



The Milton H. Erickson Foundation, Inc. NEWSLETTER

The Milton H. Erickson Foundation, Inc.
3606 North 24th Street
Phoenix, Arizona 85016
U.S.A.
Telephone: (602) 956-6196

VOLUME 2, NUMBER 3

FALL 1982

December 1982 Seminar on Ericksonian Approaches to Hypnosis and Psychotherapy

Newsletter subscribers in the U.S. & Canada will find enclosed a brochure announcing the Erickson Foundation Seminar on Ericksonian Approaches to Hypnosis and Psychotherapy to be held December 2-5, 1982, in Dallas, Texas, sponsored by Methodist Hospital. The faculty for this meeting are: Joseph Barber, Ph.D.; Richard Fisch, M.D.; Stephen Gilligan, Ph.D. Cand.; Stephen Lankton, M.S.W.; Carol Lankton, M.A.; Marion Moore, M.D.; Robert Pearson, M.D.; Sidney Rosen, M.D.; Bertha P. Rodger, M.D.; Ernest Rossi, Ph.D.; Kay Thompson, D.D.S.; Richard Van Dyck, M.D.; and Jeffrey Zeig, Ph.D. Alan Griffin, Ph.D., Edward Goodman, Ph.D. and Bill O'Hanlon, M.A., will also present workshops. The program is approved for AMA Category One continuing education credits and Hypnosis education hours for California MFCC's. *Please inform your friends and colleagues about the meeting.* Additional programs will be sent on request.

Special Event: On Saturday evening, December 4, 1982, from 5:15 to 6:15 p.m., members of the Erickson family, including Kristina K. Erickson, M.D. and Roxanna Erickson Klein, R.N., will hold a conversation hour to discuss and answer questions about Dr. Erickson's professional life.

Volunteers: In return for a waiver of registration fees, a limited number of places have been set aside for students to volunteer time as monitors. **There are still openings available.** See the seminar brochure for details about applying.

Register by Phone: (ONLY if you use MasterCard or VISA) Call in all information on the registration card, including your credit card number and expiration date to The Milton H. Erickson Foundation, (602) 956-6196.

EDITOR'S NOTES

I did a series of trainings this summer in England and got first-hand evidence that the interest in Dr. Erickson's work is indeed international. I made many personal and professional acquaintances on my trip and it struck me that one of my hopes for the newsletter is that it will provide a forum for people with interest in this approach to share ideas and energy. How precious are the friends I have made through my involvement in the Ericksonian movement. I hope the same has been happening for many of you, and that the newsletter and the Foundation have played a part in that process. I hope to see old friends and make new ones at the December Seminar in Dallas. See you there!

Business Matters: Closing date for submissions to the next issue (Winter 1982-1983) is December 1, 1982. Materials for inclusion should be sent to me at Box 164, Blair, NE 68008. All business and money matters should be handled through the Foundation's offices in Phoenix.

Advertising Matters: Starting with the next issue, the newsletter will no longer announce workshops or trainings that do not have the minimum requirements for registration eligibility of a Masters

MEDIA OF INTEREST

My Voice Will Go With You: The Teaching Tales of Milton H. Erickson (Edited by Sidney Rosen) was an alternate selection for the Behavioral Science Book Service, October 1982. The brochure describing the book contained a short review of the book by Jeff Zeig.

Patterns of Brief Family Therapy: An Ecosystemic Approach, by Steve deShazar, presents an integration of Milton Erickson's clinical procedures and Gregory Bateson's theory of change in the context of the brief systemic team oriented approach to family therapy. The book is published by the Guilford Press and costs \$17.50.

An article by Milton Erickson has been degree (or graduate students in accredited programs). So, please **send a brochure along with any announcement of upcoming trainings.** A donation of \$10.00 is requested for each announcement. Display ads are available and rates can be obtained from the Foundation's office in Phoenix. The Erickson Foundation reserves the right to refuse to print advertisement or announcements of workshops in the Newsletter.

Bill O'Hanlon

reprinted in the collection **The Essential Psychotherapies: Theory and Practice by the Masters** edited, with an introduction and commentaries by Daniel Goleman and Kathleen Riordan Speeth. Mentor Book, \$3.95.

A article which uses both Erickson's and Minuchin's approaches in family therapy, entitled "HypnoStructural Family Therapy", by Michele K. Rittnerman, was included in the anthology **Group and Family Therapy 1980**, edited by Lewis R. Wolberg and Marvin L. Aronson. Published by Brunner/Mazel.

