



The Milton H. Erickson Foundation, Inc. NEWSLETTER

The Milton H. Erickson Foundation, Inc.
3606 North 24th Street
Phoenix, Arizona 85016
U.S.A.
Telephone: (602) 956-6196

Bill O'Hanlon, Editor / P.O. Box 24471 / Omaha, Nebraska 68124

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Volume 6, Number 2

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Media of Note

A new Norton book contains a section devoted to Ericksonian Hypnotherapy with sections by Zeig, Lankton and other Ericksonian practitioners. It is entitled *Hypnosis: Questions and Answers* and is edited by Zilbergeld, Edelstien and Araoz. Its cost is \$34.95. Norton has also reissued Jay Haley's classic *Uncommon Therapy*. Now you won't need a magnifying glass to read it. It is in hardcover and available for \$19.95. Haley has written a new preface in which he discusses the changes in the field over the last decade and the emergence of Erickson as a cult figure since his death.

The fifth volume of the series *Innovations in Clinical Practice: A Source Book* contains a section on "Ericksonian Approaches to Strategic Therapy" by A.P. Musetto. It is available from Professional Resource Exchange, P.O. Box 15560, Sarasota, FL 34277-1560 for \$34.95 plus \$2.50 postage and handling (\$4.00 postage and handling for foreign orders). This price holds until June 15, 1986, after which time the price is \$39.95 plus postage and handling.

The *Journal of Abnormal Psychology* (Vol. 94, No. 3, August 1985) had an article dealing with research on Erickson's indirect suggestion approach involving voice and body location changes. The study was done by Jennifer A. Stone and Richard M. Lundy. Look on pages 256-263.

A review of Haley's conversations with Erickson books appeared in the *Journal of Marital and Family Therapy*, April 1986, pp 210-11. The review was by Howard (Bud) Protinsky. Another review of the conversations book appeared in the *Family Therapy Networker*, March-April 1986, pp. 69-72. The review, by Mike Nichols, also discussed Michele Rittnerman's *Using Hypnosis in Family Therapy* and the two-volume proceedings of the last Erickson

Congress, *Ericksonian Psychotherapy*, edited by Jeff Zeig.

Jacques Antoine Malarewicz and Jean Godin, the respective heads of the two Erickson Institutes in France, have collaborated on the first book on Erickson originally written in French. The book summarizes Erickson's approaches and includes sections on hypnosis and strategic therapy, as well as case examples from Erickson's and the authors' practice. The book is entitled *Milton H. Erickson, de la hypnose clinique a la psychotherapie strategique* and is published by Les Editions ESF, 17, rue Viete, 75017, Paris, France.

Brian Alman has a tape series published by International Health Publications, P.O. Box 17535, San Diego, CA 92117. Tapes include: "Individualizing Hypnotic Suggestions," "Hypnotic Strategies for Pain Control and Physical Discomfort," "Waking-State Hypnosis Strategies and Talking in Trance in Therapy," as well as several self-hypnosis tapes.

Jeff Feldman published an article entitled "The Work of Milton Erickson: A Multisystem Model of Eclectic Therapy," in *Psychotherapy*, Vol. 22 (2), Summer 1985, pp. 154-162.

The proceedings of The Evolution of Psychotherapy Conference (J. Zeig, Editor) are now at the typesetter and should be available in late 1986. Contact Brunner/Mazel, 19 Union Square, N.Y., N.Y. 10003 for information.

Hypnosis in Psychotherapy and Psychosomatic Medicine: Proceedings of the Second European Congress of Hypnosis held in Italy May 22-27, 1984 edited by Gualtiero Guantieri. Published by Il Segno, Strada del Recioto 30, 37024 Negrar (Verona), Italy. The volume is published in English.

Editor's Notes

Some news from me. My wife, Pat Hudson, Ph.D. delivered our new baby boy, Patrick Hudson O'Hanlon, on April 13, 1986. He weighed in at a whopping 10 lbs. 13½ ozs. Mother, baby and father are doing fine. He is even sleeping through the night as I write this. It has been more wonderful than everyone told me it would be. I am reminded of a line from a John Lennon song, "Life is what happens to you while you're busy making other plans."

