The Milton H. Erickson
Foundation, Inc.

NEWSLETTER

Volume 3, Number 2

EDITOR'S NOTES

I received a few heated comments on my review of the Lanktons' book. I would like to remind each one of you that I welcome your comments, suggestions and submissions. If you have another view that you think is valuable and relevant, please send it along. If it's pertinent and well written, I will include it in the newsletter.

Business Matters: Closing date for submissions to the next Newsletter (Fall, 1983) is August 19, 1983. All business and money matters, including subscriptions, should be addressed to the Foundation's offices in Phoenix.

BILL O'HANLON

EULOGY FOR DR. ISAAC GUBEL

The Directors of the Milton H. Erickson Foundation are grieved to report the death of Professor Dr. Isaac Gubel of Buenos Aires, Argentina, March 21, 1983. Dr. Gubel was to be one of the primary speakers at the upcoming Erickson Congress and had agreed to present two workshops, one on Folkloric Approaches in Psychotherapy from an Ericksonian Viewpoint and the other on Therapy with Psychosomatic Patients. Dr. Gubel's presence at the Erickson Congress will be sorely missed; he was the only representative of a South American country selected to present at the meeting.

Among his many professional accomplishments, Dr. Gubel was Associate Professor of Psychosomatics at the Argentine University, John F. Kennedy. Gubel was editor and founder of the journal, Revista Ibero Americana de Sistologa y Medicina Psicosomatica, the only hypnosis journal published at present in Spanish, and a journal which has appeared regularly since its founding in 1959. Gubel's journal was distributed in South America, Spain, Italy and Portugal to more than 2,500 people. The double issue of the Revista, published for August, 1981 and March, 1982, was a most impressive publication of 236 pages, commemorating the 22nd anniversary of its founding, and including a remarkable illustrated historical survey of the scientific literature of hypnosis since the work done by Franz Anton Mesmer. It included a photograph of Dr. Erickson and a translation of one of his papers.

Gubel authored more than 50 publications concerning hypnosis, anthropology, sexology and psychotherapy. During the past twenty-five years, he had been an invited lecturer on hypnosis, psychotherapy and psychosomatic medicine on many occasions throughout the Spanish and Portuguese speaking world.

Gubel's contributions were also known in the English speaking world. He was a consulting editor of the American Journal of Clinical Hypnosis. Moreover, he was one of the first foreign associates and an Honorary Fellow of the American Society of Clinical Hypnosis.

Gubel was one of the leading exponents of Ericksonian approaches outside the United States, and was tireless in his efforts to promote Erickson's work in Spanish speaking countries. Besides publishing numerous translations and articles by Dr. Erickson, in March 1980, as a homage to Dr. Erickson, Gubel published an entire issue of his journal consisting of papers written by Erickson, personally translating twelve of Erickson's articles into Spanish. He also wrote an editorial expressing his admiration of Dr. Erickson's accomplishments in the field of hypnosis. Before this issue of the Revista went to press, Dr. Erickson died and Dr. Gubel delayed publication briefly until he was able to include a beautifully worded memorial tribute.

Dr. Gubel's acquaintance with Dr. Erickson began through professional correspondence in August 1958, soon after the founding of the American Society of Clinical Hypnosis. It continued through their mutual interest in professional organizations, teaching, writing and editing, and in international interchange and cooperation. They first met in Mexico City in May 1960 at the 35th Anniversary Congress of the Pan American Medical Association, both being on the program for the Section on...

(Continued on Page Six)
Vancura Quadruplets

Mr. and Mrs. Michael Vancura of Prague, Czechoslovakia announce the birth of their quadruplets, three boys and one girl: Anne, Jacob, Vojtech and Luke. They were born on January 25, 1983. Mr. Vancura was a faculty member of the First International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy and was scheduled to have presented at the Second International Congress. Unfortunately, he will not be able to be with us this year. We send our best wishes to the Vancuras, their son Matej, and the new additions to their family.

ONGOING TRAINING

Two weekly training sessions will be given by Stephen Gilligan, Ph.D. this summer in Newton, Massachusetts. Each group will meet for six 3-hour morning sessions. A beginner-level group (limited to 15, cost $200) is scheduled for the Wednesday mornings of July 6, 13, 20, 27, August 3, 10, & 17. An intermediate/advanced level group (limited to 8, cost $250) will be held on the Friday mornings of July 8, 15, 22, 29, August 19 & 26. Contact Stephen Gilligan, Ph.D., 202 Winchester St., Newton Highlands, Massachusetts 02161, (617) 965-7399.

Also, Stephen Gilligan will be conducting a 9-day extended training in Ericksonian hypnotherapy this fall in Bridgeport, Connecticut. The dates are October 14-16, November 11-13 and January 6-8; attendance limited to 35. Contact Jack Bloom, Ph.D., at The Center of Connecticut, 23 Sherman St., Fairfield, Connecticut 06430, (203) 255-9600.

