Editor's Notes
This will be my last issue as editor of the newsletter. It is time to move on and let someone else bring some fresh ideas and energy to the job. As the years have gone on, I have become too busy to give the newsletter all I think it should have. I have a new son and a new writing career, as well as a busy workshop and therapy schedule.

I thank all of you who have supported me during these six years with comments and materials for the newsletter. To all those who wrote me, but had to wait for a reply (or worse, never received a reply), my apologies and thanks for your forbearance.

My profound thanks also to Jeff Zeig and Sherron Peters and the staff of the Erickson Foundation in Phoenix. Michael Yapko has been chosen as the new editor. He can be reached at The Milton H. Erickson Institute of San Diego, 2525 Camino del Rio S., Suite 225, San Diego, CA 92108, (619) 295-1010.

The deadline for submission for the next issue of the newsletter is April 1, 1987. All editorial matters should be directed to Michael Yapko, and all business matters should be sent to The Milton H. Erickson Foundation.

— Bill O’Hanlon, Editor

New Executive Director
Linda Carr McThrall has been named successor to Sherron S. Peters, who has resigned as administrative director of the Milton H. Erickson Foundation.

Linda served as registrar at the Third International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy. She has assisted with production of various publicity pieces, as well as coordinated miscellaneous projects at the Foundation.

She has a bachelor of science degree in journalism from Arizona State University and worked in newspapers and public relations for 10 years prior to joining the Foundation staff in May 1986.

Registration Open for Whitaker, Wolpe Workshops
There is still time to register for Carl Whitaker's workshop in March, as well as for Joseph Wolpe's April seminar.

A registration form is on page 12 of this issue of The Milton H. Erickson Foundation Newsletter.

Bill O’Hanlon Resigns
Michael Yapko Named Newsletter Editor
This issue marks the final newsletter edited by Bill O’Hanlon, who is founding editor of The Milton H. Erickson Foundation, Inc., Newsletter.

Bill is stepping down to spend more time with his new son, as well as devote his energies to his practice, workshop schedule and writing. We appreciate all his work through the years and wish him the best.

Michael Yapko, Ph.D., director of the Milton H. Erickson Institute of San Diego, has been named Bill’s successor.

Michael Yapko has been a presenter at national and international meetings sponsored by the Foundation and the American Society of Clinical Hypnosis. He was a primary faculty member at the Third International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy in December 1986.

Yapko is a founding member of the editorial board of the Erickson Monographs and has authored and edited various works on clinical hypnosis. In addition to maintaining his private practice, Michael is on the faculties of National University and United States International University.

Sherron Peters Resigns
It is with deep regret that we announce the resignation of Sherron S. Peters as administrative director of The Milton H. Erickson Foundation. Sherron has been instrumental in the planning and establishment of the Foundation, and she has served with a high degree of competence and great dedication for the past seven years.

Sherron has admirably administered three International Erickson Congresses, The Evolution of Psychotherapy Conference, three national seminars, several regional workshops and a pre-congress institute. The outstanding success of these programs can be attributed to her organizational skills and able leadership.

In many instances, Sherron has been the person behind the scenes who has managed Foundation operations in a highly professional and effective manner. She has managed finances; assisted in choosing and developing the physical location of the Foundation assets; and has helped establish and implement the Archives and the Newsletter. She often has provided the linkage from idea to reality.

Regardless of the problems and demands of her varied responsibilities, Sherron has succeeded with distinction and a great deal of class. We will miss her excellent work, conscientious competence and delightful presence.

For the near future, Sherron will be pursuing educational goals, spending more time with Jeff and Nicole and exploring new opportunities. She will retain her position as a member of the Foundation’s Board of Directors. We all wish her contentment and joy.

Position Available — Director of Counseling Services
The Milton H. Erickson Foundation is looking to establish a sliding-scale fee-for-service training clinic at its offices in Phoenix, Arizona. In order to establish this project, a Director of Counseling Services is required.

The duties of the Director include providing clinical service; establishing and organizing the facility; and hiring, supervising and training staff.