Clinical Hypnosis in Medicine, edited by H. Wain and published by Yearbook Medical Publishers (Chicago) in 1980 has an article by J.D. Lovern on "Indirect hypnotic communication as a group therapy technique in alcoholism treatment".

The July 1982 issue of the "**Journal of Marital and Family Therapy**" has an article by John D. Lovern and Joseph Zohn on "Utilization and Indirect Suggestion in Multiple-Family Group Therapy with Alcoholics".

Psychological Approaches to the Management of Pain, edited by Joseph Berber and Cheri Adrian is to be published by Brunner/Mazel in October

(continued on page 6)

NOTES FROM THE FOUNDATION

Erickson Foundation Scholarship:

Anthony Gaito of Associate Trainers in Clinical Hypnosis has donated \$1000 for a scholarship that will be awarded by the Board of Directors of the Foundation to graduate student(s) in applied psychology, medicine, dentistry, counseling or social work. The award may be given in its entirety or subdivided and given to a number of students. Please contact the Erickson Foundation for application materials. The deadline for receiving applications is October 1, 1982. The announcement of the award will be made on November 1, 1982. We welcome additional financial contributions to The Milton H. Erickson Scholarship Fund.

Stephen Gilligan, Visiting Scholar

Stephen Gilligan, Ph.D. cand., will be a scholar in residence at the Erickson Foundation, January - March, 1983. Stephen will conduct training programs for local therapists at the Foundation. He also will accept referrals for supervision and individual consultation. For further information, contact the Erickson Foundation.

Thank You, David!

The Erickson Foundation staff members want to express a very special thank you to David Wenner, who joined the Foundation for the summer to work on the Archives. David is a masters level social worker who is now in the process of getting his law degree from ASU. Although David spent much of his time working on the Archives, he also assisted us with a number of administrative matters. We all thoroughly enjoyed David's diverse interests, talents, quick wit and personal warmth.

Newsletter Subscriptions

The Erickson Foundation provides complementary copies of our newsletter to professionals on our mailing list. Please help us to keep our mailing list accurate. If you have moved recently or if you no longer wish to receive the newsletter, please notify us.

Sending out the newsletter and keeping our mailing list in order is expensive and time-consuming. We are currently evaluating the possibility of charging a nominal fee for subscription to the newsletter and/or decreasing the frequency of our newsletter to three times a year rather than publishing it quarterly. We welcome your suggestions.

The Erickson Foundation now requires \$5.00 per year for foreign subscriptions to the newsletter.

Donations

Donations totalling \$1,341.97 were received since our Summer issue of the Newsletter. We wish to thank the following people for their support and contributions:

Nancy S. Woolen, M.A.; Philip and Norma Barretta; Donald V. Marek, M.S.W.; Jere Fisher, M.S.; John Lentz; Gail Ford; Katherina Denning; Darrell H. Countryman; Richard Lovins, Ph.D.; D.W. Morgan, M.A.; Brent B. Geary, M.S.; Peter Lehman, M.S.W.; Daniel J. Alevy, Ph.D.; Roger D. Brown, M.A.; Robert D. Phillips, Ph.D.; Phillip R. Trautmann, M.D.; John S. Wilson; L. Ruth Nelson, M.A.; Dean J. Watt, Th.M.; Mary G. Pariser, M.S.W.; Sandra Goldhaber, M.S.W.; William Morley, M.Ed.; Antonio M. Betancourt; Dorothy Duback, A.C.S.W.; Marc Lehrer; Kay Thompson, D.D.S.; Joyce Mills, Ph.D.; Associate Trainers in Clinical Hypnosis; Milton H. Erickson Institute of New Mexico; and Philip Booth, M.A..

We especially want to thank Elizabeth M. Erickson, who donated the funds to have a sign made for, and mounted on our new building. The sign is quite attractive; it consists of black lettering and a large purple replica of our expanding heads logo.

We would like to thank Dr. Paul Brewer of Phoenix, Arizona for donating a Sanyo transcribing machine to the Foundation.

Sherron S. Peters

ONGOING TRAINING SERIES

Steve Gilligan and Paul Carter will be offering a 4 weekend training series in Ericksonian Hypnosis and Psychotherapy on Oct. 29-31, Nov. 19-21, Dec. 10-12, 1982 and Jan 14-16, 1983. The location will be San Diego, CA. For information contact M.E.T.A. Institute, P.O. Box 2591, LaJolla, CA 92037; (714) 454-5638.