CONTACT/EXCHANGE

Jean Godin, organizer of the Institute Milton Erickson de Paris (62 Rue de Clichy, 75009, Paris, France) is in the process of translating Erickson's works (and Ericksonian works in general) into French. He is interested in finding contact with anyone else who is engaged in such an endeavor or who is interested in participating in his efforts. Dr. Godin, who holds both an M.D. and a Ph.D., wants to introduce Erickson's work to the mental health practitioners in France, where few people speak English. To this end he has formed the Paris Institut to promulgate knowledge of Erickson through the translation of material, the sponsoring of trainings, meetings, etc.

The International Academy of Health Care Professionals, Inc. (70 Glen Cove Rd., Suite 209, Roslyn Heights, NY 11577) is now accepting applications for Diplomate status. Applicants must demonstrate competence in the health care professions at an advanced level.

DONATIONS

Since the last issue of the Erickson Foundation's Newsletter, the Erickson Foundation has received $2,598.41 in donations. We wish to express our appreciation to the following people for their support:

Jared R. Goldman, M.A.
Jay C. Lesher
Arturo E. Morales, M.D.
Thomas Schroer, Ph.D.
Karen L. Dawkins
Richard E. McCollum, M.A.
Kristi L. Kenna, M.S.W.
Ruth Travegolt-Olson, M.A.
George C. Cairns, Jr.
Mike Green, M.S.W.
David Siddens, Ph.D.
Noelle M. Poncetelet, M.S.W.
Ruth L. Shayan, Ph.D.
Lusiaj Marx, MSN
John W. McGilvray, Jr.
Jane W. Hollister, M.A.
Larry Gindhart

We wish to thank Robert and Kathy Erickson who donated the Webster's Third New International Dictionary to the Foundation.

In April, 1983, the Erickson Foundation received a very large donation from Ms. Jane Furze of Phoenix, Arizona with the following letter attached:

Dear Jeff and Sherron,

In cleaning out the garage last week I found my old records from my visits with Dr. Erickson and it reminded me that I never did pay him the balance due. When I was seeing him my funds were tight so I couldn't afford to pay much. One time, when I expressed concern over the amount I owed him, he sent me a letter saying I should not worry. He was confident I would settle the bill at the proper time and in the proper manner.

This is hardly the proper time but it's the best I can do now. Since he is no longer here to receive the check, I feel the proper manner to pay is in the form of a donation to your Foundation to carry on his work.

Best of luck to both of you.

Jane Ms. Furze's name has been added to the special patron's plaque which is displayed at the Foundation. We are very honored to receive this donation.

Ms. Furze has been a supporter of the Erickson Foundation since it began in 1979. She contributed endless hours in getting the Foundation's mailing list computerized and each quarter updated the mailing list, running labels for our Newsletter. She acted as a consultant for us many times in the past, and no doubt will do so many times in the future. We would like to take this opportunity to thank Ms. Furze for being there when the Foundation needed her.

Sherron S. Peters

International Stamp Request

In 1979 the Erickson Foundation began accumulating stamps from our international correspondence. A collection of these stamps, including some uncanceled stamps, has been placed in an album which is on display at the Foundation office. So far we have stamps from 39 countries around the world.

We would greatly appreciate any contributions of uncanceled and commemorative stamps which could be added to our collection.

We are very proud of our collection and welcome interested visitors to the Foundation to view it.

Pat Mills

CAPSULE REVIEW

Onno van der Hart has written a book on Rituals in Psychotherapy, published by Irvington Publishers. The book deals with describing rituals in a very strategic "Ericksonian" manner. Using a background of anthropology and a family life cycle framework, van der Hart examines the types and uses for rituals in societies, families, and therapy. I found the chapters on the use of rituals in therapy (with case examples to illustrate) the most useful. I also appreciated his distinction between rites of separation, transition rituals and rites of incorporation as a guideline for when to and how to use rituals with clients. His discussion of the trance inducing aspects of rituals is relevant to readers of this newsletter.

Bill O'Hanlon
MEDIA OF INTEREST:
Now Available For Purchase
in PAL Videotape Format
"Symbolic Hypnotherapy - Videotape
of Milton H. Erickson, M.D."
Discusant: Jeffrey K. Zeig, Ph.D.
This Training Videotape for the
advanced mental-health practitioner of
hypnosis is now available for sale in both
the U.S. NTSC system and in the PAL
system.
The two part (2 hours, 36 minutes)
program consists of a 40 minute lecture
by Jeffrey K. Zeig, Ph.D. followed by two
complete inductions by Dr. Erickson
with the same subject.
Cost:
PAL Beta & PAL VHS ............. $225
NTSC Beta & VHS ................. $200
NTSC U-Matic ................. $275
For further information, contact The
Erickson Foundation.