At the same time, I am due to deliver my first book (called *Shifting Contexts: The Generation of Effective Psychotherapy*, currently scheduled for an August publication by Guilford Press). I am also in labor with my next book, to be published by Norton next February, entitled *Taproots: Underlying Principles of Milton Erickson's Therapy and Hypnosis*.

If the terrorists and the nuclear radiation don't get me, I will be visiting Europe several times this year and hope to meet those of you who are interested in Erickson's work.

—Bill O'Hanlon, Editor

The Evolution of Psychotherapy Conference Scholarship

The Milton H. Erickson Foundation is offering two \$2,500 Evolution of Psychotherapy Scholarships for the 1987 academic year to full-time graduate students in accredited mental health programs. These funds came from the sale of commemorative items at the 1985 Evolution Conference. Two more scholarships of equal amounts will be awarded next year.

The deadline for application return is September 26, 1986. For applications, contact The Milton H. Erickson Foundation.

SPECIAL DISCOUNT TO U.S. NEWSLETTER SUBSCRIBERS
Deduct 10% for registrations postmarked on or before August 31, 1986
USE THIS FORM ONLY!

Third International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy

PHOENIX, ARIZONA
WEDNESDAY, DECEMBER 3 — SUNDAY, DECEMBER 7, 1986

KEYNOTE ADDRESS: *Virginia Satir*

KEYNOTE SPEECH: *Heinz von Foerster*

KEYNOTE DEBATE: *Paul Watzlawick and Albert Ellis*

KEYNOTE PANEL:

Kristina Erickson, Lance Erickson

Stephen Lankton and Ernest Rossi

Featuring workshops, demonstrations, practice groups, panels, group inductions, conversation hours, invited addresses, papers and short courses. A few of the renowned faculty for the meeting will be: Daniel Araoz, Ed.D., Joseph Barber, Ph.D., Richard Fisch, M.D., David Gordon, M.A., Carol Lankton, M.A., Herbert Lustig, M.D., Bill O'Hanlon, M.S., Sidney Rosen, M.D., Kay Thompson, D.D.S., John Weakland, and Jeffrey Zeig, Ph.D. Many additional speakers and special events are planned.

LUNCHEON: Restaurants in downtown Phoenix are few and limited in capacity. Therefore, daily luncheons will be provided Wednesday through Saturday (four days) for \$50 including tax and tip. Luncheons are sold as a package; individual luncheons cannot be purchased. Luncheon reservations must be received by November 11, 1986. No refunds will be made after November 11, 1986. Luncheon tickets CANNOT be purchased on site.

BANQUET: The Congress banquet will be held Saturday evening, December 6, 1986, at 7:30 p.m. The charge for the banquet is \$30 per person, which includes dinner, tax, and gratuities. An evening of dancing is scheduled to follow the banquet. The main course will be a meat dish. If you require a special vegetarian meal, please indicate on the registration form. Banquet space is limited. All banquet reservations and cancellations must be received by November 11, 1986.

U.S. REGISTRATION FEES:

- \$250 U.S. (\$150 for graduate students*) for registrations postmarked on or before September 30, 1986.
- \$300 U.S. (\$200 for graduate students*) for registrations postmarked on or before November 11, 1986.
- \$350 U.S. for on-site registrations if space is available. (No student discount.)

CANADIAN & OTHER FOREIGN REGISTRATION FEES: (10% discount does not apply)

- \$150 U.S. (\$100 for graduate students*) for foreign registrations postmarked on or before September 30, 1986.
- \$250 U.S. (\$150 for graduate students*) for foreign registrations postmarked on or before November 11, 1986.
- \$350 U.S. for foreign on-site registrations if space is available. (No student discount.)