The Problem Solving Center will be offering 3 ongoing training/consultation series this fall. The first, entitled "Fundamentals of Clinical Hypnosis" will be held on Sept. 24, Oct. 1, 15, 22, 1982. Another is "Advanced Techniques of Clinical Hypnosis" Oct. 29, Nov. 5, 12, 19, 1982. There will be two separate series of "Strategic Therapy

Consultation Seminars". The first will be on Sept. 24, Oct. 1, 15, 22 and the second will be Oct. 29, Nov. 5, 12, 19, 1982. Contact PSC at 133 Coolidge St., Brookline, MA 02146.

40 hour Ericksonian Hypnosis Education. B.B.S.E. approved for MFC's & RN's. Wednesdays or weekends, Sept./Oct./Nov. in Encino, CA. Contact Ron Soderquist, 141 Duesenberg Dr., Suite 9, Weslake Village, CA, 91362, (805) 495-4226.

The Hypnosis Training Institute of Colorado will be conducting a comprehensive training and certification in **Hypnosis and Therapeutic Methods**. This training will explore the hypnotherapeutic patterns of Milton H. Erickson, M.D., modelled through the

ERICKSON ANECDOTE

by Michele Ritterman, Ph.D.

Following are three vignettes about pregnancy issues where Milton showed his eternal focus on the future. "You live in the present", he said, "For the Joy of the future."

★ ★ ★ ★

Before we had either of our children, we had a miscarriage in the first month. I was grief stricken and afraid I would be unable to have children. On a visit to study with Milton, I told him what had happened. He heard me out, and took his time to answer with firm tenderness. "Your miscarriage tells you only one thing that matters. You're capable of getting pregnant...In my experience, rehearsals are pleasant."

★ ★ ★ ★

Finally, we had our first child by Caesarean. And, there were no happier parents on earth. Milton and Betty were adopted as Miranda's honorary grandparents. Milton wrote back in my language (because I write poetry):

Not from under the verandah

Came Miranda

But from the belly

Of Shelly

Jeff is the Pater

Are there to be more later?

Typical grandparent!

★ ★ ★ ★

We had hoped to invite him to be the honorary godparent of our second child, just before Milton died. During that time, Milton and I continued a correspondence of several years. In my letters of a six-month pregnant woman, I referred to my child-to-be as "it", describing "it's" graceful total body measurements. "it's" quiet presence. Milton wrote back:

Dear Shelly, Jeff and "It",

How outrageous to call a senator an "it. Everybody knows a senator represents a state of the union and may be male or female. But, to refer to a senator disrespectfully as "it" is unforgiveable.

At first opportunity, I will offer the Senator apologies for Shelly and Jeff.

Dolefully,

Hon. Grandfather

Donettes Miranda

because she is innocent.

★ ★ ★ ★

His "elevation" of our marital status at a time of stress was well received. Our unborn one was referred to as "The Senator" from that day to his birthday.

framework of Neuro-Linguistic Programming. 54 credit hours available for Social Workers. Credit pending for teachers, nurses. October 9-11, November 5-7, December 11-13. For information, contact Hypnosis Training Institute of Colorado, 999 Alpine Street, Boulder, Colorado 80302, (303) 449-0778. Attn: Richard S. Shane, M.A., Director of Training.

BOOK REVIEW

The publication of **My Voice Will Go With-You** is a chronicle of the use of metaphor and analogy by Milton Erickson, M.D., this century's greatest hypnotherapist and founder of strategic therapy. Dr. Rosen, in this well organized and wonderfully presented collection of the teaching stories of Dr. Erickson, has done an excellent job of conveying to the reader a sense of intimacy for the character of Erickson as well as for his use of metaphor and analogy and technics of change and growth. Many of the stories contained in this work have never previously appeared in the literature.

Especially valuable are Dr. Rosen's commentaries which provide contexts for understanding the stories in light of Erickson's selfhood, history and therapeutic approach. Dr. Rosen's explanations are particularly refreshing since they do not seem to be wed to a rigid model or paradigm of therapy. Erickson himself was virtually atheoretical. In the last several years there has been too much emphasis placed by many students of Erickson on reducing his work to models which seem to exclude important parameters. Dr. Rosen's commentaries are not limited to a purely intrapsychic nor interpersonal model and thusly come closer to helping the reader achieve a very broad understanding of Erickson's own conceptual versatility. Just as importantly, Dr. Rosen has left room for the reader's own interpretation of the stories by his own permissive style and by his avoidance of analyzing the stories so minutely that the gestalt is lost.

