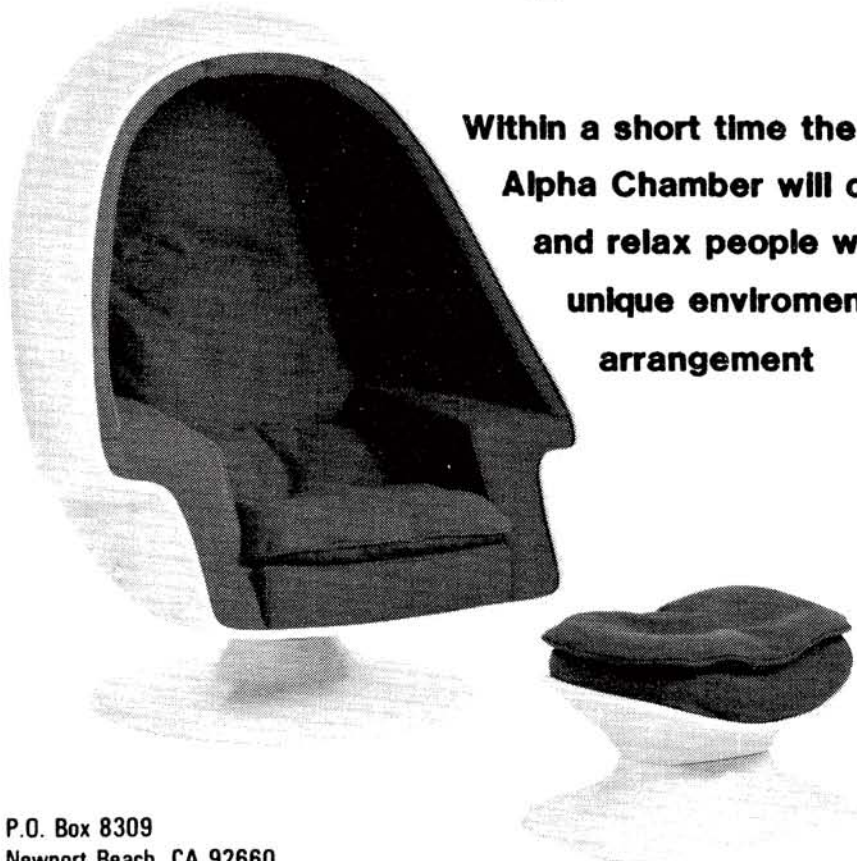
*Irving Katz, Ph.D.
Former Chairman Department of Psychology
University of Nevada, Director General
Hypnosis Institute of San Diego*

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FROM THE 1981 AND 1982 SEMINARS ON
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FROM 1981 SEMINAR:**

- | | |
|---|--|
| <p>A. Naturalistic Approaches to Hypnosis: Utilizing Hypnosis in Pain Treatment in Psychotherapy, Joseph Barber, Ph.D.</p> <p>B. Induction with Children and Adolescents, Franz Baumann, M.D.</p> <p>C. The Parts Model: Demonstration of Work with Phobias and Anchors, Paul Carter, Ph.D.</p> | <p>D. The Varieties of Ericksonian Hypnotic Suggestion, Stephen Lankton, ACSW</p> <p>E. Ericksonian Induction Strategies, Robert Pearson, M.D.</p> <p>F. Conversational Introduction to Trance, Kay Thompson, D.D.S.</p> |
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FROM 1982 SEMINAR:

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|---|---|
| <p>G. Utilizing Hypnosis in Psychotherapy, Joseph Barber, Ph.D.</p> <p>H. The Initial Interview in Brief Psychotherapy, Richard Fisch, M.D.</p> <p>I. Accessing Unconscious Processes, Stephen Gilligan, Ph.D.</p> <p>J. A Dual Induction Using Dissociation, Stephen Lankton, ACSW & Carol Lankton, MA</p> <p>K. The Constructive Use of Hypnotic Phenomena, Marion Moore, M.D.</p> <p>L. Ericksonian Induction Methods, Robert E. Pearson, M.D.</p> | <p>M. A Conversational Induction with Fixation on Ideas, Bertha Rodger, M.D.</p> <p>N. A Quick Utilization Approach to Hypnotic Inductions, Sidney Rosen, M.D.</p> <p>O. A Fail Safe Double Bind Approach to Hypnotic Induction, Ernest Rossi, Ph.D.</p> <p>P. A Conversational Induction and the Utilization of Spontaneous Trance, Kay Thompson, D.D.S.</p> <p>Q. Accepting the Subject's Cognitions as A Basis for Therapy, Richard Van Dyck, M.D.</p> <p>R. The Effective Utilization of Multilevel Communication, Jeffrey K. Zeig, Ph.D.</p> |
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_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