Hemophilia in Context is a 47 minute
videotape of a single session in the
accomplishment of hemophilia which
incorporates the use of hypnotic
techniques to affect psychophysio-
logical processes and family systems
approaches to affect related family
interaction sequences. A two-person
"separate-track" trance is demonstrated,
which is designed to affect the
boundaries between a mother and her
son. The pre-inductive stage, the
induction, and the post-inductive stages
of the interview are described.
The session discussed is transcribed in Dr.
Ritterman's book: Hypnotic Family
Therapy, to be published by Jossey-
Bass December 1983.

Available in Beta or VHS - $70.00;
¾ U-Matic - $80.00
For further information, contact:
Michele Ritterman, Ph.D., 3908
Lakeshore Avenue, Oakland, CA 94610.

A review of the Teaching Seminar
book appeared in the [British] Journal of
Family Therapy, Vol. 5, No. 1, February
1983, p. 101. The review was written by
Phillipa Seligman, Family Therapist.
The Family Institute, Cardiff.

Training the Time Sense: Hypnotic
and Conditioning Approaches is a book
of reprinted and original material that
discusses techniques of time distortion,
time expansion, temporal acceleration
and temporal conditioning. Compiled by
Robert F. Morgan, Ph.D., it includes
articles from Milton and Elizabeth
Erickson, Linn Cooper, and Paul
Sacerdote, among others. The book is
available for $10 including postage
fees and shipping. The booklet
titled "Study Tactics, A Guide to the
Art of Studying," is directed to helping
students surmount college entry
problems. Included in the guide is a case
that Dr. Erickson discussed in his
writing stories.

REGISTRATION FORM—
Second International Congress on Ericksonian
Approaches to Hypnosis & Psychotherapy
Nov. 30, 1983 - Dec. 4, 1983 / Phoenix, Arizona

Register at your earliest convenience.
Interest in the meeting is high. Currently
over 1,600 have paid registration fees.
All checks should be in U.S. currency,
drawn on an American bank and made
payable to The Milton H. Erickson
Foundation. Registration fees do not
include the banquet, meals, lodging or
transportation fees. All registrants will
receive a Congress information packet
including a final Congress program;
workshop and hotel registration forms;
and banquet and travel information.
Cancellation Fee: $25.00 if received in
writing and postmarked by Nov. 9, 1983.
RETURN TO: Jeffrey K. Zeig, Ph.D.; The
Milton H. Erickson Foundation, Inc.;
3606 N. 24th Street; Phoenix, Arizona 85016;
U.S.A.; Telephone (602) 956-6196.

Please check one:
☐ Please find enclosed my registration fee $____.(Payable to: The Milton
H. Erickson Foundation, Inc.)
We honor ☐ MasterCard ☐ VISA
Account #
Expiration Date
☐ Please send final Congress program.
Name: ____________________________
Degree: ____________________________
Address: ____________________________
City/State/Prov.: ______________________
Country: ____________________________
Zip: ________________________________
Telephone: __________________________
Type of Practice: _____________________

VIDEO CASSETTES AVAILABLE FOR SALE
FROM
THE 1982 SEMINAR ON ERICKSONIAN
APPROACHES TO HYPNOSIS AND PSYCHOTHERAPY

ORDER FORM

AVAILABLE 1-HOUR DEMONSTRATIONS:
- Joe Barber, Ph.D. — UTILIZING HYPNOSIS IN PSYCHOTHERAPY
- Richard Fisch, M.D. — THE INITIAL INTERVIEW IN BRIEF PSYCHOTHERAPY
- Stephen Gilligan, Ph.D. — ACCESSING UNCONSCIOUS PROCESSES
- Stephen Lankton, A.C.S.W. and Carol Lankton, M.A. — A DUAL INDUCTION USING DISSOCIATION
- Robert E. Pearson, M.D. — ERICKSONIAN INDUCTION METHODS
- Bertha Rodger, M.D. — A CONVERSATIONAL INDUCTION WITH FIXATION ON IDEAS
- Sidney Rosen, M.D. — A QUICK UTILIZATION APPROACH TO HYPNOTIC INDUCTIONS
- Ernest Rossi, Ph.D. — A FAIL-SAFE DOUBLE BIND APPROACH TO HYPNOTIC INDUCTION
- Kay Thompson, D.D.S. — A CONVERSATIONAL INDUCTION AND THE UTILIZATION OF SPONTANEOUS TRANCE
- Jeffrey Van Dyck, M.D. — ACCEPTING THE SUBJECT'S COGNITIONS AS A BASIS FOR THERAPY
- Jeffrey K. Zeig, Ph.D. — THE EFFECTIVE UTILIZATION OF MULTILEVEL COMMUNICATION

AVAILABLE FORMATS:

Beta I, II, or III ½ inch VHS ½ inch U-Matic ¾ inch

Prices: Quantities 1 2 3 4 5 6 7 8 9 10 11 12

½" Beta or VHS $100 200 300 400 475 570 665 760 855 952 1018 1110
¾ "U-Matic $110 220 330 440 525 630 735 840 945 1025 1128 1230

I’ve enclosed a check or money order in the amount of $____ payable to the
Milton Erickson Foundation, Inc. Add $7.50 for handling.
We honor ☐ MasterCharge ☐ VISA
Account # ☐ Expiration Date

My Name ____________________________
My Address ____________________________
My City ____________________________ State Zip ____________________________

Ordering instructions: After circling tapes desired, checking the format required for playback
on your equipment, and completing the order form, please mail to the Milton H. Erickson
Foundation, Inc., 3606 North 24th Street, Phoenix, Arizona 85016. You may expect delivery within
three weeks.

