THE MILTON H. ERICKSON FOUNDATION
the Couples Institute present

The Couples Conference

April 19th - April 21st
Manhattan Beach, California

Syllabus
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The Milton H. Erickson Foundation, Inc. is a federal nonprofit corporation formed to promote and advance the contributions to the health sciences by the late Milton H. Erickson, MD. In addition to organizing congresses, workshops, and the previous Couples Conferences, the Foundation also has organized six landmark Evolution of Psychotherapy Conferences in 1985, 1990, 1995, 2000, 2005, and 2009, attracting more than 7,000 professionals worldwide at each conference. The next Evolution Conference is scheduled for 2013 in Anaheim, California. The Milton H. Erickson Foundation Board of Directors are: Jeffrey K. Zeig, PhD, Roxanna Erickson-Klein, RN, MS, PhD, Camillo Loriedo MD, J. Charles Theisen, MA, MBA, JD, Bernard Trenkle, Dipl Psych. The Milton H. Erickson Foundation does not discriminate on the basis or race, color, religion, age, national or ethnic origin, physical challenge, gender or sexual orientation.

The Couples Institute
COMMUNICATE. TRUST. CONNECT.
www.couplesinstitute.com
445 Burgess Drive, Suite 150, Menlo Park, CA 94025
Telephone: (650) 327-5915 or toll free (877) 327-5915
Fax: (650) 327-0738

For more than 20 years, Dr. Ellyn Bader and Dr. Peter Pearson have been helping couples resolve issues and create strong, loving relationships. Known worldwide through their pioneering work in couples therapy, they are the founders of The Couples Institute in Menlo Park, California. They are frequently invited to speak at major conferences and to conduct training in the psychological treatment of couples throughout the world. Their book on couples therapy for professionals is used in graduate schools across the country. In addition to their professional collaboration, they are married to each other, bringing even greater insight into the work they do. They will educate, enlighten and entertain you with the challenges they have faced as a couple, and how they overcame them to build a strong marriage. Ellyn and Peter have been featured on over 50 radio shows and on television including “The Today Show” and “CBS Early Morning News.” The Bader-Pearson approach is known for its practical applications that help partners create enduring love.

Financial Disposition
Profits from the meeting will be used by The Milton H. Erickson Foundation to support educational and scientific efforts.
ELLYN BADER, PHD, is in private practice and is Co-Director of The Couples Institute in Menlo Park, California. Over the past 27 years she has conducted professional training programs in couples therapy and has trained therapists throughout the United States as well as Europe, Asia, South America, and Australia. She is a past-president of the International Transactional Analysis Association and a recipient of the Clark Vincent Award for an outstanding literary contribution to the field of marital therapy from the California Association of Marriage and Family Therapists. Dr. Bader is frequently invited to speak at national and international conferences.

She and her husband, Peter Pearson, PhD, co-authored the books, *In Quest of the Mythical Mate: A Developmental Approach to Diagnosis and Treatment in Couples Therapy* (Brunner/Mazel) and *Tell Me No Lies: How to Face the Truth and Build an Honest Marriage* (St. Martin’s Press). He and Ellyn created The Developmental Model of Couples Therapy—long before couples therapy was recognized as a specialty. As a therapist, workshop leader, author, and speaker, he is dedicated to helping couples create extraordinary relationships. Drs. Bader and Pearson have been featured on over 50 radio and television programs including *The Today Show* and *CBS Early Morning News.*

LONNIE BARBACH, PHD, is a clinical-social psychologist, formerly on the clinical faculty at UCSF Medical School, and has a private practice in San Francisco and Mill Valley. She has received numerous awards for her work and has written audio tapes, video tapes and over a dozen books on relationships, sexuality and menopause. From *For Yourself: The Fulfillment of Female Sexuality* to *The Pause: Positive Approaches to Perimenopause and Menopause,* Dr. Barbach has guided countless women through the stages of sexual discovery. Her work as a couple’s therapist for more than three decades and the publication of *Going the Distance: Finding and Keeping Lifelong Love* crafted with David Geisinger, Ph.D., her partner of 25 years, has defined Dr. Barbach as an acknowledged expert on intimate relationships.

As one of the first co-directors of clinical training at the University of California San Francisco, Human Sexuality Program, Dr. Barbach created the women's preorgasmic group treatment program. Considered a pioneer in her field, her dozen books, translated into an equal number of languages, have sold over 4 million copies in the U.S. alone. She is a life member of the American Psychological Association, a member of the American Association of Sex Educators, Counselors and Therapists and an elected member of the International Society for the Study of Women's Sexual Health. Dr. Barbach's contracted advice columns have appeared in *Playgirl Magazine, New Woman Magazine, eternelle Magazine* and *McCall's.* Articles and excerpts from her books have been published in magazines ranging from *Family Circle* and *Redbook* to *Cosmopolitan* and *Men's Health.*

CouplesConference.com
STEVEN FRANKEL, PhD, JD, is a clinical psychologist and an attorney at law, and is a diplomate in both Clinical and Forensic Psychology from the American Board of Professional Psychology. He earned his PhD at Indiana University, and interned at the Psychiatric Institute of Columbia University. He then joined the full-time faculty of the University of Southern California, where he served for 11 years, including five years as the Chair of Clinical Psychology (Director of Clinical Training). After leaving full-time university service, Frankel entered clinical practice with both in- and outpatient responsibilities. He began the practice of law upon graduation from Loyola Law School in Los Angeles where he taught as an Adjunct Professor of Law. Frankel always has been committed to teaching, and has published more than 50 articles and book chapters. He received the USC Award for Teaching Excellence early in his academic career. He was similarly honored by his state professional society some years later. His full-day continuing education curriculum in law and ethics for mental health professionals (over 50 workshops per year) has earned him his latest Outstanding Teacher Award.

STEPHANIE BROWN, PhD, is an internationally recognized expert on the treatment of alcoholics, adult children of alcoholics and all addicts and their families, based on her research defining a developmental process of active addiction and recovery. Dr. Brown is the widely-published author of ten academic and popular books on addiction and recovery, including her acclaimed first book, *Treating the Alcoholic: A Developmental Model of Recovery*. She is a licensed psychologist with 40 years of clinical experience, a researcher, a consultant and a frequent lecturer in the field of addiction. Dr. Brown is the founder and director of The Addictions Institute, an outpatient counseling and therapy program in Menlo Park, California. She was the founder and director of the Stanford Alcohol Clinic at Stanford University Medical Center, and a Research Associate at the Mental Research Institute where she co-directed The Family Recovery Project. A consultant to clinicians, treatment centers and researchers, she lectures frequently to professional and lay audiences. Her book on the culture’s addiction to speed, *A Fast Pace of Life*, will be published by Penguin in 2013.