Minimum requirements are demonstrated administrative talent and expertise in Ericksonian psychotherapy. Preference will be given to doctoral level professionals who can be licensed/certified in Arizona. Masters level practitioners with strong administrative skills will be considered.

This is a full-time position that is immediately available. There will be a small base salary, income from direct services and incentives. Parttime may be considered.

Please send a letter of interest including a curriculum vitae and the names, addresses and telephone numbers of two references to Jeffrey K. Zeig, Ph.D., The Milton H. Erickson Foundation, 3606 N. 24th Street, Phoenix, AZ 85016. The deadline for receipt of applications is March 6, 1987.

Inquiries also are welcome from Ericksonian therapists who want to practice part or full time at the clinic or serve as supervisors. Please send a letter of intent, curriculum vitae and a list of references.
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ENNCHANTMENT AND INTERVENTION IN FAMILY THERAPY Training In Ericksonian Approaches
By Stephen R. Lankton, M.S.W. & Carol Lankton, M.A.

"More than a new book on Ericksonian approaches. Steve and Carol Lankton provide a systemic framework for understanding Ericksonian interventions through the entire process of family therapy."
— Maurizio Andolfi, M.D.

This valuable book emerges from what the authors believe are the most representative of the numerous family workshops they have conducted in the United States.

In ENCHANTMENT AND INTERVENTION IN FAMILY THERAPY: Training In Ericksonian Approaches, the Lanktons provide a systemic framework for understanding Ericksonian interventions in family therapy. Taken into account are the various dynamics—from the social to unconscious level—that inevitably affect families.

Specific interventions are presented, analyzed, and then built together systematically into even more complex combinations of interventions. The Lanktons present an actual interview to demonstrate the final collage of the various component approaches and interventions as they help a family with serious problems.

ENNCHANTMENT AND INTERVENTION IN FAMILY THERAPY concludes with a group induction providing both a demonstration of techniques and a learning experience that complement and extend the training.

(THIS IS THE COMPANION VOLUME TO THE ANSWER WITHIN.)

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THERAPEUTIC METAPHORS FOR CHILDREN AND THE CHILD WITHIN
By Joyce C. Mills, Ph.D. & Richard J. Crowley, Ph.D.
In collaboration with Margaret O. Ryan

"A book with heart, daring, and mind that is a therapeutic experience in itself to read . . . opens the door to a new understanding of the entire process of problem-solving and growth facilitation in psychotherapy."
— E. L. Rossi, Ph.D.

Here is a highly innovative volume that describes the directed application of therapeutic metaphor through the telling of stories that are the product of the therapists' observations, learnings, intuitions, and personal goals; designed to leave the child with an important therapeutic message. Chapters discuss the history and nature of metaphor and the dynamics of its use; application of metaphor in child and family therapy; the process of creating original metaphors that incorporate the child's unique inner resources; the use of Artistic Metaphors based on a variety of training strategies; and finally, the use of Cartoon Metaphors where well-known cartoon characters serve as "ready-made" metaphors to help children cope with a wide range of childhood problems.

Throughout, the authors provide many examples of how actual metaphors are constructed and used. This is an approach that can be applied in individual, family and group therapy, as well as in classroom and hospital situations. Includes 52 children's drawings used in Artistic Metaphor.

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Coming Off Press

THE EVOLUTION OF PSYCHOTHERAPY
Jeffrey K. Zeig, Ph.D., Editor

Almost 8000 mental health professionals were informed, stimulated, delighted, and even astonished at this extraordinary conference which brought together the leading theoreticians and clinicians of virtually every type of psychotherapy in a remarkably illuminating meeting—and cliff—of minds.

Now this tremendous volume makes available the complete text not only of the basic presentations but also of the candid, no-holds-barred critical discussions between the presenters themselves and with the audience in lively Q&A sessions. The noted thinkers and practitioners gathered at this conference present a far-ranging picture of psychoanalytic, behavioral, Gestalt, TA, group, family, psychodrama and Ericksonian psychotherapies as they are currently practiced.

Never before has there been such a revealing interplay of minds and personalities. Such a comprehensive presentation of the state of psychotherapy today and the many possibilities ahead. Every mental health professional will want this volume.