Video cassettes in both PAL and SECAM systems are available upon request at extra charge.
Payment must be in U.S. dollars.
THE PRE-CONGRESS INSTITUTE
Sponsored by Arizona State Hospital
Friday, November 25, 1:00 PM — Tuesday, November 29, 12:30 PM

The purpose of the Institute is to offer a comprehensive structured training program in Ericksonian hypnosis and therapy that consists of basic and advanced sections. The Institute has been designed so that each segment builds a foundation for the segments that follow and is designed to be practical, concentrating on the supervision of the participants as they practice the skills being taught. The Institute will offer a more “hands-on” rather than a “didactic” approach. Participants can expect a great deal of practicum experience and intense interaction with the trainers due to the structure of the Institute and the relatively low student/teacher ratio.

The BASIC track requires little or no prior skills in, or knowledge about, Ericksonian approaches to trance induction, hypnotherapy, multi-level communication, strategic interventions and indirect suggestion. This track would be appropriate for the person who has some experience with hypnosis but lacks a comprehensive overview of the Ericksonian approach. After a preliminary demonstration and/or lecture, the group will divide into small practice groups.

The INTERMEDIATE/ADVANCED track assumes knowledge of and experience with the basic skills outlined above. Participants will be able to choose between two alternate practicums in each time slot.

Each track will be limited to 100 participants.

Instructors and practicum supervisors for the Institute are: Joseph Barber, Ph.D., Carol Lantkon, M.A., Stephen Lantkon, ACSW, Bill O’Hanlon, M.S. (Institute Organizer), Robert Pearson, M.D., Sidney Rosen, M.D., Ernest Rossi, Ph.D., Kay Thompson, D.D.S and Jeffrey Zeig, Ph.D.

ELIGIBILITY REQUIREMENTS: The Institute is open to professionals in health related fields including physicians, doctoral level psychologists and dentists who are qualified for membership in, or are members of, their respective professional organizations (e.g., AMA, APA, ADA). The Congress also will be open to professionals with mental health related graduate degrees (e.g., MSW, MSN, MA or MS) from accredited institutions. Applications will be accepted from full time graduate students in accredited programs in the above fields who supply a letter from their department certifying their student status.

REGISTRATION: Friday, November 25, 1983, 11:00 a.m.-1:00 p.m.; CONVOCATION and INTRODUCTIONS: 12:30 - 1:00

Institute Practicum Descriptions

FRIDAY
November 25, 1983

BASIC TRACK:
1:00-4:00  Friday p.m.
FORMAL INDUCTION TECHNIQUES
Kay Thompson, D.D.S.
Erickson often used formal induction and direct suggestion in his hypnotic work. This practicum will offer an opportunity to observe and practice formal induction and direct suggestion
2:30-4:00
SMALL GROUP PRACTICE SESSION WITH FACULTY

INTERMEDIATE/ADVANCED TRACK:
1:00-4:00  Friday p.m.
CONVERSATIONAL INDUCTION OF HYPNOSIS
Sidney Rosen, M.D.
Participants will have an opportunity to observe and then practice trance induction done informally in the context of a conversation.
LEVEL: Intermediate & Advanced
1:00-4:00  Friday p.m.
INDUCTION USING CONSCIOUS/UNCONSCIOUS DISSOCIATION
Carol Lantkon, M.A.
Using voice shifts, attribution and other techniques to create a specific split in psychological states to facilitate trance and trance-work.
LEVEL: Advanced

4:00-5:30  Friday p.m.
— DINNER BREAK —

5:30-8:30  Friday p.m.
NATURALISTIC INDUCTION TECHNIQUES
Robert Pearson, M.D.
The “Naturalistic” approach which was at the core of Erickson’s hypnosis and therapy will be defined and delineated. Supervised practice to aid in developing naturalistic induction skills will be offered.
7:00-8:30
SMALL GROUP PRACTICE SESSIONS WITH FACULTY