He has published more than 100 articles.
MARTY KLEIN, PHD, has been a MFT and Certified Sex Therapist for 32 years. A former adjunct instructor at Stanford Medical School, he is the award-winning author of seven books, including *Your Sexual Secrets: When to Keep Them, When & How to Tell, Ask Me Anything: Dr. Klein Answers the Sex Questions You’d Love To Ask, Beyond Orgasm: Dare to be Honest About the Sex You Really Want, Let Me Count the Ways: Great Sex Beyond Intercourse, America’s War On Sex: The Attack on Law, Lust, & Liberty, Sexual Intelligence: What We Really Want From Sex, And How to Get It.* Dr. Klein (and his blog “Sexual Intelligence”) is regularly featured in the popular media, including *The New York Times, Psychology Today, NPR,* and *Nightline.* He has trained professionals in 25 countries, including China and India. Dr. Klein fights for the sexual rights of all Americans through his legal and courtroom work. He has been an expert witness, consultant, or invited plaintiff in many state and federal censorship, internet, and obscenity cases. He has been elected a national board member of the Society for the Scientific Study of Sexuality. Marty has also been honored by the California Association of Marriage & Family Therapists. His book *America’s War On Sex* was honored as Book of the Year by the American Association of Sex Educators, Counselors, & Therapists.

HARRIET LERNER, PH.D., is one of our nation's most respected voices on the psychology of women and the process of change in marriage and families. For over three decades, she was a staff psychologist at The Menninger Clinic in Topeka Kansas and a faculty member and supervisor in the Karl Menninger School of Psychiatry. Currently in private practice in Lawrence Kansas, she is the author of numerous scholarly articles and eleven books, including *The New York Times* bestseller, *The Dance of Anger, Women in Therapy, The Dance of Connection,* and *The Dance of Fear.* Lerner has been a guest on Oprah, CNN, NPR and numerous other media. She is also, with her sister, an award winning children’s book author, and she hosts a blog for *Psychology Today* and *The Huffington Post.* Lerner’s new book is *Marriage Rules: A Manual for the Married and The Coupled Up.*

BILL O’HANLON, MS, started out his learning experience in a special work-for-study program: he was Milton Erickson’s gardener. He has gone on to write more than 30 books, including several on couples therapy, including *Love is a Verb, Rewriting Love Stories and Brief Couples Therapy Homework Planner.* He has also appeared on *The Today Show, Canada AM,* and even *Body By Jake.* His work has been featured in *O* Oprah’s magazine, *Ladies Home Journal,* New Woman, *Newsweek,* *Bottom Line,* Self, *Women's Health* and *The Psychotherapy Networker.*

Some of his professional qualifications include: Diplomate, Board Member, Fellow and Master Therapist in the American Psychotherapy Association; a Lifetime Fellow of the Association for NLP; certified by the National Board of Certified Clinical Hypnotherapists; and Clinical Member of the American Association for Marriage and Family Therapy. He was awarded the "Outstanding Mental Health Educator of the Year" in 2001 by the New England Educational Institute. Bill has given more than 3,000 talks all over the world since 1978.
STEPHEN W. PORGES, PHD, is Principal Researcher in Behavioral Neuroscience at Research Triangle Institute (RTI) International in North Carolina. He is former President of the Federation of Behavioral, Psychological, and Cognitive Sciences and former President of the society for Psychophysiological Research. He is the originator of the Polyvagal Theory, which has stimulated research and treatments in several psychiatric disorders and provides a theoretical perspective to study and to treat stress and trauma. The Polyvagal Theory provides a new conceptualization of the autonomic nervous system that emphasizes how an understanding of neurophysiological mechanisms and phylogenetic shifts in the neural regulation of the heart leads to insights into causes and treatments of mental and physical illness. The Polyvagal Theory provides a plausible explanation of several features that are compromised during stress and observed in several psychiatric disorders. Professor Porges has published approximately 200 peer-reviewed articles and has authored *The Polyvagal Theory: Neurophysiological Foundations of Emotions, Attachment, Communication, and Self-Regulation* published by Norton in 2011.

TERRY REAL, LICSW is the world recognized Family Therapist and author of *I Don't Want to Talk About It: Overcoming the Secret Legacy of Male Depression; How Can I Get Through to You? Closing the Intimacy Gap Between Men and Women; and The New Rules of Marriage: What You Need to Know to Make Love Work*. His work has been regularly featured on Good Morning America, Nightline, and ABC News, 20/20, Oprah, CNN and in The New York Times. In 2002, he founded the Relational Recovery Institute, as a way to offer healing and wholeness to men through their own resources, and with the support and engagement of the parents and partners in their lives. Real is Director of the Gender Relations Program in Arizona and also serves as a faculty member at the Family Institute in Cambridge. He has been featured on national television programs and his most recent work with male clients has been made into a documentary titled *All Men Are Sons*.

PETER PEARSON, PHD, is an engaging, dynamic expert. His fierce directness is tempered with humor and empathy as he guides couples through difficult times, helping them create the relationship they truly desire. In addition to regular therapy appointments, he offers “intensives” for couples who want to work with him for 12 hours in two to three days. Intensives are well suited for couples who come from out of the area. His office is at The Couples Institute in Menlo Park. With his wife, Ellyn Bader, Dr. Pearson co-authored the books, *In Quest of the Mythical Mate: A Developmental Approach to Diagnosis and Treatment in Couples Therapy* (Brunner/Mazel) and *Tell Me No Lies: How to Face the Truth and Build an Honest Marriage* (St. Martin’s Press). He and Ellyn created The Developmental Model of Couples Therapy—long before couples therapy was recognized as a specialty. Drs. Bader and Pearson have been featured on more than 50 radio and television programs including The Today Show and CBS Early Morning News.
MICHELE WEINER-DAVIS, MSW, is an internationally renowned relationship therapist, best-selling author, marriage educator and speaker. She has authored seven books including *Divorce Busting* and *The Sex-Starved Marriage*. Michele is the Founder of The Divorce Busting® Center in Boulder, Colorado. She is the recipient of the Award for Outstanding Contribution to the field of Marriage and Family Therapy from the AAMFT. She also received the Impact Award during the 7th Annual Smart Marriages Conference (The Coalition for Marriage, Family, and Couples Education) in 2003. According to the Coalition, “the Impact Awards are presented to those whose research, books, political or grassroots action, leadership and brilliant reconceptualizations have given us new hope about reversing the epidemic of divorce and family breakdown.” Weiner-Davis received The Washington Times Inaugural Founding Spirit Award in 2007 recognizing her work in community activism.

JANIS ABRAHMS SPRING, PhD, ABPP, is a nationally acclaimed expert on issues of trust, intimacy, and forgiveness. Her first book, *After the Affair: Healing the Pain and Rebuilding Trust When a Partner Has Been Unfaithful*, has sold more than a half million copies and was a Books for a Better Life Award finalist in the categories of Best First Book and Best Relationship Book. The completely updated second edition (September, 2012) includes a new chapter on affairs in cyberspace. *How Can I Forgive You? The Courage to Forgive, the Freedom Not To*, was a Books for a Better Life Award finalist in the category of Best Psychology Book. *Life with Pop: Lessons on Caring for an Aging Parent*, a Living Well Award Silver Medalist, captures the extraordinary, ordinary personal challenges and moments of grace that come with caregiving and growing old.