The presentation of a book such as this must offer any author an inherent handicap. If it is true that words account for only a very small part of communication, then much must be lost in simply recording the words of a master of both verbal and extra-verbal communication. Although Dr. Rosen guides the reader to supply these missing elements, those who never met Erickson may never fully glean his subtle nuances of tempo, tone, posture, expression and emphasis as well as his masterful manipulations of context. Still, these stories illustrate well Erickson's superb ability to describe the complexity of apparently simple situations and to relate complex experiences and concepts in everyday terms which have a virtually universal appeal.

For those who studied with Erickson, Dr. Rosen's work is a painstaking, wonderfully readable gift to savor for years and years. Perhaps most fundamentally it is a tribute and gift of love from a man to his departed teacher and friend. Those who knew Dr. Erickson as a teacher, therapist or friend know well that it was virtually impossible to avoid defining a powerful relationship with him for very long.

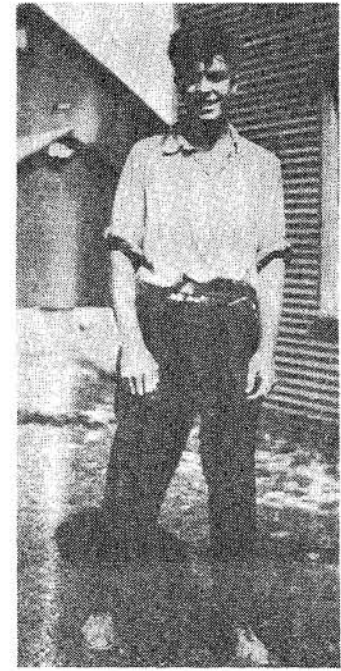
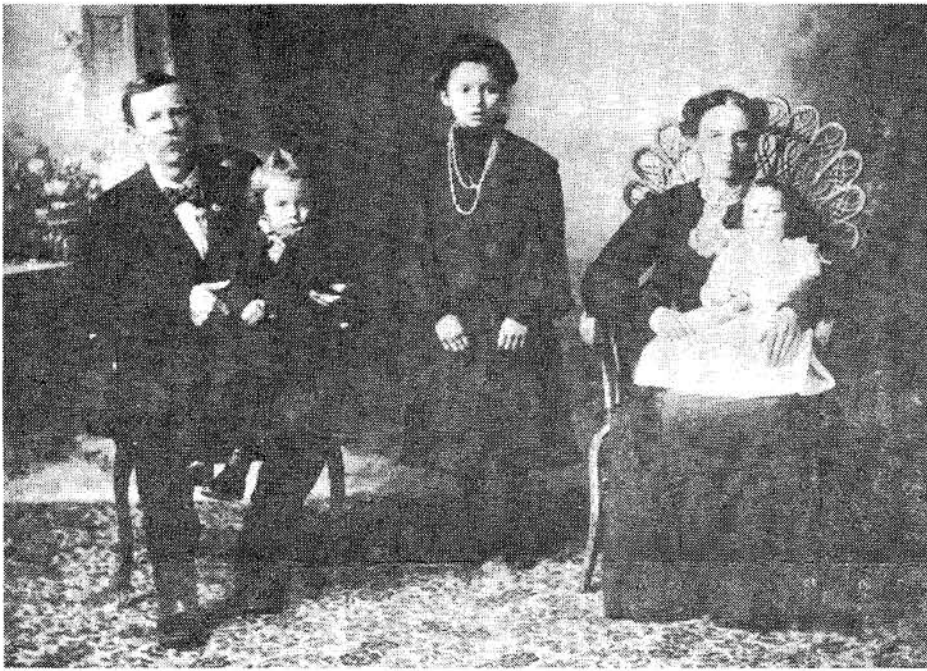
I am concerned that this book may provide a disservice for those readers who by virtue of reading this book will be introduced first to the myth of Milton Erickson and not to the man. With this book Dr. Erickson becomes even more of a legendary character whom we can only know about, but never experience directly. One whom we can now only see through the eyes of others (many of whom saw him only through the eyes of others, etc.). I fear that the embryotic therapist may tend to deify this set of memories and in them seek the proverbial false buddha. It is too easy for us all to substitute a set of instructions or content with the awesome task each therapist has in differentiating a self and learning to rely on his own unconscious and experiential learnings.

Erickson's unshakable faith in the unconscious demanded that his students differentiate from him. (Several times in my tutelage, Dr. Erickson subtly encouraged me not to return for what I think was a similar intent.) The difficulty the next therapist generation will face is the enormous task of differentiating from a myth. It is difficult enough for those of us who studied with Erickson to differentiate from the man. I hope the technics of storytelling will not be as dusty 100 years from now as the couch has become in the last 100 years. I am personally appreciative to Dr. Rosen for opening this dialectic.