INTERMEDIATE/ADVANCED TRACK:
5:30-8:30  Friday p.m.
CONVERTING PERSONAL DEVELOPMENTAL GAPS INTO ASSETS AS AN ERICKSONIAN HYPNOTHERAPIST
Ernest Rossi, Ph.D.
Erickson was the archetypal “Wounded Physician” whose powerful skills seem to have arisen out of his infirmity. It was characteristic of his work to search for ways to turn liabilities into assets. How can you use your “liabilities” as resources in therapeutic work?
LEVEL: Intermediate & Advanced
5:30-8:30  Friday p.m.
SUGGESTIONS AND BINDS IN HYPNOSIS AND NONHYPNOTIC WORK
Steve Lantkon, ACSW
The varieties of suggestions and binds will be delineated and demonstrated. Practice exercises will be given so that participants can incorporate these skills.
LEVEL: Advanced

SATURDAY
November 26, 1983

BASIC TRACK:
9:30-12:30  Saturday a.m.
METAPHOR CONSTRUCTION & DELIVERY
Stephen Lantkon, ACSW & Carol Lantkon, M.A.
A model for generating and delivering stories in therapy will be taught. Participants will be given an opportunity to construct and deliver stories in a supervised practice setting.
11:00-12:30
SMALL GROUP PRACTICE SESSIONS WITH FACULTY

INTERMEDIATE/ADVANCED TRACK:
9:30-12:30  Saturday a.m.
MULTI-LEVEL COMMUNICATION IN THERAPY
Kay Thompson, D.D.S.
The use of puns, idioms, metaphors and other multi-level communications will be demonstrated and discussed. Participants will have an opportunity to develop multi-level communication skills in supervised practice exercises.
LEVEL: Intermediate & Advanced
9:30-12:30  Saturday a.m.
THE USE OF SYMBOLS IN THERAPY
Jeffrey K. Zeig, Ph.D.
How and why to use symbols in therapy. Practicum experience in response to case examples will be available.
LEVEL: Advanced

12:30-2:00  Saturday p.m.
— LUNCH BREAK —
BASIC TRACK:
2:00-5:00     Saturday p.m.
ERICKSONIAN HYPNOTHERAPY SIMPLIFIED
Sidney Rosen, M.D.
A simple, comprehensive overview of
Erickson's hypnototherapy will be offered,
along with an opportunity to practice basic
skills in this area.
3:30-5:00
SMALL GROUP PRACTICE SESSIONS
WITH FACULTY

INTERMEDIATE/ADVANCED TRACK:
2:00-5:00     Saturday p.m.
INTERMEDIATE/ADVANCED METAPHOR
Ernest Rossi, Ph.D.
Deals with the purpose of stories in therapy
and when and how to use them. Participants
will practice generating therapeutic
anecdotes.
LEVEL: Intermediate & Advanced
2:00-5:00     Saturday p.m.
INTEGRATING HYPNOSIS AND PSYCHOTHERAPY
Robert Pearson, M.D.
How and when to use hypnosis in therapy.
This seminar will be a dialogue between Dr.
Pearson and the participants.
LEVEL: Advanced

SUNDAY
November 27, 1983

BASIC TRACK:
9:30-12:30     Sunday a.m.
INDIRECT & UTILIZATION APPROACHES
Ernest Rossi, Ph.D.
What constitutes the indirect approach to
hypnosis? What is utilization? How are they
different from each other, from the
"naturalistic" approach and from direct
approaches? These questions will be
answered and participants will be offered an
opportunity to use these approaches.
11:00-12:30
SMALL GROUP PRACTICE SESSIONS
WITH FACULTY

INTERMEDIATE/ADVANCED TRACK:
9:30-12:30     Sunday a.m.
PARADOX: ITS FORMATION AND USE
Carol Lantlon, M.A.
What is paradox? What are the indications
and contraindications for its use in therapy?
Case staffing will be used as a forum for
illustrating both the decision-making
process of when to and when not to use
paradox, and how to use it when it is
indicated.
LEVEL: Intermediate & Advanced

9:30-12:30     Sunday a.m.
REFRAMING: TYPOLOGY AND PRACTICE
Bill O'Hanlon, M.S.
Reframing has a number of uses in
therapy, from negotiating the description of
the presenting complaint to utilizing
"resistance" in the service of change. The
varieties of its uses will be discussed and
classified. Participants will get practice at
developing reframing skills.
LEVEL: Advanced

12:30-2:00     Sunday p.m.
— LUNCH BREAK —

BASIC TRACK:
2:00-5:00     Sunday p.m.
RESISTANCE
Joseph Barber, Ph.D.
The Ericksonian approach views
resistance as just another behavior that can
be utilized to accomplish clinical goals.
Demonstration and practice will provide an
opportunity to develop skills in this area.
3:30-5:00
SMALL GROUP PRACTICE SESSIONS
WITH FACULTY

INTERMEDIATE/ADVANCED TRACK:
2:00-5:00     Sunday p.m.
RESISTANCE
Robert Pearson, M.D.
Demonstration and discussion of
Ericksonian-based methods of teaching
trance to those who have had difficulty
responding to previous inductions. Emphasis
is on pragmatic approaches rather than
insight.
LEVEL: Intermediate & Advanced
2:00-5:00     Sunday p.m.
PAIN CONTROL IN TRAUMATIC SITUATIONS
Kay Thompson, D.D.S.
Discussion and practice of hypnotic
methods and approaches for dealing with
pain in surgery, TMJ and other traumatic
situations.
LEVEL: Advanced