Dr. Spring received her B.A. from Brandeis University, magna cum laude; her Ph.D. in clinical psychology from the University of Connecticut, and her post-graduate training from Aaron Beck, M.D., at the Center for Cognitive Therapy at the University of Pennsylvania. A former clinical supervisor in the Department of Psychology at Yale University, she often serves as a guest expert in the national media (Good Morning America, NPR, The New York Times, Huffington Post, Sirius XM Radio, and others). In private practice for more than 35 years in Westport, Connecticut, Dr. Spring is a recipient of the Connecticut Psychological Association’s Award for Distinguished Contribution to the Practice of Psychology and the Connecticut Marriage and Family Therapy’s Award for Distinguished Service to Families.

**Important Conference Information**

“Hello Americans.

On the next pages are instructions on getting CEs for Couples, as well as lots of other facts you’re going to ask someone about—and hopefully it won’t be me, because I’m clueless. Best thing to do: keep hold of your conference syllabus, make notes in it. When you go online to do evaluations, whatever those are, everything will be right in front of you.”
Program Objectives

Attendees will increase their clinical effectiveness by—
1. Comparing and contrasting differing professional perspectives and translating these into specific interventions
2. Evaluating basic principles and techniques of contemporary schools of therapy
3. Utilizing multi-level therapeutic communication
4. Comprehending the commonalities that underlie successful clinical work
5. Appreciating the historical development of psychotherapeutic disciplines.

Continuing Education

Required sign-in/sign-out sheets are located in the center section of Couples Conference syllabus. For your convenience, please use these pages, one for each day of the conference. After you have completed each form, please place it in the conveniently located drop-boxes or at the Erickson Foundation registration desk.

ONE EASY STEP: You can obtain your certificate online by going to the Couples website: www.CouplesConference.com and follow the link on the home page. Use this password, xxxxxx and complete the evaluation form and print it out immediately. If you do not have internet access, or prefer obtaining your certificate by mail, please stop by the registration desk and we’ll help you get a paper form. But please be aware that your certificate will take 8-10 weeks to be mailed.

Attendees will receive a separate Documentation of Attendance onsite for the Law & Ethics pre-conference workshops. Otherwise, there will be no onsite validation of continuing education.

Accreditation

A.M.A. The Milton H. Erickson Foundation, Inc., is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Milton H. Erickson Foundation, Inc., designates this live activity for a maximum of 20.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

A.P.A. The Milton H. Erickson Foundation, Inc., is approved by the American Psychological Association to sponsor continuing education for psychologists. The Milton H. Erickson Foundation, Inc. maintains responsibility for this program and its content. Credit is provided on an hour-per-hour basis (20 hours maximum).

N.A.S.W. This program is in process of being approved by the National Association of Social Workers (Provider #886392793) for 20 continuing education contact hours.

N.B.C.C. The Milton H. Erickson Foundation, Inc., is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors (Provider No. 5056). We adhere to N.B.C.C. Continuing Education Guidelines. This program provides a maximum of 20 contact hours.

B.R.N. The Milton H. Erickson Foundation, Inc. is provider approved by the California Board of Registered Nursing, Provider Number CEP 9376 for 20 contact hours.

B.B.S. The Milton H. Erickson Foundation, Inc., is a board-approved provider (PCE No. 398). This course meets the qualifications for 20.0 hours of continuing education credit for MFTs and/or LCSW/Therapist as required by the California Board of Behavioral Sciences.

State of Florida Department of Professional Regulation. The Milton H. Erickson Foundation, Inc. is approved by the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling as a provider of continuing education (CE Provider #: 50-2008).

Please note that it is your responsibility to contact your licensing/certification board directly to determine eligibility to meet continuing education requirements. The Milton H. Erickson Foundation, Inc. is applying to other certification boards for continuing education approval. Information will be updated as approvals are received.

For updates, log on to CouplesConference.com.

Questions About Registration?
CMI Education Institute
PO Box 1000
Eau Claire, WI 54702
Phone: 800-844-8260 • 715-855-8118
Fax: 1-800-554-9775
info@pesi.com

Questions About the Conference?
The Milton H. Erickson Foundation
2632 East Thomas Road, Suite 200
Phoenix, Arizona 85016
Phone: 602-956-6196
Fax: 602-956-0519
www.couplesconference.com
SITE, SESSIONS & SEATING

The Couples Conference is held at
Manhattan Beach Marriott
1400 Parkview Avenue
Manhattan Beach, California 90266
Phone: 1-310-546-7511            Fax: 1-310-939-1486

Attendance at the individual sessions of the Conference is limited by room size. There is no pre-registration. Early arrival to individual sessions will ensure optimal seating. The first row of all meeting rooms is reserved for attendees with physical challenges and for VIPs. Please do not block aisles or sit on the floor in meeting rooms. Strict regulations are enforced. We appreciate your cooperation.

PLEASE BE CONSIDERATE OF OTHERS:
DO NOT USE CELL PHONES AND PLEASE TURN OFF YOUR CELL PHONE RINGERS DURING SESSIONS.

AUDIO AND VIDEO RECORDINGS
Presentations will be audio recorded and available for purchase. The Audio and Video Recordings tables will be located in the registration area: Manhattan Ballroom foyer.

IDENTIFICATION BADGES
Each attendee is issued a name badge. Please wear your badge at all times. Only persons who wear identification badges will be admitted to conference sessions.

SMOKING POLICY
The Marriott is 100% non-smoking.

VOLUNTEERS
A number of volunteers are assisting with the Couples Conference. Volunteers can be identified by special red ribbons on their name tags. If you are asked to change seats to accommodate someone who is physically challenged, please comply.

PARKING
Self-parking at the Marriott is $12 per day/per car; $21 for valet parking, per day/per car.

LOST & FOUND
Please turn in found items to the Erickson Foundation Registration Desk. At the end of the day these items will be turned over to the hotel security.

LITERATURE TABLES
Literature tables are located in the registration area for faculty and sponsor materials. Please ask at the Erickson Foundation desk for information and permission to display literature on these Free-Take-One tables. Unauthorized material will be removed.

SYLLABUS
This book contains educational objectives, presentation descriptions, location of events and other important information. Additional copies will be available for $20, while supplies last.

BOOKSTORE HOURS
Terrace Ballroom, Salon A
Friday April 19 7:00am-7:00pm
Saturday April 20 7:30am-6:00pm
Sunday April 21 7:30am-4:30pm

Eligibility

The Couples Conference is open to professionals in health-related fields, including physicians, doctoral-level psychologists and dentists who are qualified for membership in, or are members of, their respective professional organizations (e.g., AMA, APA, ADA), and to professionals with mental health-related graduate degrees (e.g., MSW, MA, MS, MSN) from accredited institutions. Applications also will be accepted from full-time graduate students in accredited programs in the above fields who supply a letter from their department certifying their full-time student or intern status as of April 2013.