In summary, Dr. Rosen's work is a most appreciated addition to the expanding discussion about the greatest clinician our field has seen. I caution the neophyte, however, to think of it more as a biographical sketch or as literature than as a textbook of psychotherapy. Let us all escape the trap of turning a personality into a paradigm.

*David Calof
Seattle, WA*





MILTON H. ERICKSON

(December 5, 1901 — March 25, 1980)

(*Top Left, 1906*) Erickson, age 4, is seated on the lap of his father, Albert. Erickson's sister, Winifred, is seated on the lap of his mother, Clara. Florence, Erickson's oldest sister, is standing in the middle.

(*Top Right, 1919*) This photograph was taken at the Erickson farm in Lowell, Wisconsin. It is reportedly a pose of the first time that Erickson stood with no crutches after recovering from poliomyelitis.

(*Right, 1976*) Here are the Ericksons (Elizabeth and Milton) in the backyard of their home at 1201 E. Hayward.

(*Below, approx. 1976*) Erickson with Gregory Bateson. Bateson was lecturing at Arizona State University. This was their last meeting.



NEWS OF INTEREST

ERICKSON WORKSHOP

Herbert S. Lustig, M.D., on behalf of the London Workshop for Ericksonian Psychotherapists, conducted its first Benefit Workshop in aid of the Milton H. Erickson Foundation on August 15th, 1982 at the Middlesex Hospital Medical School, London. The workshop, "Ericksonian Hypnotic Techniques in Individual and Family Psychotherapy", was presented in association with Strategic Therapy Training Associates, Witney, Oxfordshire, a new networking project for strategic/systemic/interactional/Ericksonian therapists in Britain and Europe.

Jeffrey K. Zeig, Ph.D. conducted a seminar on Ericksonian Approaches to Hypnosis and Psychotherapy, September 10-14, 1982, in Buenos Aires, Argentina. The seminar was sponsored by Dr. Roberto Kertez (IPPEM Instituto

SPECIAL ANNOUNCEMENT

The M. Erik Wright Memorial Workshop on Clinical Hypnosis and Hypnosis Utilization will be held on September 24, 25, 26, 1982 in Lawrence, Kansas. Faculty includes Kay Thompson, Neil DiCapua, Melba Finkelstein, Susan Gustke, Karen Olness, Robert Pearson, John Shaner, and Eric Steese. Beatrice Wright will be hostess and honorary faculty. Contact Dr. C.R. Snyder, Administrator, M. Erik Wright Memorial Workshop, 305 Fraser Hall, Graduate Training Program in Clinical Psychology, The University of Kansas, Lawrence, KS 66045. Proceeds will go to the M. Erik Wright Distinguished Professorship Fund.

Privado de Psicologia Medica) and Professor Issac Gubel (Sociedad Argentina de Sofrologia y Medicina Psicomatica).

Frank and Dixie Morris will be speaking at the upcoming Midwest TA Convention (October, 1982 in Merrillville, Indiana) on "Beyond the Control of Milton H. Erickson, M.D."

CONTACT/EXCHANGE

Scott Barton, of San Jose, CA would like to contact individuals who are interested in doing research on Ericksonian Psychotherapy and/or related ideas. He would like to use this research for dissertation material leading to a Ph.D. He has many good ideas along these lines. Are there others out there interested in sharing ideas or collaborating on projects? If so, please contact him at: 1611 Bird Ave., San Jose, CA 95125.

PROFESSIONALLY PRODUCED VIDEO CASSETTES FROM THE 1981 SEMINAR ON ERICKSONIAN APPROACHES TO HYPNOSIS AND PSYCHOTHERAPY

ORDER FORM

AVAILABLE 1-HOUR DEMONSTRATIONS:

- *Joseph Barber, Ph.D.*
NATURALISTIC APPROACH TO HYPNOSIS UTILIZING HYPNOSIS IN PAIN TREATMENT AND PSYCHOTHERAPY
- *Franz Baumann, M.D.*
INDUCTIONS WITH CHILDREN AND ADOLESCENTS
- *Paul Carter*
THE PARTS MODEL: DEMONSTRATION OF WORK WITH PHOBIAS AND ANCHORS
- *Stephen R. Lankton, M.S.W.*
THE VARIETIES OF ERICKSONIAN HYPNOTIC SUGGESTION
- *Robert E. Pearson, M.D.*
ERICKSONIAN INDUCTION STRATEGIES
- *Kay F. Thompson, D.D.S.*
CONVERSATIONAL INTRODUCTION TO TRANCE

AVAILABLE FORMATS:

_____ Beta 1/2 inch _____ VHS 1/2 inch _____ U-Matic 3/4 inch

PRICES: QUANTITIES	1	2	3	4	5	6
1/2" Beta or VHS	\$65	120	180	240	300	324
3/4" U-Matic	\$75	140	210	280	350	378

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My Address _____

City _____ State _____ Zip _____

Ordering instructions: After circling tapes desired, checking the format required for playback on your equipment, and completing the order form, please mail to The Milton H. Erickson Foundation, Inc., 3606 North 24th Street, Phoenix, Arizona 85016.