MONDAY
November 28, 1983

BASIC TRACK:
9:30-12:30     Monday a.m.
MULTI-LEVEL COMMUNICATION
Jeffrey K. Zelig, Ph.D.
It has been accepted for quite some time
that patients' symptoms and communications
are complex multi-level messages. One
of Erickson's contributions was to
therapeutically use multi-level communica-
tions in response to those of the patient. This
session will offer practice in using multi-level
communication to facilitate therapeutic
change.
11:00-12:30
SMALL GROUP PRACTICE SESSIONS
WITH FACULTY

INTERMEDIATE/ADVANCED TRACK:
9:30-12:30     Monday a.m.
CLASS PROBLEMS/CLASS OF SOLUTIONS
Bill O'Hanlon, M.S.
A model that integrates Erickson's use of
anecdotes, trance phenomena and task
assignments will be offered. Participants will
have the chance to practice using the model.
LEVEL: Intermediate & Advanced

12:30:2-0:00     Monday p.m.
— LUNCH BREAK —

BASIC TRACK:
2:00-5:00     Monday p.m.
AUTOHYPNOSIS
Kay Thompson, D.D.S.
Participants will be taught self-hypnosis
and given an opportunity to practice putting
themselves in trance. Uses of autohypnosis
will be discussed.
3:30-5:00
SMALL GROUP PRACTICE SESSIONS
WITH FACULTY

INTERMEDIATE/ADVANCED TRACK:
2:00-5:00     Monday p.m.
AUTOMATIC HANDWRITING
Sidney Rosen, M.D.
Discussion and practicum on the induction
of automatic handwriting and its uses in a
clinical setting.
LEVEL: Intermediate & Advanced
2:00-5:00     Monday p.m.
ISSUES IN HYPNOTIC PAIN MANAGEMENT
Joseph Barber, Ph.D.
Participants already familiar with basic
approaches to hypnotic pain management
will learn advanced issues and have the
opportunity to ask questions and/or staff
cases. Participants will be taught how to
approach a case, what information is
important to gather and how to decide which
approach to use with a particular patient.
LEVEL: Advanced

TUESDAY
November 29, 1983

BASIC TRACK:
9:30-12:30     Tuesday a.m.
ANnotated GUIDE TO THE ERICKSON MEDIA
Bill O'Hanlon, M.S.
This seminar will offer a comprehensive
guide to the existing literature and
audio/video materials pertaining to
Erickson's work.
Dr. Gubel (Continued from Page One)
Medical Hypnosis, the first time such a section had ever been included in this Association's meetings. They met again in Caracas, Venezuela in August 1960, where Dr. Erickson gave a series of lectures and demonstrations to the staffs of two hospitals and to a professional medical society.
These were their only personal contacts, but through the succeeding years they continued their close friendship, their exchanges of books and publications, and their active correspondence on mutual interests.
Dr. Gubel is survived by his son, Gustavo, and his wife, Isabel, who is a psychologist who practices hypnosis. It is with deep regret that we report the loss of one of the world's leading pioneers in the field of medical hypnosis.
Jeffrey K. Zeig, Ph.D.
Elizabeth M. Erickson

Review of “Remembering Erickson,” a Videotape Discussion between Jay Haley & John Weakland
As two of Erickson's premier students, Haley and Weakland have a wealth of knowledge, gathered over decades, to share on this incredible man. Their dialogue in “Remembering Erickson” is an important contribution to the growing body of knowledge about the late Milton H. Erickson, M.D. It is informative and inspirational, providing new insights into Erickson's professional contributions.
Haley and Weakland discuss their initial introduction to Erickson and place Erickson's work in historical perspective — Erickson's teachings were singularly unique in the 1950s. Although most psychotherapists rely on an historical lineage and build on the clinical and theoretical practices of previous masters, Erickson was an independent explorer who blazed his own trail.
Comments are included on Erickson's style and his disciplined approach to therapy. The discussants reflect on Erickson's remarkable memory, legendary perceptiveness, attention to detail, personal power and his meticulousness in training himself.
A number of Erickson cases are discussed; new perspectives are placed on old cases and a number of new cases, many of which I had never heard before, are presented. Special attention is placed on what Haley describes as “ordal therapy.” For example, Haley cites the case of a patient who had anxiety attacks and was instructed by Erickson to do deep knee bends as a way of breaking the anxiety cycle.
Haley and Weakland present wonderful insights into Erickson's work. This tape will be appreciated by those who are interested in learning more about Milton H. Erickson.
Fee: $50.00 for one-week rental.

Contact: Strategic Therapy Training Center, Dept. VT, 4602 North Park Avenue, Chevy Chase, Maryland 10815, (301) 652-3120.