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Ordering Instructions: After listing tapes desired, checking the format required for playback on your equipment, completing the order form and enclosing your remittance, please mail to the Milton H. Erickson Foundation, 3606 North 24th Street, Phoenix, Arizona 85016.

Videotapes in both PAL and SECAM systems are available upon request at extra charge. Payment must be in U.S. dollars. Contact the Erickson Foundation for further information. You may expect delivery within four to eight weeks.

UPCOMING SEMINARS/WORKSHOPS

(NOTE: The Erickson Foundation lists workshops as a service to newsletter subscribers. We cannot attest to the quality of training provided in these workshops.) A \$10.00 DONATION IS REQUESTED FOR EACH SEMINAR/WORKSHOP SUBMISSION.

DATE	TITLE/LOCATION/LEADER	CONTACT
1/14-15	Pain Management, New York, N.Y., Gurian & Lutzker	14
1/28-29	Intro Ericksonian Hypnosis, La Jolla, CA, Chiara/Beletsis	1
2/1-5	Clinical Hypnotherapy, Los Angeles, CA, Lehrer	2
2/2-5	Advanced Hypnotherapy, Santa Cruz, CA, Ross	3
2/11-12	Advanced Ericksonian Hypnosis, La Jolla, CA, Chiara/Beletsis	1
2/23-26	Advanced Hypnotherapy, Los Angeles, CA, Lehrer	2
2/25-26	Hypnosis in Family Therapy, Seattle, WA, Ritterman	4
2/29-3/4	Clinical Hypnotherapy, Santa Cruz, CA, Lehrer	2
3/3	Strategic Pattern Intervention, London, Ontario, Canada, O'Hanlon	5
3/8-11	Advanced Hypnotherapy, San Francisco Bay Area, CA, Lehrer	2
3/9-11	Hypnosis and Therapy, Boulder, CO, Shane	6
3/16-17	Utilization and Reframing, Washington, D.C., O'Hanlon	7
3/17-18	The New Hypnosis: In the Footsteps of Milton H. Erickson, New York, N.Y., Araoz	14
3/24-25	Ericksonian Hypnosis and Therapy, Hawaii, O'Hanlon	8
3/30-4/1	Ericksonian Hypnotherapy, Berlin, Germany, Lehrer	9
4/4-8	Hypnotherapy, Santa Cruz, CA, Ross	3
4/6-8	Ericksonian Hypnotherapy, Hamburg, Germany, Lehrer	10
4/7-8	Hypnosis and Psychotherapy, New York, N.Y., Bosgang	14
4/7-10	Hypnosis and Therapy, Boulder, CO, Shane	6
4/14-15	Hypnosis with Children, Munich, Germany, Lehrer	11
4/14-15	Giving Patients the Opportunity to Find Their Way, New York, N.Y., Zeig	16
4/27-29	Advanced Hypnotherapy, Bern, Germany, Lehrer	12
4/27-28	Ericksonian Hypnosis and Therapy, Charlotte, NC, O'Hanlon	13
4/28-29	Ericksonian Methods, Denver, CO, Zeig	15