PARTICIPANTS: Aaron T. Beck, M.D., Bruno Bettelheim, Ph.D., Murray Bowen, M.D., Albert Ellis, Ph.D., Mary Gouging, M.S.W., Robert L. Goulding, M.D., Jay Haley M.A., Ronald D. Laing, M.D., Arnold A. Lazarus, Ph.D., Cloe Madanes, Judi Marmor, M.D., James F. Masterson, M.D., Rolhe R. May, Ph.D., Salvador Minuchin, M.D., Zerka Moreno, Erving Polster, Ph.D., Miriam Polster, Ph.D., Carl R. Rogers, Ph.D., Ernest L. Rossi, Ph.D., Ruth Sanford, M.A., Virginia M. Saltz, M.A., Thomas S. Szasz, M.D., Paul Watzlawick, Ph.D., Carl A. Whitaker, M.D., Lewis R. Wolberg, M.D., Joseph Wolpe, M.D., Jeffrey K. Zeig, Ph.D.

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Meeting of the Milton H. Erickson Institutes

A new committee has been appointed to set guidelines for Milton H. Erickson Institutes throughout the world. More than 40 people attended a special Erickson Institute meeting during the Third International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy in Phoenix. Institute representatives discussed a number of issues, including concerns of individual Institute activities, as well as issues common to all Institutes.

Representatives discussed the relationship between the Institutes and the Erickson Foundation. They also addressed the organization and finances of Institutes. A committee was appointed, headed by Jeffrey Feldman from the New York Society for Ericksonian Psychotherapy and Hypnosis, to generate recommendations for a set of uniform Institute guidelines.

Representatives also decided to publish an Institute Newsletter to focus communication between Institutes. Rodger Kessler from the Milton H. Erickson Institute of Vermont was appointed editor.

The institute meeting was the second of its kind. The first was held in December 1985 during the Evolution of Psychotherapy Conference. There has been remarkable growth in the number of Institutes approved by the Foundation, with 27 currently operating.

CONTACT INFORMATION

1. Milton H. Erickson Institute of San Diego; 2525 Camino del Rio S., Ste. 225; San Diego, CA 92108; (619) 295-1010.
2. The Hudson Center; 12111 Pacific; Omaha, NE 68154; (402) 330-1144.
3. Bill Wade; 9207 Country Creek Drive, Suite 17A; Houston, TX 77036; (713) 774-2377.
4. Milton H. Erickson Foundation, Inc; 3606 N. 24th St.; Phoenix, AZ 85016; (602) 956-6196.
5. New York Society for Erickson Psychotherapy and Hypnosis; P.O. Box 1390; Madison Square Station; New York, NY 10019; (212) 473-0499.
6. Rich Simon; The Family Therapy Network; 7703 13th St., NW; Washington, DC 20012; (202) 892-2452.
7. Milton H. Erickson Institute of Antioch; 8 rue du Midi; 92160 Antony, France.
8. Spectrum; 938 W. 5th St.; Winston-Salem, NC 27101; (919) 761-0650.
9. David Kaye, M.D.; The Children's Hospital of Buffalo; 219 Bryant St., Buffalo, NY 14222; (716) 878-7611.
10. David Broaddus; P.O. Box 22683; Lexington, KY 40522; (606) 233-5780.
11. Milton H. Erickson Institute of Colorado; 7620 Braun Way; Arvada, CO 80003; (303) 399-3028.
12. Daniel Berman; 1220 SW Morrison; Suite 811; Portland, OR 97205; (503) 223-5337.
13. Milton H. Erickson Institute of Michigan; P.O. Box 815; Royal Oak, MI 48068-0815; (313) 864-1035.
14. Orange County Ericksonian Hypnosis Society; c/o Karen J. Anderson, Ph.D.; 13 Almond Tree Lane; Irvine, CA 92715; (714) 733-0177.
15. Sheila Carlson; Center for Clinical Psych. Svcs; Curry School of Education; 405 Emmet St.; Charlottesville, VA 22903-2495; (804) 924-7034.
16. Kjell Wrenn; Box 269; S-61126; Nykoping, Sweden.
17. Peter Schutz; NLP-Sekretariat; A-1140; Teuberg, 1/19, Austria.
18. Milton H. Erickson Institute of Vermont; P.O. Box 424; Stowe, VT 05672; (802) 253-7337.
19. Marriage and Family Institute; 5 Clare St.; Dublin 2, Ireland; Tel: 353-76537.
20. Gillian Ingram/Chris Hodgkinson; University of Ulster at Jordanstown Counseling Service; Shore Rd., Newtownabbey, Co. Antrim BT37 OQB, Northern Ireland, Belfast 36531.
21. British Society of Medical and Dental Hypnosis; Dr. Frank Evans; 8181 Alum Rock Rd.; Ward End; Birmingham B8 2TX, England; Tel: 021-327-6401.
22. Ben Furman, M.D.; Maskunyte 7 Al; 00280 Helsinki 28, Finland.
23. Josanne de Saint Paul and Alison Caryol; 2 square des Aubades; 78160 Marley Le Roi, France.
24. Gunther Schmidt, M.D.; Bregstrasse 36; 6901 Wilhelmsfeld, West Germany; Tel: (from U.S.) 011-49-622-0633.
25. Burkhard Peter; Tal 19, D-8000; Munich 2, West Germany; Tel: (from U.S.) 011-499-89-220224.
Spirit of Congress Heightened Despite Rain