*Students must provide a certifying letter from their school or department on letterhead stationery indicating proof of full-time student status in an accredited program as of December, 1986.

SUBSCRIBER DISCOUNT REGISTRATION FORM — 1986 INTERNATIONAL ERICKSON CONGRESS

Enclosed is my registration fee of \$ _____

STUDENTS ONLY: Enclosed is my certifying letter of full-time student status.

Enclosed is my luncheon reservation fee (\$50*)

Vegetarian, please check here _____

Enclosed is my banquet reservation fee (\$30*)

Vegetarian, please check here _____

____ My registration is postmarked on or before August 31, 1986. I wish to take advantage of the 10% discount on newly subscribed registrations (U.S. registrations only).
 ____ Whoops, I missed the August 31 discount registration fee deadline. I am submitting the full amount as outlined in the above fee schedule.

*Discount not available for meal.

Checks should be payable in U.S. CURRENCY, drawn on an AMERICAN BANK and made payable to: THE MILTON H. ERICKSON FOUNDATION.

We honor: VISA MASTERCARD Account No.: _____ Exp. Date: _____

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Country: _____ Telephone: _____

Profession: _____

Degree: _____ Major: _____

University: _____

FINAL REGISTRATION DEADLINE IS NOVEMBER 11, 1986

Cancellation Fee: \$25.00 if received in writing and postmarked by November 11, 1986.

NOTE: Congress information packet, including hotel registration forms and travel information, will automatically be sent to those who remit registration fees.
RETURN TO: The Milton H. Erickson Foundation, 3606 N. 24th Street, Phoenix, AZ 85016 Telephone: (602) 956-6196.

Conference Announcements

The International Society for Investigative and Forensic Hypnosis will hold its annual East-West Training Conference in San Mateo, California, October 11-13, 1986 at the Dunfey Hotel. Dr. David Cheek is the keynote speaker. Conference fee is \$145 and non-members of the society are welcome to attend. Interested persons can obtain further details by writing ISIFH, P.O. Box 1208, Los Angeles, CA 90053. Contact person is Lt. Donald Beasley, LAPD, (213) 485-2511.

The Third International Conference on Multiple Personality/Dissociative States will be held in Chicago, September 19-21. The Keynote Speaker will be John Nermiah, M.D. Plenary speakers include Gordon Bower, Ph.D., Bennett G. Braun, M.D., Richard P. Kluff, M.D. and Onno van der Hart, Ph.D. On Thursday, September 18 four workshops will be offered. Introductory, Intermediate and Advanced MPD Workshops have been coordinated by Richard P. Kluff, M.D., and John Watkins, Ph.D. will offer a workshop on Ego State Therapy. For further information and registration materials, contact Victoria O'Sullivan, University Office of Continuing Education, Rush University, 600 South Paulina, Chicago, IL 60612, or call 312/942-7095.

Doing Therapy Briefly-The MRI Approach, will be presented during the New York City Brief Therapy Conference to be held September 12-14, 1986, at the Roosevelt Hotel. Theory, practice and applications will be described, demonstrated and discussed. Presenting at the Conference will be: Richard Fisch, Vincent Moley, Lynn Segal, Paul Watzlawick, and John Weakland.

MRI Summer Symposia will be held at the Stanford University Campus, Palo Alto, CA. Symposium #1 will be held August 4-15, 1986, and Symposium #2 will be held August 18-22, 1986. Student housing is available at Stanford University for all three weeks. For further information, contact: Phyllis Erwin, MRI, 555 Middlefield Rd., Palo Alto, CA 94301, (415) 321-3055.

A 3-day workshop entitled "The Difficult Patient: Strategic and Ericksonian Approaches" will be held September 18-20, 1986, in Park City, Utah. The meeting is sponsored by The Utah Society of Clinical Hypnosis. The faculty include Yvonne Dolan, M.A.; Steven Gilligan, Ph.D.; Stephen Lankton, M.S.W.; Bill O'Hanlon, M.S.; and Jeffrey Zeig, Ph.D. Registration Fees: \$180 on or before August 1; \$210 on or before September 8; \$240 after September 9. Contact: Ken Rodgers, Ph.D., 2469 East 7000 South, Salt Lake City, Utah 84121; Phone: (801) 943-3319 days, (801) 943-4660 evenings.