Please be considerate of others at the conference. Do not use cell phones during sessions—and please turn off your ringers.
Conference Program At-a-Glance

Thursday April 18

7:30 AM Registration
8:30 AM - 12:30 PM LAW & ETHICS

PRE-CONFERENCE WORKSHOP
PART 1
STEVEN FRANKEL

12:30 PM - 2:00 PM LUNCH BREAK
2:00 PM - 4:00 PM LAW & ETHICS

PRE-CONFERENCE WORKSHOP
PART 2
STEVEN FRANKEL

8:00 AM - 8:30 AM Convocation
8:30 AM - 9:30 AM Keynote Address 1
Paul Ekman
9:45 AM - 11:45 AM Workshops 1-3

11:45 AM - 1:00 PM LUNCH BREAK
1:00 PM - 2:00 PM Keynote Address 2
Terry Real
2:15 PM - 3:15 PM Keynote Address 3
Michele Weiner-Davis
3:30-5:30 PM Workshops 4-6
5:45-6:45 PM Authors’ Hour

Friday April 19

8:30 AM - 9:30 AM Keynote Address 4
Stephen Porges

9:45 AM - 11:45 AM Workshops 7-9

Saturday April 20

8:30 AM - 9:30 AM Keynote Address 6
Janis Abrahms Spring

9:45 AM - 11:45 AM Workshops 13-15

Sunday April 21

8:30 AM - 9:30 AM Keynote Address 8

11:45 AM - 1:00 PM LUNCH BREAK
1:00 PM - 2:00 PM Keynote 5
Harriet Lerner

2:15 PM - 3:15 PM Keynote Address 9
Bill O’Hanlon

3:30 - 5:30 PM Topical Panels 1-2
Dialogue 1
4:30 - 5:30 PM Authors’ Hour

NOTE: Attendees will receive a separate Documentation of Attendance onsite for Law & Ethics pre-conference workshops.

All conference programs are open to attendees on a first-come basis. There’s no need to sign up for individual workshops.

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CouplesConference.com
Do you suffer from Obsessive Coffee Disorder?

There’s a cure. More coffee!

FREE COFFEE OR TEA
IN THE MANHATTAN
BALLROOM FOYER

THURSDAY, APRIL 18 AT 8:00 AM
FRIDAY, APRIL 19 AT 9:30 AM
SATURDAY, APRIL 20 AT 9:30 AM
SUNDAY, APRIL 21 AT 9:30 AM

Courtesy of
THE MILTON H. ERICKSON FOUNDATION

The Bookstore is Open!

For your convenience...
The onsite bookstore carries hundreds of titles by faculty authors and on related topics! The store is located on the Garden Level, Terrace Ballroom Salon A

Bookstore Hours
Friday, April 19 7am-7:00pm
Saturday, April 20 7:30am-6:00pm
Sunday, April 21 7:30am-4:30pm

CoupleConference.com
THURSDAY, APRIL 18

**TIME** | **PROGRAM NUMBER** | **PROGRAM DESCRIPTION** | **LOCATION**
--- | --- | --- | ---
7:30 AM | | **REGISTRATION FOR LAW & ETHICS** | Manhattan Ballroom Foyer

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Presented by
Steven Frankel, PhD, JD

**LAW & ETHICS**

**DANCING WITH THE RISKS:**
safe steps; tricky steps; landmines

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8:30 AM - 12:30 PM | LE 1 | **PART 1** | TERRACE BALLROOM SALON B

This workshop in law, ethics and regulation focuses on three of the four most frequent causes for actions against mental health professionals, nationwide. Since the 2010-2011 law/ethics/regulation workshop focused primarily on boundary violations (including sexual contact between professional and patient/client), this 2012-2013 workshop focuses on incompetence, criminal convictions and cases involving high conflict custody problems. The workshop emphasizes awareness and management of risk factors in the major areas of high risk practice via music videos illustrating the principles taught in the program. These include coping with negative publicity on the internet, the risks of "creative" techniques, riskier vs. safer models of intervention, coping with the need to "rescue" patients/clients, management of angry/dissatisfied patients/clients, and more.

**Educational Objectives:**
1) List the top four high-risk areas of practice,
2) Define and give two examples of “substantial relationship” laws,
3) List two characteristics of an “apology,”
4) List at least three issues that should be included in clinical records (private practice version) or two types of threats that occur between professional and patient/client (agency version).

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12:30 PM-2:00 PM | LUNCH BREAK |

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2:00-4:00 PM | LE 2 | **PART 2** | TERRACE BALLROOM SALON B

Continues on themes from Part 1 on awareness and management of risk factors in the major areas of high-risk practice.

**Educational Objectives:**
5) Describe at least two problem areas for high conflict custody cases,
6) List at least two requirements for practice continuity (private practice version) or one statute bearing on minors who can authorize their own treatment (agency version.)
When disagreements recruit anger, each person is likely to experience his or her own anger in a way that is different from their partner. And each person is likely to misperceive the nature of the other person’s anger experience. A new interactive tool allows each member of a couple to discover their unique way of experiencing anger—their profile; and, what they believe to be the profile of their partner. Once completed, MAP (Mapping your Anger Profile) visually maps the differences in how each person believes they experience anger and how their self-perception differs from the partner’s perception of him or her.

**Workshop 1**

**The New Rules of Marriage:**

**A Passionate Approach to Couples and Couples Therapy**

**Terry Real, LICSW**

Terry Real’s Relational Life Therapy™ deals with the most stuck, most intractable cases by dealing squarely with issues of character. His Relationship Bootcamp begins with this slogan: “Other Workshops Teach You Skills: We Deal With the Part of You That Won’t Use Them.” WHAT you do matters less than WHICH PART OF YOU is at the wheel—the mature, present part of you, or an immature, triggered part of you. “We teach individuals in couples how to be relational—changing each individual’s character as we change the relationship between them.” RLT uses the current relationship both as leverage and as the laboratory in which individuals can learn and master the art of “relational mindfulness”—a practice of bringing your best self into play in your most heated moments.

Educational Objectives: 1) Describe the basic tenets of Relational Life Therapy. 2) Apply the Relational Grid as a diagnostic tool.

**Workshop 2**

**When Society Loses Control:**

**Attachment, Trauma and a Developmental Process of Couple and Family Addiction and Recovery**

**Stephanie Brown, PhD**

What is the process of “normal” couple and family recovery in the context of cultural loss of control? We will define addiction as a traumatic disorder of attachment for individuals and the family. We will review the Family Recovery Research Project, with an emphasis on the couple, outlining the stages of active addiction and recovery and the key themes and tasks of development that arise, along with the implications for couples therapy at every stage when the culture remains chronically stressed, chaotic and FAST.