As has come to be expected with an Erickson Congress, it rained. And as always, participants in the Third International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy held Dec. 3-7, 1986, in Phoenix, AZ, weren't surprised. But precipitation did not dampen the spirit of the meeting, which brought some 1,800 attendees from around the United States and 17 other countries. In addition to comments heard by Erickson Foundation staff members, statistics supported the enthusiasm shared by attendees and the 150 faculty members.

During the five-day program, participants attended keynote addresses, invited addresses, accepted papers, three-hour workshops, 90-minute short courses, demonstrations, panels, conversations and group inductions.

"Erickson's Use of Humor," featuring Kristina K. Erickson, M.D., Lance Erickson, Ph.D., Stephen R. Lankton, M.S.W., and Ernest Rossi, Ph.D., on a keynote panel, followed the opening morning's workshops. Virginia Satir, A.C.S.W., gave the keynote address, "The Tools of the Therapist," Thursday. Heinz von Foerster, Ph.D., offered the keynote address, "Objects, Language and Reality: Reflections on an Operational Magic," Friday. Dr. von Foerster was introduced by Paul Watzlawick, Ph.D.

Saturday's keynote debate featured Dr. Watzlawick and Albert Ellis, Ph.D. Their topic, "Indirect versus Direct Approaches to Psychotherapy," was moderated by John Racy, M.D.

Prior to each keynote presentation, special awards were given. The second Lifetime Achievement Award was given to Ernest Rossi, Ph.D., by the Erickson Foundation. The award is presented to those persons who have made special contributions in the field of psychotherapy. The first award, presented in 1983, was given to Jay Haley. Bill O'Hanlon was honored as founding editor of the Erickson Foundation newsletter. Jeff Zeig and Sherron Peters received special recognition and gifts from Mrs. Elizabeth Erickson and Kristina Erickson. Dr. Zeig and Ms. Peters were honored for their efforts in establishing the Erickson Foundation. An award also was presented to Philip J. Booth, M.A., of Oxford, England, for presenting the most scholarly paper at the Congress. His paper was entitled "Strategic Therapy Revisited."

Throughout the Congress, Erickson Foundation staff members and volunteers worked to keep activities organized and help faculty members and attendees with questions and information. Special thanks were expressed by the Foundation staff for help provided by the volunteers, and special thanks went to Brent Geary, who worked as a volunteer staff member. Some 65 volunteers assisted in all aspects of the Congress.

"We were very pleased with the success of the 1986 Congress," said Jeffrey K. Zeig, Ph.D., director of the Erickson Foundation and organizer of the Congress. "The faculty and staff were responsible for making the Third International Congress a memorable and important event in the field of psychotherapy. And the attendees this year were just excellent. We appreciate the enthusiasm they showed and their suggestions they made for future meetings."