The Milton H. Erickson Institute of San Diego
announces

THE THIRD ANNUAL SAN DIEGO CONFERENCE ON HYPNOTIC AND STRATEGIC INTERVENTIONS

Three days of workshops, demonstrations, and special presentations by leading Ericksonian practitioners.

March 6-8, 1987

Pre-Conference Training in Clinical Hypnosis
February 28 - March 4, 1987

For information contact the Institute:
2525 Camino Del Rio South., Suite 225
San Diego, CA 92108
(619) 295-1010

PAID ADVERTISEMENT

A Five-Day Summer Residential Workshop With Stephen and Carol Lankton: "Ericksonian Approaches to Psychotherapy."

... In Beautiful Vancouver
During Expo 86 ...

With the increase of interest in the world of Milton H. Erickson during the last few years, a need has arisen to provide comprehensive, in depth and accurate training about his methodology and interventions with families and individuals. The workshop leaders have had extensive personal contact and training with Dr. Erickson and are included in the invited faculty of the International Congress of Ericksonian Approaches to Hypnosis and Therapy. The Lankton's designed this workshop to build upon and go beyond the structures of their books *The Answer Within: A Clinical Framework of Ericksonian Hypnotherapy and Enchantment and Intervention in the Family*. This training takes place on the wooded campus of the University of British Columbia, an area of spectacular scenery and magnificent beaches. Expo '86 is 20 minutes away. Housing on campus with excellent meals is included.

Workshop eligibility: Masters or Doctorate degree in the helping professions.

Continuing Education Credits applied for, for Psychologists, Medical Doctors and Dentists in the United States and Canada.



Carol Lankton, M.A.
Stephen Lankton, M.S.W.
Authors of *Practical Magic*,
The Answer Within, and
Editors of
Ericksonian Monographs

August 13-17, 1986
Vancouver, British Columbia

This tuition is based on double occupancy and includes room and board.

Other Tuitions Are Available:

Tuition Before June 30, \$545 U.S. (\$735 Cdn.)

After June 30, \$625 U.S. (\$840 Cdn.)

To Register: \$100 Deposit. (\$125 Cdn.)

For Information Contact:

MARILYN ATKINSON, M.A. & ASSOCIATES

(604) 872-1185 Or Mail To:

874 Sawcut, Vancouver, B.C. CANADA V5Z-4A3

For Americans remember your U.S. Travel Dollar
is worth \$1.35 when exchanged for Canadian funds.

PAID ADVERTISEMENT

Bronze Bust of Milton H. Erickson Donated to the Foundation

The Milton H. Erickson Foundation is the proud recipient of an outstanding bronze bust of Dr. Erickson donated by Mrs. Elizabeth M. Erickson.

This bust depicts Erickson in his later years. Limited edition copies can be purchased from the Milton H. Erickson Memorial Bronze Project, 3970 South 700 East, Suite 17, Salt Lake City, Utah 84107.

This is the second bronze bust of Dr. Erickson donated by Mrs. Erickson. Last year Mrs. Erickson donated a bronze of her late husband when he was in his middle years.

Special stands and cases are being made to house the two bronze busts. They will be on display at the offices of The Milton H. Erickson Foundation.

The Foundation is grateful for the continuing support of Mrs. Erickson.

In Appreciation

Kay Thompson, D.D.S. Conducts Benefit Workshop

On May 9-11, 1986, Dr. Kay Thompson conducted a benefit workshop in Phoenix, Arizona on behalf of The Milton H. Erickson Foundation. The Phoenix Society of Clinical Hypnosis cosponsored the event.