Educational Objectives: 1) Summarize the research design of the Family Recovery Research Project in the context of cultural loss of control. 2) Describe the stages of active family addiction and recovery in the context of a culture that remains out of control.
9:45 AM-11:45 AM          WS 3          PARKVIEW
( cont’d)          WORKSHOP 3          LEARNING TO RECOGNIZE CONCEALED EMOTIONS          PAUL EKMAN, PhD
Dr. Ekman explores the nine motivations for serious lies and why lies succeed—and why and when they fail. He illustrates the behavioral clues to spotting lies—with video examples. He will enable you to see micro expressions of concealed emotions, while explaining why and when micros occur, what they do and don’t tell you. He also will demonstrate online interactive training tools.

Educational Objectives:

11:45 AM-1:00 PM          LUNCH BREAK

1:00 PM-2:00 AM          K 2          MANHATTAN BALLROOM

1:00 PM-11:45 AM          MANHATTAN BALLROOM

KEYNOTE ADDRESS 2          LOVE IN THE 21ST CENTURY          TERRY REAL, LICSW
We’ve never wanted more from our romantic relationships but both men and women—in different ways and for different reasons—lack the skills to meet our new ambitions. What do men and women want from each other? Why are relationships so fraught? And how can we be more effective as clinicians? The nature of marriage has changed and therapists must meet challenges unique to our new landscape.

Educational Objectives: 1) Explain from a cultural point of view why marriage has been difficult for the last 50 years. 2) Describe the relationship between men, socialization and marital difficulties.

2:15 PM-3:15 PM          K 3          MANHATTAN BALLROOM

KEYNOTE ADDRESS 3          GUERRILLA DIVORCE BUSTING: WORKING WITH COUPLES IN THE TRENCHES          Michele Weiner-Davis, MSW, LCSW
This keynote explores the incredibly powerful ways we can restore hope in the flat-lined couples we encounter—both in and out of our offices. Be inspired with new, 11th hour strategies for helping challenging couples want to work things out.

Educational Objectives: 1) List one technique for instilling hope in hopeless couples. 2) List one reason about the importance of knowing your clinical blind spots.

3:30 PM-5:30 PM          WS 4          MANHATTAN BALLROOM

WORKSHOP 4          10 GOOD REASONS COUPLES DON’T ENJOY SEX— AND INNOVATIVE WAYS TO HELP THEM          MARTY KLEIN, PhD
What do most couples really want from sex? It isn’t endless orgasms, or sex around the clock. Most people want the same old things: connection, pleasure, excitement, mystery, validation. And magic. When the prospect of getting these is slim, satisfaction declines, and desire falls. This is not a “dysfunction;” improving genital “function” is not the answer. The key, instead, often lies in addressing power struggles and control issues; the existential challenges of adulthood; and the need for a new vocabulary. We will discuss how to move couples from perfunctory, infrequent sex to a more vibrant and intriguing experience. We’ll also look at what therapists need internally to help couples discuss sex.

Educational Objectives: 1) State three common myths about sex that discourage couples from lovemaking. 2) Describe what can interfere with the process of initiating sex, and how to resolve these obstacles.
Workshop 5: Why has depression been seen as a “woman’s disease”? Depression is not unwomanly, but many feel it as unmanly—setting up what Real calls, “compound depression.” Men, he says, feel ashamed of feeling ashamed, depressed about being depressed,” causing them to hide it, and causing those around them—even medical professionals—to shy away from confronting the condition. Even more important, however, is the fact that many men express depression differently than women. Real will speak of “covert depression” which lies at the core of many of men’s typical “bad behaviors.” Like drinking, workaholism, withdrawal, and anger. What sets up the unique traits of depression in men is the particular wounds we as a society inflict on our boys. Real states, “Most depressed women are dealing with issues of disempowerment. And the healing work lies in helping her find her voice. Depressed men struggle with issues of disconnection. I have yet to treat a depressed man who wasn’t cut off—from his feelings, his wants and needs, and from others. The healing work is re-connection. The ultimate cure for male depression is intimacy.”

Educational Objectives: 1) Demonstrate how to work with grandiosity: and help clients come down from the one-up. 2) Explain what it means to find leverage (why would this client listen to you?).

Workshop 6: Everybody lies. Some lies are loving and harmless. But, others are enormously destructive. Couples’ patterns of deception often begin innocently but end in couples destroying the love they once had. Self deception, conflict avoidance and felony lies all undermine commitment and connection. We’ll use clinical videos and transcripts to identify and disrupt deception. You’ll learn to successfully confront the evasiveness, hypocrisy and avoidance that keep couples developmentally arrested and differentiation failing.

Educational Objectives: 1) Delineate four main types of lies. 2) Describe six types of confrontation to disrupt patterns of deception and facilitate differentiation.

Meet & Greet Your Faculty

Author’s Hour
### SATURDAY, APRIL 20

<table>
<thead>
<tr>
<th>Time</th>
<th>Program No.</th>
<th>Program Description</th>
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<tr>
<td>7:30 AM</td>
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<td>Registration</td>
<td>Manhattan Ballroom Foyer</td>
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| 8:30 AM-9:30 AM  | K 4         | **KEYNOTE ADDRESS 4**
|                  |             | A NEURAL LOVE CODE:                                  | Manhattan Ballroom |
|                  |             | THE BODY’S NEED TO ENGAGE AND BOND                   |                   |
|                  |             | **STEPHEN PORGE, PhD**                                |                   |
|                  |             | The Love Code provides a metaphor to explore the neural mechanisms underlying how and why we attach, bond, fall in love and seek out safe and trusted others in an unsafe world. This presentation will explore the body’s need for intimate engagement and social bonding from an adaptive perspective. Within the theoretical context of the Polyvagal Theory, the presentation will illustrate how specific features in our social environment may trigger neurophysiological systems, through a process of “neuroception,” that enables us either to be fearful and disengage or to feel safe and enter enduring intimate relations. **Educational Objectives:** 1) Demonstrate a foundational understanding of the Polyvagal Theory. 2) Explain how deficits in the regulation of the Social Engagement System are core features of several psychiatric disorders. |                   |
| 9:45 AM-11:45 AM | WS 7        | **WORKSHOP 7**                                        | Terrace Ballroom Salon B |
|                  |             | AFFAIRS:                                              |                   |
|                  |             | A STEP-BY-STEP PROGRAM FOR HEALING FROM INFIDELITY     |                   |
|                  |             | **MICHELE WEINER-DAVIS, MSW, LCSW**                    |                   |
|                  |             | If you work with couples, you’re no stranger to infidelity. And because healing from infidelity is challenging, it behooves us to have a clear roadmap of the territory. In this workshop, we’ll go over an array of post-affair issues, including ways to deal with intense emotions, whether to discuss the details of the betrayal, how to begin rebuilding trust in the aftermath of the discovery, whether to have clinical ultimatums about ending affairs, how to handle setbacks, and how to deal with residual feelings for the affair partner. We’ll explore a step-by-step treatment plan and discuss how to tailor it to each couple’s unique needs. You’ll learn methods for overcoming the most common therapeutic impasses—hopelessness engendered by setbacks, debates about the value of discussing the affair, and ongoing dishonesty. You’ll discover the nuances involved in deciding how much disclosure is best for each couple and gain a greater understanding of the spiraling, zigzag nature of recovery. By the time you leave, you’ll know how to coach couples through a structured healing process that’s flexible and adaptable. **Educational Objectives:** 1) Discuss methods for overcoming the most common impasses in helping couples heal from infidelity. 2) Explain what both the unfaithful and betrayed spouse must do to heal from infidelity. |                   |
|                  | WS 8        | **WORKSHOP 8**                                        | Manhattan Ballroom |
|                  |             | FROM CONVERSATION TO CONNECTION:                      |                   |
|                  |             | THE LANGUAGE OF INTIMACY                               |                   |
|                  |             | **LONNIE BARBACH, PHD**                                |                   |
|                  |             | Dr. Barbach will explore dialogue as it pertains to creating intimacy. Her presentation will analyze the language used by partners as a key to understanding the dynamics of the relationship and how deliberate linguistic changes can transform that relationship by deepening emotional bonds and creating healthy intimacy. **Educational Objectives:** 1) List three ways to minimize defensiveness in a couple’s communication. 2) Discriminate between a thought and a feeling. |                   |
You can obtain your certificate online by going to the Couples website: www.CouplesConference.com and follow the link on the home page. Use this password, X000000000 and complete the evaluation form and print it out immediately. If you do not have internet access, or prefer obtaining your certificate by mail, please stop by the registration desk and we’ll help you get a paper form. But please be aware that your certificate will take 8-10 weeks to be mailed. There is no onsite validation of continuing education.
**WS 11**  
**THE "NEW" INFIDELITY: AFFAIRS IN CYBERSPACE**  
**JANIS ABRAHMS SPRING, PhD**