Jeffrey K. Zeig, Ph.D.

---

**PRE-Congress Institute Registration Form**

**Registration Fee:** Checks should be payable in U.S. currency, drawn on an American bank and made payable to The Milton H. Erickson Foundation.

- **YES,** I am registered for the 2nd International Congress.
- **NO,** I have not registered for the 2nd International Congress.

Please find enclosed my registration fee to the Pre-Congress Institute $

- MasterCard □ VISA Account #

Expiration date:

Name:

Degree:

Telephone:

Address:

City/State/Prov.:

Zip:

Country:

Type of Practice:

Check One: □ BASIC □ INTERMEDIATE/ADVANCED

**Cancellation Fee:** $25 if received in writing and postmarked by November 9, 1983.

**DISCOUNT:** Deduct $50.00 from the below applicable Pre-Congress Institute registration fee if The Milton H. Erickson Foundation is in receipt of your paid registration to the Second International Congress.

**FEES:**

$275 — For registrations postmarked by August 31, 1983
$350 — For registrations postmarked between September 1 and November 9, 1983
$225 — For student registrations postmarked by August 31, 1983
$300 — For student registrations postmarked between September 1 and November 9, 1983

(A certifying letter from student's school or department indicating proof of full-time status as of Fall, 1983 is required.)
UPCOMING SEMINARS/WORKSHOPS

(NEW: The Erickson Foundation lists Seminars as a service to newsletter subscribers. We cannot attest to the quality of training provided in these workshops.)

<table>
<thead>
<tr>
<th>DATE</th>
<th>TITLE/LOCATION/LEADER</th>
<th>CONTACT</th>
</tr>
</thead>
<tbody>
<tr>
<td>6/23-26</td>
<td>Ericksonian Psychotherapy &amp; Family Therapy, Siena, Italy, Zeig</td>
<td>1</td>
</tr>
<tr>
<td>6/24-28</td>
<td>Ericksonian Hypnosis and Psychotherapy Intensive, Boulder, CO, Gilligan Carter</td>
<td>2</td>
</tr>
<tr>
<td>7/1-3</td>
<td>Ericksonian Hypnosis, Rome, Italy, Zeig</td>
<td>1</td>
</tr>
<tr>
<td>7/16-17</td>
<td>Ericksonian Hypnotherapy, Berkeley, CA, Lankton/Zeig</td>
<td>3</td>
</tr>
<tr>
<td>7/25</td>
<td>Paradox, Omaha, NE, O'Hanlon</td>
<td>4</td>
</tr>
<tr>
<td>7/30-31</td>
<td>Advanced Techniques of Ericksonian Hypnotherapy, Indianapolis, IN, Zeig</td>
<td>5</td>
</tr>
<tr>
<td>8/10-14</td>
<td>Advanced Ericksonian Hypnotherapy, Vancouver, BC, Gilligan/Carter</td>
<td>6</td>
</tr>
<tr>
<td>9/17-18</td>
<td>Ericksonian Hypnosis, Southfield, MI, Stern</td>
<td>7</td>
</tr>
<tr>
<td>9/20-25</td>
<td>Residential Supervision Workshop, Santa Cruz, CA, Gilligan/Carter</td>
<td>8</td>
</tr>
<tr>
<td>9/23,</td>
<td>Advanced Supervision, Boston, MA, S. Lankton</td>
<td>9</td>
</tr>
<tr>
<td>9/24-25</td>
<td>Principles &amp; Approach, Boston, MA, S. Lankton</td>
<td>10</td>
</tr>
<tr>
<td>9/26-30</td>
<td>Ericksonian Intensive, Pensacola Beach, FL, Lanktons</td>
<td>11</td>
</tr>
<tr>
<td>9/30-10/2</td>
<td>Ericksonian Hypnosis and Therapy, Minneapolis, MN, Gilligan/Carter</td>
<td>12</td>
</tr>
<tr>
<td>10/5-10</td>
<td>Residential Ericksonian Hypnosis and Therapy, South Haven, MI, Gilligan/Carter</td>
<td>13</td>
</tr>
<tr>
<td>10/6-9</td>
<td>Resource Metaphors, St. Catherine's, Ont., Lankons</td>
<td>14</td>
</tr>
<tr>
<td>10/14,</td>
<td>Advanced Supervision, Boston, MA, S. Lankton</td>
<td>15</td>
</tr>
<tr>
<td>10/15-16</td>
<td>Diagnosis &amp; Embedded Metaphor, Boston, MA, S. Lankton</td>
<td>16</td>
</tr>
<tr>
<td>10/28</td>
<td>Advanced Supervision, Miami, FL, S. Lankton</td>
<td>17</td>
</tr>
<tr>
<td>10/29-30</td>
<td>Ericksonian Induction &amp; Approach, Miami, FL, S. Lankton</td>
<td>18</td>
</tr>
<tr>
<td>10/29-30</td>
<td>Ericksonian Hypnosis, Southfield, MI, Stern</td>
<td>19</td>
</tr>
<tr>
<td>11/11-12</td>
<td>Advanced Supervision, Miami, FL, S. Lankton</td>
<td>20</td>
</tr>
<tr>
<td>11/19-20</td>
<td>Multiple Embedded Metaphor, Miami, FL, S. Lankton</td>
<td>21</td>
</tr>
<tr>
<td>11/19-20</td>
<td>Ericksonian Hypnosis, Southfield, MI, Stern</td>
<td>22</td>
</tr>
</tbody>
</table>