You may expect delivery within three weeks. Video cassettes in both PAL and SECAM systems are available upon request at extra charge. Payment must be in U.S. dollars. Add 6 1/2% sales tax for California residents.

WINTER 1983 TRAINING PROGRAMS AT THE ERICKSON FOUNDATION

Ongoing Training for Mental Health Professionals

This is a ten-session program limited to 10 participants. The training will center on supervision and role-playing and will include instruction, demonstration, and practice. The sessions will be held Wednesday afternoons, from 2:00 to 5:00 p.m., from January 19 - March 23, 1983. Trainers: Jeffrey K. Zeig, Ph.D. and Stephen Gilligan, Ph.D. Cand. Contact the Erickson Foundation for further information. If there is sufficient interest, separate beginning and advanced sections will be held.

Discussion of Videotapes of Milton H. Erickson

This is a six-week seminar limited to 12 participants that will meet Wednesday evenings, from 7:30 to 9:30 p.m., January 19 - February 23, 1983, at the Erickson Foundation. Jeffrey K. Zeig, Ph.D. and/or Stephen Gilligan, Ph.D. Cand., will lead discussions of videotapes of Milton H. Erickson conducting his teaching seminars. The total fee for the six-week training is \$100.00. For further information, contact the Erickson Foundation.

Workshop with Stephen Gilligan

Stephen Gilligan, Ph.D. Cand. will conduct a three-day benefit workshop for the Erickson Foundation on Ericksonian Hypnosis and Hypnotherapy in Phoenix, Arizona, January 21-23, 1983. Registration fees are \$185; \$130 for students in accredited programs. For information contact the Erickson Foundation.

BOOK REVIEW

Dear Bill,

Regrettably I must decline your invitation to review **Ericksonian Approaches to Hypnosis and Psychotherapy** for the Newsletter. There is no way I can do justice to Jeff Zeig's superbly edited proceedings of the first (1980) International Congress in 500 words — a Congress whose program was aptly described as "an embarrassment of riches". After all, Bill, the international faculty — the most distinguished ever assembled to speak on hypnosis — comprised sixty-three friends, colleagues, and students of Dr. Erickson, each an authority on Ericksonian hypnosis and psychotherapy, from the fields of psychiatry, medicine, dentistry, psychology, family therapy, anthropology, and forensics, all paying tribute to the man who was Milton H. Erickson, and to his life work. And we're talking about forty-three seminal Congress papers constituting a statement of the present state of the art in Ericksonian work — why, the superlatives alone would take 500 words (the length of the table of contents!), and nobody wants to read a review that reads like an advertisement.

Besides, I'm biased. Although I enjoyed and was stimulated by all the papers, were I to review this feast I probably would give scant attention to the otherwise excellent courses on forensic or transcultural issues, or on Ericksonian techniques in general medical practice or those suited to more psychodynamically oriented tastes. Likewise, I probably **would** refer to Carl Whitaker's keynote address because it is quintessential, quotable Whitaker, even though it (admittedly, I admit) has little to do with Ericksonian work; and I'd have to commend the discussion of the source of Erickson's creativity by Whitaker, Jay Haley, and Ernie Rossi, not for its conclusions but for its (and their) warmth, humor, humanity, and creative exuberance.

As Jay Haley pointed out in his keynote address (incidentally, his liveliest, most personal, and most sagacious retrospective yet on Erickson's contribution to therapy), Erickson conversed with professionals of diverse and incompatible theoretical orientations in their own language, thus often leaving those he taught with the illusion that Erickson operated within many of their own broad premises. And moreover, Erickson consistently avoided building yet another "Procrustean bed of a hypothetical theory of human behavior" that clients might be tailored to fit; and, respecting the uniqueness of individuals — professionals as well as clients — Erickson actively encouraged his students to develop the work he started in their own ways and not in his, "not to replicate his light but to develop their own", as Kay Thompson stresses in her entrancing chapter — to be able to use Ericksonian techniques (to paraphrase Richard Van Dyck's penetrating analysis of the context of psychotherapy) without being Milton H. Erickson. His success in cultivating his students according to their own unique needs and potentials is borne out by this book, whose greatest tribute to Erickson is perhaps that these themes are not only echoed but exemplified throughout. But these features which make this volume at once a monument to Erickson the man, the therapist, and the teacher of therapy (and indeed the inseparability of these three and the awesome **integrity** of the man is this collection's most unifying theme), are the very features that conspire to present the potential reviewer with considerable challenges.