What constitutes an affair—sexual intercourse? Sexting? What makes cyber-relationships particularly seductive? When is cybersex a sign of sexual addiction? How can partners negotiate different needs for security and freedom? Can trust be rebuilt in cyberspace? How can couples decipher the meaning of a cyberaffair to grow their relationship?

*Educational Objectives:* 1) Define what constitutes an affair in cyberspace. 2) Explain what makes cyber-relationships particularly seductive.

**WS 12**  
**IT TAKES ONE TO TANGO: COUPLES THERAPY WITH ONE SPOUSE**  
**MICHÉLE WEINER-DAVIS, MSW, LCSW**

That only one partner is willing to seek relationship therapy should not deter therapists, since there is much that can be accomplished. In fact, there are occasions when working with only one partner is preferable. This workshop will explore these situations and offer therapists a conceptual framework for conducting relationship-oriented sessions with one partner present.

*Educational Objectives:* 1) Explain how seeing couples with divergent goals conjointly can be detrimental. 2) Demonstrate how to motivate the client to take responsibility for change in light of his/her partners’ lack of participation.
SUNDAY, APRIL 21

7:30 AM
REGISTRATION
Manhattan Ballroom Foyer

8:30 AM-9:30 AM  K 6
KEYNOTE ADDRESS 6
CARING FOR AN AGING PARTNER OR PARENT AND WONDERING, 'WHO'S GOING TO CARE FOR ME?'
JANIS ABRAHMS SPRING, PhD

Fifty million Americans currently care for an aging partner or parent. Using poignant movie clips, Janis will address the joy and imposition of caregiving in families and in couples. She'll also offer universal lessons on how partners can help each other grow old gracefully and survive this ordinary, extraordinary journey.

Educational Objectives: 1) Specify one common challenge of caring for an aging partner or parent. 2) Describe how disputes among siblings or adult children over family caregiving issues can have deeper meaning.

9:45 AM-11:45 AM  WS 13
WORKSHOP 13
FAULTY NEUROCEPTION: HOW TRAUMA DISTORTS PERCEPTION AND DISPLACES SPONTANEOUS SOCIAL BEHAVIORS WITH DEFENSIVE REACTIONS
STEPHEN PORGES, PhD

The workshop will explore how faulty neuroception can have an impact on autonomic regulation and social behavior and how understanding the features that trigger different neuroceptive states (safety, danger, and life threat) can be used as a strategy of treatment.

Educational Objectives: 1) Describe the features in social interactions and in the environment that trigger “neuroceptive” responses. 2) Explain how physiological state can contribute to distortions of intent during social interactions.

12:00 AM-1:00 PM  WS 14
WORKSHOP 14
AFTER YOUR AFFAIR: DON'T ASK ME TO FORGIVE YOU!
JANIS ABRAHMS SPRING, PhD

After an affair, how can therapists help partners absorb the trauma of infidelity, maintain hope, and earn forgiveness? Is it possible for hurt partners to heal without forgiving? What concrete exercises help couples rekindle trust and erotic intimacy? How do partners recommit when they don’t feel particularly loved or loving?

Educational Objectives: 1) Describe how a caring behavior exercise can revitalize a relationship after an affair. 2) Recall the interpersonal core of forgiveness.

In The Manhattan Ballroom Foyer
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CouplesConference.com
SUNDAY, APRIL 21

WORKSHOP 15
9:45 AM-11:45 AM (cont’d) WS 15

SPEEEEEEED!
WIRED UP AND HOOKED ON FAST
STEPHANIE BROWN, PhD

Society has lost control. Many in the culture are living in a downward spiral of a new addiction, chasing money, power, success and a wilder, faster pace of life. What is the impact on our understanding and treatment of the addicted couple and family who must live and work in a culture that is out of control? Dr. Stephanie Brown will present her new work on American culture’s addiction to FAST, and outline how all couples therapy must now include an understanding of addiction.

Educational Objectives: 1) Describe the out of control, addicted culture. 2) Describe the out of control, addicted couple and the process of recovery. 3) Describe the immature, developmental arrest that characterizes the addicted person, the couple and family, and the culture. 4) Explain the implications for the processes of intervention and treatment when the culture and the couple are as unhealthy and out of control as the addicted person. 5) Apply family recovery knowledge and principles to the addicted culture.

11:45 AM-1:00 PM LUNCH BREAK

KEYNOTE ADDRESS 7
1:00 PM-2:00 PM K 7

ACKNOWLEDGMENT AND POSSIBILITY:
THE TWO CORNERSTONES TO SUCCESSFUL COUPLES THERAPY
BILL O’HANLON, MS

Too little acknowledgment will lead to alienation of one of both partners in couples therapy, but too much acknowledgment without a compelling invitation to move on from conflict, blame and the past to new possibilities won’t work either. Learn how to maintain that delicate balance and let the couple teach you when to use which method.

Educational Objectives: 1) Explain why acknowledgment and validation are not enough on their own in couples therapy. 2) Apply acknowledgment and possibility methods simultaneously in couples therapy.

2:15 PM-4:15 PM WS 16

WORKSHOP 16

THE THREE CS:
USING SPIRITUALITY IN COUPLES THERAPY
(EVEN WITH NON-RELIGIOUS AND NON-SPIRITUAL CLIENTS)
BILL O’HANLON, MS

Using a simple three-part model of spirituality, you’ll learn how to infuse a spiritual sensibility into couples therapy even with clients that are non-religious, dogmatically religious or who are hostile towards spirituality or religion.