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Videotapes of The Third International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy

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- [ ] 86 D-1 Enhancing Therapeutic Responsiveness, Jeffrey K. Zeig, Ph.D.
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V. Satir
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PS317-K3 Objects, Language and Reality
H. von Foerster
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KEYNOTE DEBATE

PS317-K4 Indirect Versus Direct Approaches to Psychotherapy, P. Watzlawick, A. Ellis, Moderator: J. Racy
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INVITED ADDRESSES

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PS317-S2AB Hypnotherapy with Specific Populations, Moderator: L. Wells, D. Araoz, R. Crowley, J. Mills, D. Corydon Hammond
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PS317-S9AB Special Issues, Moderator: S. Franek, B.A. Erickson Elliot, E. Beier, K. Miyata
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PS317-W3AB Creative Life Facilitation with Hypnotherapy, E. Rossi
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Media of Note
Two German-language books on Ericksonian approaches have appeared in the last two years. The first is the edited proceedings of the First German language Congress on Hypnosis and Hypnotherapy of Milton H. Erickson, which was held Oct. 17-20, 1984, in Munich. The book is entitled Hypnose und Hypnotherapie nach Milton H. Erickson and is edited by Burkhard Peter. It was published by Pfeiffer in March 1985. The book is available from M.E.G., Konradstr. 16, D-8000 München 40, West Germany.

The second book is Taolsmus und Hypnose: Der Weg Milton H. Erickson's by Werner Scholz. It deals with the parallels in Erickson's work with Taoism and discusses the relationship of Erickson's work to transpersonal psychology. It is published by AV Verlag, Rosengasse 11, 8900, Augsburg, West Germany.

An article on "Ericksonian Hypnosis and Art Therapy" by Mildred Lachman-Chapin (with a comment by Linda Ganti) appeared in the May 1985 issue of The American Journal of Art Therapy, Volume 23, pp. 115-125.

Steve de Shazer and Ron Knoll have edited a volume on Indirect Approaches in Therapy, published by Aspen Publications (Rockville, MD).

Steven Gilligan has a new book out from Brunner/Mazel. It is entitled Therapeutic Trances: The Cooperation Principle in Ericksonian Hypnotherapy. It contains a foreword by Jeff Zeig.

Ernie Rossi and Margaret Ryan have published another volume in the ongoing series of Erickson's seminars, workshops and lectures. This one is Mind-Body Communication in Hypnosis and is accompanied by a tape. It is published by Irvington in New York.

Bill O'Hanlon has published two books this year. The first is published by Norton (New York) and is entitled Roots: Underlying Principles of Milton Erickson's Therapy and Hypnosis ($19.95). The next is a co-authored book (with James Wilk) published by Guilford Press (New York) in March. It is entitled Shifting Contexts: Generating Effective Psychotherapy ($25.00).

A Portuguese dissertation entitled Manual de Psicoterapia Familiar" (Manual of Family Therapy) has been published by Jose Carlos Vitor Gomes, Av. Andrade Neves, 776 Conj. 2/4/5, Campinas 13020, Sao Paulo, Brazil. The volume contains information about Erickson's approach and a significant amount of material on the use of paradox.

A dissertation was published in Italian for the faculty of medicine of the University of Bologna School of Psychiatry. It is entitled "Nei Segni di Milton H. Erickson" (In the Footsteps of Milton H. Erickson). The study was authored by Vittorio Strappa, via Medaglie d'Oro 73, 63023 Fermo, Italy.

Stephen and Carol Lankton have co-authored a book through Brunner/Mazel entitled Enchantment and Intervention in Family Therapy: Training in Ericksonian Approaches.


Scholarship Winners Announced
The recipients of the $2,500 Evolution of Psychotherapy Conference scholarships were announced at the Third International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy, Dec. 3-7, 1986, in Phoenix, Arizona.