The workshop entitled "Communication to Enhance Hypnotic Utilization" was limited to 40 people. Dr. Thompson conducted several demonstrations and was enthusiastically received by attendees.

Dr. Thompson has been a key faculty member of The Erickson Foundation since its first meeting in 1980. She has donated a great deal of quality time and energy to help The Foundation become the institution it is today. The Board of Directors of The Milton H. Erickson Foundation is proud to have Dr. Thompson on our faculty and extend our gratitude to this talented and powerful educator.

UPCOMING TRAINING

(NOTE: The Erickson Foundation lists workshops as a service to newsletter subscribers. We cannot attest to the quality of training provided in these workshops.) A \$10.00 fee is required for each workshop submission.

DATE	TITLE/LOCATION/LEADER	CONTACT
7/7-18	Hypnotherapy Residential, Los Gatos, CA, Ross.....	1
7/12-15	Ericksonian Family Therapy, Albuquerque, NM, Lankton.....	22
7/18	Brief Family Therapy, Anchorage, AK, O'Hanlon.....	4
7/19-21	Cooperation Principal in Ericksonian Hypnotherapy, Philadelphia, PA, Gilligan....	18
7/24-27	Advanced Hypnosis and Supervision Residential, Los Gatos, CA, Ross.....	1
7/25-27	Ericksonian Hypnosis, Buenos Aires, Argentina, Zeig.....	26
8/1-4	Ericksonian Hypnosis, Lincolnwood, IL, Carter.....	23
8/2-3	Ericksonian Hypnosis, New York City, Enterline.....	5
8/4-15	Hypnotherapy Residential, Los Gatos, CA, Ross.....	1
8/9-10	Ericksonian Hypnosis, New York City, Enterline.....	5
8/13-17	Ericksonian Approaches to Therapy, Vancouver, BC, Lanktons.....	6
8/25-26	Ericksonian Hypnosis, Dublin, Ireland, O'Hanlon.....	7
8/29-31	Ericksonian Hypnotherapy, Palo Alto, CA, Zeig.....	27
9/1-2	Strategic Pattern Intervention: Integrating Individual and Family Therapy Approaches, Cardiff, Wales, O'Hanlon.....	8
9/5	Brief Therapy: Creating a Context for a Change, Birmingham, England, O'Hanlon.....	9
9/6-7	Ericksonian Hypnosis, New York City, Enterline.....	5
9/6	Handling Resistance in Hypnosis, York, England, O'Hanlon.....	10
9/6-7	Ericksonian Hypnosis, New York City, Enterline.....	5
9/12-13	The Wisdom of Milton H. Erickson, Denver, CO, Havens & Walters.....	24
9/12-14	Training in Uses of Ericksonian Metaphors, Houston, TX, Lankton.....	19
9/13-14	Intro. Principles & Techniques of Ericksonian Psychotherapy & Hypnosis, Ann Arbor, MI, Stern.....	20
9/16-17	Accessing Inherent Resources in Individuals & Families, Minneapolis, MN, Bowen & Zeig.....	25
9/18-20	Ericksonian Approaches to Difficult Patients, Park City, UT, Zeig, Lankton Gilligan, O'Hanlon.....	11
9/24-28	Hypnotherapy Residential, Los Gatos, CA, Ross.....	1
9/26-28	Advances in Ericksonian Approaches, Philadelphia, PA, Gilligan, O'Hanlon.....	12
10/3-4	The Wisdom of Milton H. Erickson, Dallas, TX, Havens & Walters.....	24
10/3-5	Treating Pain and Psychosomatic Disease with Hypnosis, Los Gatos, CA, Ross.....	1
10/3-5	Ericksonian Hypnosis, Denver, CO, Zeig.....	28
10/4-5	Ericksonian Hypnosis, Omaha, NE, O'Hanlon.....	3
10/18-23	Workshops on Ericksonian Therapy, Rome, Italy, Zeig.....	21
10/23-26	Advanced Hypnosis and Supervision Residential, Los Gatos, CA, Ross.....	1
10/25-26	Utilization of Ericksonian Principles & Techniques, Ann Arbor, MI, Stern.....	20
10/25-26	Advances in Ericksonian Therapy, Munich, West Germany, Zeig.....	2
10/26	Assessment as Intervention, Albany, NY, O'Hanlon.....	13
11/1-2	Ericksonian Approaches to Couple Therapy, Dallas/Ft. Worth, TX, O'Hanlon.....	14
11/7-8	The Wisdom of Milton H. Erickson, Atlanta, GA, Havens & Walters.....	24
11/7-8	Hypnosis for Pain Management, Omaha, NE, J. Barber.....	3
11/8-9	Advanced Ericksonian Methods, Ann Arbor, MI, Stern.....	20
11/14	Brief Therapy, Helsinki, Finland, O'Hanlon.....	15
11/15	Ericksonian Hypnosis, Helsinki, Finland, O'Hanlon.....	15
11/17-18	Ericksonian Psychotherapy, Helsinki, Finland, O'Hanlon.....	15
11/20-21	Ericksonian Brief Therapy, Stockholm Sweden, O'Hanlon.....	15
11/22-23	Ericksonian Therapy, Heidelberg, Germany, O'Hanlon,.....	16
12/3-7	THIRD INTERNATIONAL ERICKSON CONGRESS, PHOENIX, AZ.....	17