Educational Objectives: 1) List the three elements of spirituality. 2) Describe one method of using spirituality in couples work.

The bookstore is open today until 4:30.
I’m just sayin’...
WORKSHOP 17
His Porn, Her Pain: Working with Couples When Pornography Is an Issue
Marty Klein, PhD

Couples therapy typically pathologizes porn use while legitimizing the grievances of the user’s partner. While this approach may seem logical, it rarely increases sexual/relationship satisfaction. How do we hold both partners while they struggle to define their behavior, contract, and emotions? This talk examines a different approach to intrapsychic conflict and power struggles over porn use. We’ll explore underlying relational issues, including: Is conflict about pornography a way to avoid confronting deficits in the sexual (or non-sexual) relationship? Are one or both partners acting out body image issues? Is porn use infidelity?

Educational Objectives: 1) Discuss three common non-sexual issues in couples in conflict around pornography. 2) State three sexual issues commonly found in couples in conflict around pornography.

WORKSHOP 18
Rethinking First Sessions with Angry Couples
Peter Pearson, PhD

Volatile couples come to couples therapy with a fearsome mixture of trauma, devastated dreams, and defensive attitudes. If you ask about their goals or how you can help, you quickly get intense cross complaints, and pressure to fix their partner. Simply trying to understand their problems and asking about their goals can be a toxic beginning as their defensiveness and trauma get re-triggered. This innovative approach is the result of 30 years of seeing couples and searching for a better beginning. In this workshop you will understand how to have each person identify their role in the distress, accept accountability for self-change, identify personal growth changes that are a stretch, create the foundation to work as a team and do it all with a spirit of cooperation and positive strokes. Do all this and more in the first session.

Educational Objectives: 1) Skillfully assess the level of self and other awareness. 2) Delineate between conventional approaches of starting therapy with a softer, gentler approach that quickly fosters cooperation. 3) Describe ways of increasing motivation for self-change vs. partner change.

CE Reminder
You can obtain your certificate online by going to the Couples website: www.CouplesConference.com and follow the link on the home page. Use this password, XXXXXXXXXXX, and complete the evaluation form and print it out immediately. If you do not have internet access, or prefer obtaining your certificate by mail, please stop by the registration desk and we’ll help you get a paper form. But please be aware that your certificate will take 8-10 weeks to be mailed. There is no onsite validation of continuing education.
Couples Conference

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THE MILTON H. ERICKSON FOUNDATION is justifiably proud of the conferences and other educational opportunities it sponsors, taking care that the conduct of these activities conforms to the standards and principles of behavioral and medical sciences, thus ensuring balance, independence, objectivity and scientific rigor in all its individually sponsored or jointly sponsored educational activities. All faculty participating in a sponsored activity, and those who review and therefore are in control of content, are expected to disclose to the activity audience any relevant financial interest or other relationship (1) with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in an educational presentation and (2) with any commercial supporters of the activity. (Relevant financial interest or other relationship can include such things as grants or research support, employee, consultant, major stock holder, member of speaker’s bureau, etc.). The Foundation’s compliance with these standards assures that potential conflicts of interest are identified prior to our educational activities.

The intent of this disclosure is to provide attendees with information on which they can make their own judgments. It remains for the audience to determine whether there are interests or relationships that may influence the presentation with regard to exposition or conclusion.

The Milton H. Erickson Foundation Board of Directors, Administrative Staff and the Conference presenters have indicated neither they nor an immediate family member has any conflict of interest to disclose.

The last 10 years of Dr. Erickson’s long and distinguished life were spent with his wife Elizabeth at a modest, ranch-style home on Hayward Avenue in Phoenix, Arizona—located near the majestic Phoenix mountain preserve (which encompasses Piestewa Peak, formerly known as Squaw Peak), one of Dr. Erickson’s favorite, local natural landscapes. The Hayward house, now the Erickson Museum, is a snapshot of Mid-Century life in the Southwest—relaxed, functional, and charming. There is a main house as well as a guest house, or what came to be known as “the little house,” and both sit on a roomy double lot surrounded by the serene landscape of original, indigenous trees, cactus, and shrubbery. Dr. Erickson’s office in the guest house is “frozen in time,” but warmed with his essence; his green leather chair may be empty but is still filled with his spirit.

To learn more or to schedule a tour: erickson-foundation.org/erickson-museum/
Activities of the
MILTON H. ERICKSON FOUNDATION

Training Opportunities

Started in 1980, the educational outreach activities of The Milton H. Erickson Foundation have made it a leading provider of continuing education opportunities for mental health professionals.

CONFERENCES
The Foundation organizes educational conferences designed to share and explain state-of-the-art methods, while refining and enhancing clinical skills. Currently these conferences include:

- The International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy (begun in 1980 and scheduled every three years)
- The Brief Therapy Conference (begun in 1988 and scheduled roughly every three years);
- The Couples Conference (first held as a stand-alone conference in 1995 and approximately year thereafter).

The Evolution of Psychotherapy
Apart from other conferences is the celebrated Evolution of Psychotherapy Conference. The Foundation organized the first Evolution conference in 1985 in Phoenix. Over 7,000 attended, and the numbers have remained consistent ever since. It was instantly hailed as a landmark conference—"The largest gathering ever devoted to the practice of psychotherapy" by TIME. The faculty included Aaron Beck, Bruno Bettelheim, Murray Bowen, Albert Ellis, Robert and Mary Goulding, Jay Haley, Ronald D. Laing, Arnold Lazarus, Cloé Madanes, Judd Marmor, James Masterson, Rollo May, Salvador Minuchin, Zerka Moreno, Ervin Polster, Miriam Polster, Carl Rogers, Ernest Rossi, Virginia Satir, Thomas Szasz, Paul Watzlawick, Carl Whitaker, Lewis Wolberg, Joseph Wolpe and Jeffrey Zeig. At the suggestion of Virginia Satir, the conference was repeated every five years. A four-year cycle was initiated with the 2009 conference. The next Evolution of Psychotherapy Conference will be held in Anaheim, California in December of 2013.

INTENSIVE TRAINING IN ERICKSONIAN APPROACHES TO HYPNOSIS & THERAPY
Since 1987, the Foundation has offered Intensive Training in Ericksonian Approaches to Hypnosis and Psychotherapy. Held two times a year in Phoenix, Arizona, these workshops have limited enrollment for individualized instruction, and are organized into Fundamental, Intermediate, and Advanced levels of training. All focus on principles, applications, and techniques of Ericksonian Hypnotherapy.

MASTER CLASS IN BRIEF PSYCHOTHERAPY
New to the educational opportunities offered by the Foundation is the Master Class in Brief Psychotherapy. This program is limited to 12 participants and open only to licensed, experienced mental health professionals. A special aspect of the Master Class is that it is held at the Erickson home, in Dr. Erickson’s office and teaching study, where he conducted his famous teaching seminars.