Stephen E. Dannenbaum and Zelda P. Slaughter were awarded their scholarships in December 1986. The grants were made possible through sales of commemorative items at the 1985 Evolution of Psychotherapy Conference held in Phoenix.

Mr. Dannenbaum is working toward his doctorate in clinical psychology at Arizona State University. Ms. Slaughter is pursuing her master's degree in counseling at East Tennessee State University in Bristol, Tenn.

The Erickson Foundation thanks the following people for serving on the scholarship selection committee: Sharon Cotter, M.S.W.; Melvin Hector, M.D.; Sherron Peters; John Racy, M.D.; F. Theodore Reid, M.D.; and Jeff Zeig, Ph.D.

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Videotapes Available from the Milton H. Erickson Foundation

I. Training Tapes:
- The Process of Hypnotic Induction: A Training Videotape Featuring Inductions Conducted by Milton H. Erickson in 1964. Jeffrey K. Zeig, Ph.D. discusses the process of hypnotic induction and describes the microdynamics of technique that Erickson used in his 1964 inductions. LENGTH: 2 hours $150.00 Beta or VHS 1/2" (1 tape); $200.00 U-Matic 3/4" (2 tapes)*
- 2 — Symbolic Hypnotherapy. Jeffrey K. Zeig, Ph.D. presents information on using symbols in psychotherapy and hypnosis. Segments of hypnotherapy conducted by Milton Erickson with the same subject on two consecutive days in 1978 are shown. Zeig discusses the microdynamics of Erickson's symbolic technique. LENGTH: 2 hours, 40 minutes $200.00 Beta or VHS 1/2" (1 tape)* $275.00 U-Matic 3/4" (2 tapes)*

II. Professionally Produced Video Demonstration from the 1981-1984 Erickson Conferences:

FROM 1981 SEMINAR:
- Naturalistic Approaches to Hypnosis: Utilizing Hypnosis in Pain Treatment in Psychotherapy, Joseph Barber, Ph.D.
- Induction with Children and Adolescents, Franz Baumann, M.D.
- The Parts Model: Demonstration of Work with Phobias and Anchors, Paul Carter, Ph.D.
- The Varieties of Ericksonian Hypnotic Suggestion, Stephen Lankton, M.S.W.
- Ericksonian Induction Strategies, Robert Pearson, M.D.
- Conversational Introduction to Trance, Kay Thompson, D.D.S.

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- A Conversational Induction and the Utilization of Spontaneous Trance, Kay Thompson, D.D.S.
- Accepting the Subject's Cognitions as A Basis for Therapy, Richard Van Dyck, M.D.
- The Effective Utilization of Multilevel Communication, Jeffrey Zeig, Ph.D.

FROM 1983 CONGRESS:
- Clinical Use of Trance Phenomena for Therapy and Pain Control, Stephen R. Lankton, M.S.W.
- Indirect Techniques of Hypnotherapy, Jeffrey K. Zeig, Ph.D.
- Utilizing Different Parts of a Person Simultaneously, Stephen Gilligan, Ph.D.
- Hypnotic Alteration of Pain Perception, Joseph Barber, Ph.D.
- A Fail Safe Double Bind Induction Procedure, Ernest Rossi, Ph.D.
- Conversational Induction with Utilization of Spontaneous Trance, Kay F. Thompson, D.D.S.

FROM 1984 SEMINAR:
- The First Therapeutic Treatment of Dr. B., Joseph Barber, Ph.D.
- Unity, Complementarity, and Multiversity: Principles for Generative Personality in Ericksonian Hypnotic Therapy, Stephen G. Gilligan, Ph.D.
- Use of Multiple Embedded Metaphor for Psychological Reassociation, Stephen R. Lankton, M.S.W. & Carol H. Lankton, M.A.
- Brother Sun and Sister Moon: Multiple Trances and Experiential Encounter Between Therapists, Ernest L. Rossi, Ph.D.
- Conversational Induction Techniques, Kay F. Thompson, D.D.S.
- Using Metaphor and the Internalization Technique, Jeffrey K. Zeig, Ph.D.