CONTACT INFORMATION

1. Medical Hypnosis Seminars, 19845 Skyline Blvd., Los Gatos, CA 95030, (408) 354-7738.
2. M.E.G. Tal 18, Munich, West Germany
3. Audrey Berlin, The Hudson Center, 12111 Pacific, Omaha, NE 68154, (402) 330-1144.
4. Suzanne Markle, 334 E. 2nd Ct., Anchorage, AK 99501, (907) 272-7985.
5. Esther Enterline, (212) 865-9648.
6. Marilyn Atkinson & Assoc., 874 Sawcut Alley, Vancouver, BC, Canada, V5Z 4A3, (604) 872-1185 or (604) 731-9969.
7. Marriage and Family Institute, 5 Clare St., Dublin 2, Ireland.
8. Family Therapy Institute, 105 Cathedral Rd., Cardiff, Wales, CF1 9PH, U.K.
9. Association for Family Therapy, c/o Dr. Mary Lowe, Child Guidance Ctre., Littleton St. W., Walsall, WS2 8EN, U.K.
10. Alan Kendall, British Society of Medical and Dental Hypnosis, Suite 7, Thomas Duggan House, Well Croft, Shipley, West Yorkshire, BD18 3QH, England.
11. Ken Rodgers, Ph.D., 2469 E. 7000 S., Salt Lake City, UT 84121, (801) 943-3319.
12. Therapeutic Learning Center, P.O.Box 24471, Omaha, NE 68124, (402) 391-4223, (402) 330-1144.
13. Focus, 346 Quail St., Albany, NY 12208, (518) 482-8331.
14. Beryl Bock, 927 8th Ave., Ft. Worth, TX 76104, (817) 335-4763.
15. Ben Furman, M.D., Maskuntie 7 A1, 00280 Helsinki 28, Finland.
16. M.E.G., c/o Bernhard Trenkle, Peter-Wenzel-Weg 38, Heidelberg 1 6900, West Germany.
17. Milton H. Erickson Foundation, 3606 N. 24th St., Phoenix, AZ 85016, (602) 956-6196.
18. Dr. Husted, P.O. Box 102, Phoenixville, PA 19460, (215) 935-2962.
19. Bill Wade, 9207 Country Creek Drive, Suite 170, Houston, TX 77036, (713) 774-2377.
20. Milton H. Erickson Institute of Michigan, P.O. Box 815, Royal Oaks, MI 48068, (313) 864-1035.
21. Camillo Loredio, Centro Di Studi de Ricerche per la Psicoterapia, Viale Regina Margherita 37, Rome 00198 Italy.
22. Stephen Wolinsky, Ph.D., Individual and Family Counseling, 122 Dartmouth, SE, Albuquerque, NM 87106, (505) 265-0607.
23. Michael Banks, Ph.D., Boundaries Unlimited, P.O. Box 904, Evanston, IL 60204, (312) 262-2794.
24. Professional Training Resources, 1500 South 7th St., Springfield, IL 62703, (217) 523-6439.
25. Minnesota Institute of Family Dynamics, 6950 France Ave., South, Minneapolis, MN 55435, (612) 927-5499.
26. Nidia Madanes, Pedro Goyena 1816, Martinez 1640, Buenos Aires, Argentina.
27. George Ingram, Continuing Education Specialist, University of California Extension, Santa Cruz, CA 95064.
28. Yvonne Dolan, 1360 Race Street, Denver, CO 80206, (303) 355-0572.