The Foundation Office, Archives & The Erickson Home
Since its inception, the Foundation has operated out of modest 40s style bungalows in central Phoenix. Now, for the first time in our three-decade history, the Foundation has moved its headquarters and archives into new facilities, and launched a capital campaign to support the new headquarters as a center of study for Ericksonian psychotherapy and hypnosis. Funds raised will also be used to create a museum in Dr. Erickson’s Phoenix home: the same home where he conducted his famous teaching seminars.

● The new center provides a home base for the Foundation’s dedicated staff, as well as serving as a destination for practitioners. We can now focus our energy in one place, maximize our efforts, expand our rich archives and continue to enhance the skills of students and professionals.

● In 2010 the Foundation purchased Dr. Erickson’s last home in Phoenix, Arizona. The Foundation is committed to preserving the legacy of the late Dr. Erickson by transforming the home at 1201 E. Hayward Avenue into a museum. The home, where “the master” both lived and worked in the last decade of his life, will be preserved with integrity to give visitors an emotionally-charged experience. Friends of the Foundation can rediscover the man behind the methods by “experiencing Erickson” in his actual environment.

The Erickson Foundation distributes recordings of lectures by Milton H. Erickson from the 1950s and 1960s, when Erickson’s voice was strong. Releases in our audio series are announced in the Newsletter.

THE ERICKSONIAN MONOGRAPHS
The Foundation is sponsor of The Ericksonian Monographs. The highest quality articles on Ericksonian hypnosis and psychotherapy are included in The Monographs. Ten issues were published under the editorship of Stephen Lankton. The Monograph series evolved into the Annual of Brief Therapy. These are available from Taylor & Francis.

CURRENT THINKING AND RESEARCH IN BRIEF THERAPY
Current Thinking and Research in Brief Therapy: Solutions, Strategies and Narratives. Evolving from the Ericksonian Monographs, this series contains only the highest quality articles on brief therapy theory, practice and research. Volumes I, II and III are available from Taylor & Francis.

THE FOUNDATION PRESS began by publishing the proceedings of the 1998 Brief Therapy and Evolution of Psychotherapy Conferences. The PRESS makes a library of print, audio and video resources available for mental health care providers. These include classics like The Handbook of Ericksonian Psychotherapy. Also offered are DVDs of Dr. Erickson, discussed by Jeffrey Zeig, such as Advanced Techniques of Hypnosis & Psychotherapy: Working with Resistance. An especially important project is the limited edition Collected Works of Milton H. Erickson, of which Volumes 1 through 11 are already in print.

NEWSLETTER
The Milton H. Erickson Foundation publishes a Newsletter for professionals three times a year to inform its readers of the activities of the Foundation. Articles and notices that relate to Ericksonian approaches to hypnosis and psychotherapy are included. Submissions should be sent to karen@erickson-foundation.org. Business and subscription matters should be directed to the Erickson Foundation at 2632 E. Thomas Rd., Suite 200, Phoenix, AZ 85016; newsletter@erickson-foundation.org.

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Karen Haviley
Production Manager

THE ERICKSON INSTITUTES
There are 140 Milton H. Erickson Institutes/Societies in the United States and abroad that have permission to use Dr. Erickson’s name in the title of their organization. Institutes provide clinical services and professional training. There are Institutes in major cities in North America, South America, Europe, Asia, Australia, New Zealand, South Africa and the Philippines.

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IN THE SPIRIT OF THERAPY
Interview with Michelle Weiner-Davis, M.S.W.

THE POWER OF TWO
Ellen Bader, Ph.D. & Peter Pearson, Ph.D.

CASE REPORT
What If We Stopped Accepting Addicts?

INTERVIEW
Harriet Lerner

Harriet Lerner, Ph.D., is one of our nation’s most respected voices on the psychology of women and the process of change in marriage and families. For more than three decades she was a staff psychologist at The Menninger Clinic in Topeka, Kansas, and a faculty member and supervisor at the Karl Menninger School of Psychology.

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The Evolution of Psychotherapy

2013

ANAHEIM
DECEMBER 11-15

KEYNOTE SPEAKERS: Aaron Beck • Gerald Edelman • Alanis Morissette • Martin Seligman • Irvin Yalom

INVITED KEYNOTES: Diane Ackerman • Daniel Amen • Paul Ekman • Michael Gazzaniga

SPECIAL GUEST: James Foley

PRIMARY FACULTY: Albert Bandura • David Barlow • John Gottman • Julie Gottman • Jean Houston • Otto Kernberg • Marsha Linehan
Cloé Madanes • Donald Meichenbaum • Salvador Minuchin • Erving Polster • Ernest Rossi • Francine Shapiro • Jeffrey Zeig

STATE OF THE ART FACULTY: Judith Beck • Claudia Black • David Burns • Jon Carlson • Nicholas Cummings • Stephen Gilligan
Steven Hayes • Harville Hendrix • Sue Johnson • Jack Kornfield • Harriet Lerner • Peter Levine • Scott Miller • William Miller
Bill O’Hanlon • Violet Oaklander • Christine Padesky • Mary Piper • Daniel Siegel • Derald Wing Sue • Bessel van der Kolk
Michele Weiner-Davis • Michael Yapko

CO-FACULTY: Deborah Beck Busis

Presented by
THE MILTON H. ERICKSON FOUNDATION
The Evolution of Psychotherapy

WHAT?
TIME Magazine called it: “The largest gathering ever devoted to the practice of psychotherapy.” Every five years since 1985, the Evolution of Psychotherapy Conference attracts world-wide attention as the most respected gathering of master practitioners in the field of psychotherapy. Created and sponsored by the Milton H. Erickson Foundation, the Conference includes the point/counterpoint discussions, state of the art addresses, workshops, clinical demonstrations, dialogues, panels, and conversation hours. Beginning in 2009, the conference is scheduled on a four-year cycle.

WHERE?
Events at this year Evolution will take place at the Hilton and Marriott Hotels in Anaheim, as well as the Anaheim Convention Center. Because all three facilities are within easy walking distance of each other, the location makes an ideal “campus” setting. Special conference rates for hotel reservations are now in effect, plus discounts for nearby Disneyland. Check the Evolution website for details.

WHEN?
The Evolution of Psychotherapy Conference is December 11-15, with a pre-conference day December 10th featuring your choice of an all-day workshop with Daniel Amen, or—by popular request—Law & Ethics with Steve Frankel. Registration includes a buffet lunch.

WHY?
Beyond the 50+ CEs you can earn...
or the opportunity to “chat” with people like this (Mary Pipher, Julie and John Gottman, Salvador Minuchin, and many others)...
and beyond even the chance to learn cutting-edge methods and techniques while networking with your peers—

The Evolution Conference is an adventure of the mind, and an experience that will enrich you personally and professionally for years to come.
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Register by May 17th save $350 compared to the onsite registration fee. Plus, Hilton or Marriott hotel rooms are specially priced for conference attendees.

All the details are at EvolutionofPsychotherapy.com plus easy online registration.