CONTACT ADDRESSES FOR UPCOMING SEMINARS/WORKSHOPS

- META Institute, P.O. Box 2591, La Jolla, CA 92037.
- Mark Lehrer, Ph.D., 1466 7th Ave., San Francisco, CA 94122, (415) 753-5968.
- Deborah Ross, Ph.D., 19845 Skyline Blvd., Los Gatos, CA 95030, (408) 354-7738.
- NIFTI, Marianne Guss, P.O. Box 1786, Tacoma, WA 98401, (206) 838-3689.
- Meeting Place One, c/o Jan Devereux, 926 Colburn St., London, Ont., Canada N6A 4A4.
- Hypnosis Training Institute, 2235 Broadway, Boulder, CO 80302, (303) 449-0778.
- The Family Therapy Networker, 2334 Cedar Lane, Vienna, VA 22180.
- Therapeutic Learning Center, P.O. Box 164, Blair, NE 68008, (402) 426-9205/391-4223.
- Carmen Dzurowitz, Gieselerstr 12, Berlin 33, W. Germany, (030) 861-4022.
- Manfred Prior, Hoheweide 39, 2 Hamburg 20, W. Germany, (040) 410-5240.
- Burkhardt Peter, (089) 6412599.
- Christoph Kleine, (031) 459703.
- Charlotte Associates for Family and Psychological Services, 515 Fenton Place, Charlotte, NC 28207, (704) 333-2988.
- Milton H. Erickson Institute of Hypnosis of New York, 55 East End Ave., New York, N.Y. 10028, (516) 485-9210.
- Yvonne Dolan, 1360 Race St., Denver, CO 80206.
- N.Y. Society for Ericksonian Psychotherapy and Hypnosis, 434 E. 52nd St. #66, New York, N.Y. 10022.

CONTACT/EXCHANGE

Los Angeles area practitioners interested in meeting informally (perhaps monthly) for discussion, sharing, study of Ericksonian hypnosis and psychotherapy, contact: Ernest Levens, 13210-D Fiji Way, Marina del Rey, CA 90292, (213) 821-0184.



"In therapy, the patient actually does the therapy, you only furnish a favorable climate..."

Milton H. Erickson,
Teaching Seminar, p. 52

"When you want to find things out about your patients, observe. Observe their behavior."

Milton H. Erickson,
My Voice Will Go With You, p. 184



Erickson Photographs Available

Erickson photographs are available for purchase from The Foundation in 5"x7" and 8"x10" black and white format. All proceeds go to The Foundation's scholarship fund. For information contact The Erickson Foundation.

Erickson Professional Biography

The Erickson Foundation has embarked on a professional biography of Milton H. Erickson, M.D. The purpose of this work is three-fold: (1) An attempt will be made to place Erickson's contribution in historical perspective; (2) Aspects of Erickson's life will be developed, especially those that influenced his development as a clinician; (3) Inspirational aspects of Erickson's life will be presented.

If you have remembrances or perspectives that you would like included, please send them to Jeffrey K. Zeig at the Erickson Foundation. Also, if you have letters from Dr. Erickson, please send copies to the Foundation.

Ericksonian Monographs

The Board of Directors of the Milton H. Erickson Foundation is pleased to announce that after much consideration we will establish a publication entitled The Ericksonian Monographs. The Monographs will focus exclusively on dealing with Ericksonian hypnosis and psychotherapy. It will be published on an irregular basis. We are proud to announce that Stephen Lankton, MSW will be the editor of this publication.

More information will be printed in future issues of the newsletter.

PRE-CONGRESS INSTITUTE NOVEMBER 25-29, 1983

This was the first event of its kind sponsored by the Foundation. The idea was to keep it small (325 maximum participants) and to provide an opportunity for supervised practice and mastery of either basic, intermediate or advanced skills in Ericksonian techniques and approaches.

The faculty (Barber, the Lanktons, Lustig, O'Hanlon, Rosen, Rossi, Thompson and Zeig) rotated so that participants would have an opportunity to learn different styles and approaches.

It was an intensive four and one half day experience and the participants' comments indicate that it was successful. Plans are now under way for a similar event in the future.

Bill O'Hanlon

FOUNDATION PATRONS

The Milton H. Erickson Foundation, Inc. NEWSLETTER

The Milton H. Erickson Foundation wishes to acknowledge and thank two outstanding patrons, Elizabeth M. Erickson and Shirley Bliss, for their recent, generous donations to the Foundation.

Mrs. Erickson has been actively involved with the Foundation since its inception and is a founding member of the Board of Directors. Her judgment and guidance significantly enhance the Foundation's efforts to provide high quality professional training.

Shirley Bliss of the American Foreign Service is stationed in Germany, but has found time to attend Foundation training events on a yearly basis. By virtue of her donations, she is now listed for the third time on the plaque in our office as a patron of The Milton H. Erickson Foundation. Her support of the work at The Foundation is greatly appreciated.

★ ★ ★

"When you start dividing, you start conquering."

Milton H. Erickson,
MHE: *Healing in Hypnosis*, p. 117

**The Milton H. Erickson Foundation, Inc.
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