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DONATIONS

The Milton H. Erickson Foundation received a total of $1,795.65 in donations since the Fall 1986 Newsletter. Donations are used to support the activities of The Erickson Foundation. We wish to express our appreciation to the following people for their support:

Jack Kirschenbaum, Ph.D.
Roxanna Erickson Klein, R.N., M.S.
Grace W. Rogers, M.A. Cand.
LaTrobe University
Phyllis-Anne Burns, Ed.D.
Bob Stout, Ed.D.
Betty Alice Erickson Elliott, M.S.
Marriage Guidance Council of
West Australia

We would like to give a special thanks to Roxanna Erickson Klein, who made a large donation to the Foundation in November 1986. Ms. Klein is the daughter of Elizabeth M. Erickson and the late Milton H. Erickson and has been a long-time supporter of the Foundation.

Conferences

The Third Annual San Diego Conference on Hypnosis and Strategic Interventions will be held March 6-8, 1987, in San Diego. The conference will feature a keynote address by Paul Watzlawick, and presentations by Ernest Rossi, Jeffrey Zeig, Stephen Gilligan, Paul Carter, Michael Yapko and others.

For information, contact the Milton H. Erickson Institute of San Diego, 2525 Camino del Rio South, Suite 225, San Diego, CA 92108; (619) 295-1010.

International Congress on Family Therapy, "The Patterns which Connect," will be held in Prague, Czechoslovakia, May 11-15, 1987, and will feature Maurizio Andolfi, Edgar Auerwald, Mary Catherine Bateson, Donald Bloch, Luci Boscolo, Gianfranco Cecchin, Josef Dusse-Wow, Mony Elkaim, Kitty La Perriere, Salvador Minuchin, Virginia Satir, Mara Selvini-Palazzoli, Carolos Sznajd, Helm Stierlin, George Vassilious, Jung Willi, Lyman Wynn, and Jeffrey Zeig.

For additional information, please contact Czechoslovak Medical Society—ICFFT 1987, Vit unora 31, P.O. Box 88, 12026 Praha 2, Czechoslovakia, c/o Dr. P. Bos, Secretary General.

The 11th International Congress on Hypnosis and Psychosomatic Medicine will be held Aug. 13-19, 1988, in Leiden, The Netherlands. Information is available by contacting the Congress Secretariat, P.O. Box 16065, 2301 GB Leiden, The Netherlands.

Book Review

The Complex Secret of Brief Psychotherapy
by James Paul Gustafson
Published by Norton, 1986. $34.95

Reading this, I was reminded of the great search stories. Like a pilgrim of old, Gustafson visits holy shrines in search of enlightenment and salvation, in the form of a workable model of brief psychotherapy. Of course, which shrines are holy depends on who your religious teachers were. His analytic teachers require him to start with Freud and work outward. He does this extremely well.

There are four main themes in Gustafson’s work: psychoanalysis, character analysis, interpersonal analysis, and systemic analysis. To oversimplify, Freud, Reich, Sullivan and Selvini-Palazzoli refer to each of the themes, with a variety of other voices rounding it all out. To do brief therapy effectively, he has utilized each of these “levels” of understanding. This work introduces the reader to these levels.

I found his discussion of each level inviting and enlightening. The discussion of Sullivan was especially helpful; the chapter on Matutana was difficult and elusive, as I find him to be in other readings. However, the chapter on Bateson used a central question in my mind: In between the interpersonal and systemic methods, I expected the strategic views. These I did not find. The author warns at the outset that the book is necessarily incomplete. But Selvini-Palazzoli borrowed extensively from the two giants on Bateson’s shoulders, namely Haley and Weakland. Where is the pilgrimage to Washington, D.C., or Palo Alto? It is not there and the book suffers because of that lack. Also, all of his work seems compliance-based, and predicated on the analytic notion that insight brings about behavioral change. He insists on seeing systemic work through the filter of analytic work. No wonder he can’t get his students to use systemic thinking!

So those of us who think of psychotherapy as primarily solving problems through interaction will be immediately disappointed by this book, no matter how seductive its literary value (and it has much of that). Gustafson has failed to grasp the essential difference in view which underlies structural and systemic therapies. He always returns to his basic analytic premises. Therefore, the chapters on systemic thinking seem to hang in the air like an unfilled promise.