*"I have no definite theory of psychotherapy, which some people say is very wrong."
—Milton Erickson, 1979*

Hear the Contemporary Greats in Psychotherapy... Uncut and Unedited From: The Evolution of Psychotherapy: A Conference Phoenix Arizona, December 11-15, 1985

On Audiocassette Tapes

InfoMedix was honored to provide our professional recording service at the Evolution of Psychotherapy: A Conference sponsored by the Milton H. Erickson Foundation, Inc.

PROGRAM NO. L330

	INVITED ADDRESSES		
L330-1 \$9.50	The Need for Technical Eclecticism, Science, Breadth, Depth, and Specificity, Arnold Lazarus, (Cloe Madanes, Disc.)	L330-17 \$9.50	Therapy: A New Phenomena, Jay Haley, (S. Minuchin, Disc.)
L330-2AB \$19.00 (2 tapes)	Psychodrama, Role Theory and the Concept of the Social Atom, Zerka Moreno, (Carl Whitaker, Disc.)	L330-18 \$9.50	Strategic Family Therapy, Cloe Madanes, (P. Watzlawick, Disc.)
L330-3 \$9.50	Mind/Body Connections and the New Languages of Human Facilitation, Ernest Rossi, (Lewis Wolberg, Disc.)	L330-19 \$9.50	The Nautre of the Psychotherapeutic Process, Judd Marmor, (A. Beck, Disc.)
L330-4 \$9.50	Therapeutic Patterns in Ericksonian Psychotherapy, Jeffrey Zeig, (Murray Bowen, Disc.)	L330-20 \$9.50	The Evolution of Psychotherapy: Future Trends, Lewis Wolberg, (A. Lazarus, Disc.)
L330-5 \$9.50	Psychotherapy-Past, Present & Future, Murray Bowen, (James Masterson, Disc.)	L330-21 \$9.50	Gestalt Therapy: Evolution & Application, Miriam Polster, (R. Goulding, Disc.)
L330-6 \$9.50	My Many Voices: Personal Perspectives on Family Therapy, Salvador Minuchin, (Zerka Moreno, Disc.)	L330-22 \$9.50	Escape from the Present: Transition & Storyline, Erving Polster, (C. Rogers, Disc.)
L330-7 \$9.50	If You Desire To See, Learn How To Act, Paul Watzlawick, (Ernest Rossi, Disc.)	L330-23 \$9.50	Rogers, Kohut & Erickson: A Personal Perspective on Some Similarities and Differences, Carl Rogers, Ruth Sanford, (M. Polster, Disc.)
L330-8 \$9.50	Using Social Phenomenology & Existential Philosophy in Psychotherapy Ronald Laing, (Thomas Szasz, Disc.)	L330-24 \$9.50	Existential Therapy and the Future, Rollo May, (Bruno Bettelheim, Disc.)
L330-9 \$9.50	Transactional Analysis & Redecision: A Short-Term, Focused Approach to Change, Mary Goulding (Jeffrey Zeig, Disc.)	L330-25 \$9.50	The Evolution of Rational-Emotive Therapy & Cognitive Behavior Therapy, Albert Ellis, (M. Goulding, Disc.)
L330-10 \$9.50	Group Therapy: Mainline or Sideline? Robert Goulding, (Virginia Satir, Disc.)	L330-26 \$9.50	A Dialogue on Cognitive Therapy with Beck and Hausner, Aaron Beck, Stowe Hausner
L330-11 \$9.50	Going Behind the Obvious-The Psychotherapeutic Journey, Virginia Satir, (E. Polster, Disc.)		
L330-12 \$9.50	The Family as Deduced from Twenty Years of Families Only, Carl Whitaker, (A. Ellis, Disc.)		
L330-13 \$9.50	The Therapeutic Milieu: Therapy in a Residential Setting, Bruno Bettelheim, (R. Laing, Disc.)		
L330-14 \$9.50	The Evolution of the Developmental Object Relations Approach to Psychotherapy, James Masterson, (J. Haley, Disc.)		
L330-15 \$9.50	The Promotion of Scientific Psychotherapy: A Long Voyage, Joseph Wolpe, (J. Marmor, Disc.)		
L330-16 \$9.50	Justifying Coercion Through Theology & Therapy, Thomas Szasz, (J. Bugental, Disc.)		
		L330-W1AB \$19.00 (2 tapes)	WORKSHOPS Theoretical and Practical Aspects of Psychotherapy, Ronald Laing
		L330-W2AB \$19.00 (2 tapes)	Supervision in Group Psychotherapy, Robert Goulding
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		L330-W5AB \$19.00 (2 tapes)	The Client-Centered Approach, Carl Rogers, Ruth Sanford
		L330-W7AB \$19.00 (2 tapes)	Multimodal Therapy: Is It the Best of All Worlds? Arnold Lazarus