CONTACT ADDRESSES

1. Camillo Loriode, Centro di Studi di Richerche per la Psychotherapya, Viale Regina Margherita 37, 00198, Rome
2. Toc Carnes, Alive, Inc., 7650 Teller St., Arvada, CO 80003, (303) 422-3344
3. Jesse Miller, Ph.D., 918 Hilldale Ave., Berkeley, CA 94708
4. Therapeutic Learning Center, P.O. Box 164, Blair, NE 68008, (402) 426-9205
5. Larry Gindhart, Human Resource Seminars, 4836 Park Ave., Indianapolis, IN 46205, (317) 288-8731
6. Marilyn Atkinson, 201 Columbia St., Vancouver, BC, V5Y 3C9, (604) 872-1185
7. Charles R. Stern, Ph.D., 20016 Stratford, Detroit, Michigan 48221, (313) 862-3584 and 526-6000 ext. 36
8. META Institute, P.O. Box 2591, La Jolla, CA 92038, (619) 454-5638
9. Carol Lankton, P.O. Box 958, Gulf Breeze, FL 32561, (904) 932-6819
10. Bruce Fisher, (612) 373-8175
11. Family Learning Center, 1513 Miami St., South Bend, IN 46613, (219) 232-1405
12. Gerald Fulton, (416) 685-0271
13. Dr. Reid Wilson, 300 Mount Auburn, Cambridge, MA 02138, (617) 864-9310

BASIC, INTERMEDIATE & ADVANCED WORKSHOPS IN CLINICAL & SELF HYPNOSIS

As a result of several years planning and development of workshops for the professional. Associate Trainers in Clinical Hypnosis was formed in 1978 to meet the needs of the clinical practitioner. We have since trained thousands of professionals in the use of Clinical Hypnosis. Our faculty has been pleased to accept invitations from universities, local and regional agencies, hospitals and professional organizations including The American Orthopsychiatric Association, The American Psychological Association, The Family Service Association of America, The National Association of Social Workers, and The Society of Clinical Social Work Psychologists.

TUITION: Basic Workshop, $160.00; Intermediate and Advanced Workshops, $290.00 per day. Persons may enroll in the Basic, and/or Intermediate and/or Advanced workshops.

EARLY PAYMENT: Deduct 5% when full tuition is paid with application postmarked at least twenty-one days in advance of workshop.

STUDENTS: Deduct 20% when application is accompanied with verification of full time status in a college or university.

GROUP DISCOUNT: Deduct 10% when three or more register at the same time, 20% when five or more register the same time.

DEPOSIT: A $50.00 deposit will guarantee reservations.

TAX DEDUCTION: An income tax deduction is allowed for educational expenses (including tuition, travel, meals and lodging) undertaken to maintain and improve professional skills. (See Treasury Regulation 1.162-5.)

CANCELLATION POLICY: Deposits and fees are refundable in full less a $250.00 service fee when request for refund is made at least fourteen days in advance of workshop; thereafter balances will be applied to any other workshop within twelve months.

CERTIFICATE: Upon completion.

CONTINUING EDUCATION UNITS: Approved NY NASW et al.

SPECIAL PROGRAMS: We invite inquiries for basic/advanced workshops on a contractual basis to agencies, schools and hospitals. Weekly individual/group supervision and consultation available in Nassau Co., NY and New York City.

REGISTRATION: Application should include name, degree, address, home and office telephone, workshop location and date(s). Mail to: Anthony Gaites, ACSW, Director: ASSOCIATE TRAINEES IN CLINICAL HYPNOSIS: 25 Cedar St, Syosset, NY 11791; (516) 304-0180.

PAID ADVERTISEMENT
Please check:

________ Please find enclosed my donation of $ ___________________ to support the activities of The Milton H. Erickson Foundation. (The Foundation is a nonprofit corporation and donations are tax deductible within IRS guidelines.)

________ I have moved. Please correct my address on your mailing list as follows:

________ I am not currently on your mailing list. Please add my name so that I may receive the NEWSLETTER and other information about activities of The Milton H. Erickson Foundation.

NAME: ___________________________________________ DEGREE: ____________________________

ADDRESS: ______________________________________ PHONE: __________________________

CITY/STATE/PROV: ___________________________ ZIP: ___________________________

COUNTRY: ______________________________ TYPE OF PRACTICE: __________________________

Telephone: (602) 956-6196.