There is unity in all this diversity, but I would tend to resonate with those authors who think on my frequencies. For example, Paul Watzlawick's and Richard Fisch's papers on Erickson's impact on the interactional view and brief psychotherapy respectively, could together constitute a manifesto for the interactional approach. Steve Gilligan's elegant distillation of Ericksonian principles of induction, Steve Lankton's terse analysis of communication operations common to hypnotic and non-hypnotic therapies, and Herb Lustig's rich elucidation of Erickson's therapeutic patterns (fittingly disguised as a brief casual chat), are among the many gems I wouldn't be without. Jeff Zeig's unassuming paper on habit control is a tightly-written presentation of the principles of Ericksonian psychotherapy, and along with the equally lucid and trenchant presentations on pain control by Bertha P. Rodger, Joseph Barber, and Paul Sacerdote, offers a panoramic view of the diversity of ways of imaginatively **utilizing** trance and Ericksonian hypnotic patterns therapeutically. John O. Beahrs' wide-ranging paper viewing Erickson's approach binocularly from the twin perspectives of Erickson's fundamental values and of autohypnosis and multilevel consciousness, and M. Erik Wright's chapter on Erickson's sex therapy and Sidney Rosen's on his 'philosophy', together demonstrate clearly the relationship between Erickson's values and his "healing ministry".

John Weakland's subtle delineation of parallels between Erickson's work and the development of the double-bind theory was a welcome relief after the way many of the authors play fast and loose with that concept, and the intensely personal and thoroughly delightful pieces by Alan Leveton on reverie, and Peter Nemetschek and Robert Pearson on their association with Erickson, would deserve special mention. But so would so many other papers, and this letter alone, Bill, is well over 500 words, and I've not even **mentioned** the case studies or the chapters on Ericksonian language, pediatrics, or family therapy. Besides, I think you might reconsider the **need** for such a review in the Newsletter, all of whose readers will either have read the book by now or will naturally want to get hold of their own copy sooner or later.

Best regards,

James Wilk, M.A., M.Sc.,

Co-ordinator, The London Workshop for Ericksonian Psychotherapists

CALL FOR PAPERS:

The International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy

The Second International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy is tentatively scheduled for November 29 through December 4, 1983, in Phoenix, Arizona. The program will consist of invited events - workshops, addresses, panels, demonstrations and conversation hours. Jay Haley will present a keynote address.

In addition to invited events, space will be made in the program for presented papers. Interested practitioners should send abstracts of up to 200 words in duplicate to the Erickson Foundation by November 1, 1982. Decisions on presentations will be made by December 1, 1982. Papers presented at the Congress will be considered for inclusion in the printed proceedings.

Volunteers Requested

The Erickson Foundation would appreciate help in publicizing the International Congress. We would like to establish a series of local coordinators who would help to establish effective publicity efforts in their area. If you have the time and the disposition to volunteer your services, please contact Sherron Peters at the Sherron Peters at the Erickson Foundation.

MEDIA OF INTEREST

(continued from page 1)

1982 (tentative price is \$20.00). The book includes several chapters on hypnotic techniques in treatment.

A book review of **Phoenix** (by David Gordon and Maribeth Myers-Anderson) written by Bill O'Hanlon appeared in Vol. 1, #3 of "The VAK", the NLP Newsletter.

Eric Marcus' new book, announced in a previous issue, on "**The Logic of Illogic: Right Brain Approaches to Communication - Part I**" is available for \$6.50 from the author at 1165 West Olympic Boulevard, Los Angeles, CA 90064.

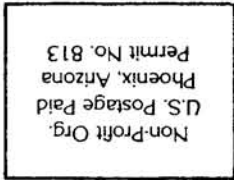
UPCOMING SEMINARS/WORKSHOPS

(NOTE: The Erickson Foundation lists Seminars as a service to newsletter subscribers. We cannot attest to the quality of training provided in these workshops.)