Is what he does “brief?” In many ways it is, but it is certainly a longer version of brief than I think about. At a mental health agency where I worked, we found the modal number of counseling visits was six; all of Gustafson’s cases run longer than that—many run much longer.

So the question is, “Brief compared to what?” Compared to what I do, his cases are moderately long. At the MRI Brief Therapy Project and at the Brief Therapy Center in Milwaukee, I understand the number of sessions is running close to six as well.

So, in my supervision and workshops on brief therapy, I will continue to recommend DeShazer’s Keys to Solution in Brief Therapy and Tactics of Change by Fisch, Weakland, and Segal. But for therapists who are trained analytically, and, as it says in the song “Hotel California,” find they can do it but never leave, I recommend this book.

—Reviewed by Lynn Johnson, Ph.D.
Salt Lake City, Utah

Hypnosis in Family Therapy

with CAMILLO LORiedo, M.D.

Director: Centro per la Psicoterapia della Coppia e della Famiglia
Vice President: Italian Society of Clinical Hypnosis
Researcher: Department of Psychiatry, University of Rome
Author: (with G. Vella) “Paradox in the Family System” to be published by Brunner/Mazel.


The Course is for professionals who want to expand their expertise in family therapy through the application of Erickson hypnotic techniques. Participants will be able to recognize, induce, and utilize trance phenomena in the practice of family therapy.

Prerequisite: One year of clinical work with families and commensurate professional training.

The program includes:

• training in recognizing naturally occurring hypnotic phenomena
• principles of hypnotic family therapy
• indirect induction techniques for families
• direct formal and informal hypnotic induction
  — with the identified patient
  — with other family members
  — with the entire family system.

Tuition:
$350 U.S. due upon acceptance to the Course.

Send your application request and include a Curriculum Vitae to:
HFT Course
Centro per la Psicoterapia della Coppia e della Famiglia,
Viale Regina Margherita,
37 - 00198 ROME, ITALY

PAID ADVERTISEMENT
Sessions with The Masters Series under way in March

The Milton H. Erickson Foundation is sponsoring a weekend workshop series, “Sessions with The Masters.” Carl Whitaker, M.D., will conduct the first workshop March 14 and 15, with Joseph Wolpe, M.D., leading the second seminar April 3-5. Programs will be held in Phoenix, Arizona.

**REGISTRATION FORM — Please register me for the following (please check):**

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<th>Carl A. Whitaker, M.D., MARCH 14-15</th>
<th>Joseph Wolpe, M.D., APRIL 3-5</th>
<th>Please register me for both Whitaker and Wolpe workshops.</th>
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<td>Professional: $150.00</td>
<td>“Staying Alive as a Therapist”</td>
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<td>Student: $100.00</td>
<td>“Essential Principles and Practices of Behavior Therapy”</td>
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Registration deadline: Feb. 20, 1987

STUDENTS ONLY: Enclosed is my certifying letter of full-time student status.

Eligibility: The programs are open to professionals in health related fields including physicians, doctoral level psychologists and dentists who are qualified for membership in, or are members of, their respective professional organizations (e.g., AMA, APA, ADA). The programs also are open to professionals with mental health related graduate degrees (e.g., MSW, MSN, MA or MS) from accredited institutions. Applications will be accepted from full-time graduate students in accredited programs in the above fields if they supply a letter from their department on letterhead stationary, certifying their student status as of January, 1987.

Student verification letters must state the level of degree you are working toward, the area of study and the projected graduation date.

Checks should be payable in U.S. CURRENCY, drawn on an AMERICAN BANK and made payable to: THE MILTON H. ERICKSON FOUNDATION.

We honor: VISA MasterCard Exp. Date

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Cancellation Policy: $25 (per workshop) cancellation fee will be charged for cancellations postmarked 21 days prior to the beginning of the workshop.

No refunds will be made after the 21-day deadline.


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**NEWSLETTER / DONATION FORM**

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