DATE	TITLE/LOCATION/LEADER	CONTACT
9/23/82	Ericksonian Hypnotherapy (Basic), Eugene, OR, J. Zeig	1
9/24-25	Ericksonian Hypnotherapy (Advanced), Eugene, OR, J. Zeig	1
9/24-26	Ericksonian Hypnosis and Psychotherapy, Niagara Falls, NY, S. Gilligan	2
9/25-26	Therapeutic Metaphor (first day); Ericksonian Hypnosis, (second day), Anchorage, AK, B. O'Hanlon	21
9/25-29	The Answer Within: Ericksonian Approaches, Boston, MA, Lanktons	3
10/1-4	Ericksonian Hypnosis, Westbury, NY, ATCH	4
10/1-4	Ericksonian Hypnosis, Kansas City, MO, ATCH	4
10/1-4	Ericksonian Hypnosis, Peoria, IL, ATCH	4
10/2-3	Hypnosis & Sex Therapy, New York, NY, D. Araoz	5
10/2-3	Introductory Hypnosis, New York, NY, MHEIHNY	5
10/2-3	Metaphor & Indirect Suggestion, Seattle, WA, Lanktons	6
10/6-10	Family Therapy-Science or Art, DAF Conference, Marburg, West Germany, American Speakers: B. O'Hanlon, D. Ross, M. Lehrer, P. Papp, P. Penn & J. Patton	22
10/6-11	Advanced Ericksonian Hypnosis (Residential), Southaven, MI, P. Carter & S. Gilligan	7
10/8-10	Ericksonian Hypnotherapy, Tulsa, OK, J. Zeig	23
10/8-11	Ericksonian Hypnosis, Arlington, VA, ATCH	4
10/8-11	Ericksonian Hypnosis, Columbia, SC, ATCH	4
10/8-11	Ericksonian Hypnosis, Savannah, GA, ATCH	4
10/15-17	Context & Metaphors, Indianapolis, IN, Lanktons	16
10/15-18	Ericksonian Hypnosis, Madison, WI, ATCH	4
10/15-16	Introduction to Hypnosis, Albuquerque, NM, B. Grodner, N. Katz & R. Weisz	24
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10/22-24	Ericksonian Hypnosis & Psychotherapy, New York, NY, S. Gilligan	8
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10/25-29	Ericksonian Intensive, Melbourne, Australia, Lanktons	15
10/28-29	Ericksonian Hypnotherapy, Introductory, St. Louis, MO, J. Zeig	25
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10/30-31	Ericksonian Approaches to Child & Family Therapy, Omaha, NE, J. Wilk, B. O'Hanlon	21
11/5-6	Hypnosis in Clinical Medical Practice, Albuquerque, NM, Grodner, Katz, Weisz, Buie & Brown	26
11/5-8	Ericksonian Hypnosis, Dallas, TX, ATCH	4
11/5-8	Ericksonian Hypnosis, Tampa, FL, ATCH	4
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11/13-14	Introductory Hypnosis, Philadelphia, PA, MHEIHNY	5
11/13-17	Treatment Marathon, Perth, W. Australia, Lanktons	18
11/15-18	Advanced Intensive Tutorial in Clinical Hypnosis, Albuquerque, NM, Grodner, Katz, Weisz	24
11/19-22	Ericksonian Hypnosis, New Orleans, LA, ATCH	4
11/19-22	Ericksonian Hypnosis, Omaha, NE, ATCH	4
11/20-24	Advanced Ericksonian Approaches, Auckland, New Zealand, Lanktons	19
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12/2-5	Personal Hypnotherapy, Santa Cruz, CA, Lehrer/Ross	14
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12/3-6	Ericksonian Hypnosis, Little Rock, AR, ATCH	4

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- Associate Trainers in Clinical Hypnosis, 26 Cedar St., Syosset, NY 11791, (516) 364-0160
- Milton H. Erickson Institute of Hypnosis of New York, 230 Hilton Ave., Hempstead, NY 11501, (516) 485-9210
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- Family Learning Center, 1513 Miami St., South Bend, IN 46613, (219) 232-1405
- New York Society for Ericksonian Psychotherapy & Hypnosis, 434 E. 52nd St., 6G, New York, NY 10022, (212) 223-0860
- Steve Gilligan, 202 Winchester St., Newton Highlands, MA 02161, (617) 965-7399
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- Walter Mickulick, Joseph W. Johnson Mental Health Center, Moccasin Bend Rd., P.O. Box 4755, Chattanooga, TN 37405
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- Medical Hypnosis Seminars, 4546 Glenwood Dr., Santa Cruz, CA 95066, (408) 353-1928
- Curt Fisher, 0116134894684
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- Graham Andrewartha, 0116183320522
- WASI-Western Institute, 01161193214244
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