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\$19.00 Aaron Beck, Stowe Hausner,
(2 tapes) Christine Padesky

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\$19.00 **Problems,** Joseph Wolpe
(2 tapes)

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\$19.00 James Bugental
(2 tapes)

L330-W12AB The Myth of Psychotherapy,
\$19.00 Thomas Szasz
(2 tapes)

L330-W15AB Support & Integration in Gestalt Therapy,
\$19.00 Miriam Polster
(2 tapes)

L330-W16AB Transactional Analysis & Redecision,
\$19.00 Mary Goulding
(2 tapes)

L330-W19AB Family Systems Therapy,
\$19.00 Murray Bowen
(2 tapes)

L330-W20AB Hypnotherapeutic Approaches for the
\$19.00 **Non-Hypnotherapist,** Ernest Rossi
(2 tapes)

L330-W21AB The Practice of Rational-Emotive
\$19.00 **Therapy,** Albert Ellis
(2 tapes)

L330-W22AB New Roads in Transactional Analysis,
\$19.00 Mary Goulding
(2 tapes)

L330-W24AB Cognitive Therapy of Depression,
\$19.00 Aaron Beck, Stowe Hausner
(2 tapes)

L330-W25AB Moments of Joy, Humor or Tenderness
\$19.00 **in Psychodrama,** Zerka Moreno,
(2 tapes) Adam Blatner, Elaine Goldman

L330-W26AB Ericksonian Hypnotherapy,
\$19.00 Jeffrey K. Zeig
(2 tapes)

L330-W27AB Gestalt Therapy-The Interplay of Tech-
\$19.00 **niques and Engagement,** Erving Polster
(2 tapes)

L330-W28AB On Eclecticism,
\$19.00 Murray Bowen
(2 tapes)

L330-W29AB A Demonstration of the Therapeutic Use
\$19.00 **of Deep Trance Phenomena (circa 1985),**
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The Milton H. Erickson Foundation has received a total of \$3,370.00 in donations since the Winter, 1986 Newsletter. Donations are used to support the activities of the Erickson Foundation. We wish to express our appreciation to the following people for their support:

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A special Thank You to Shirley Bliss who made a large donation to the Foundation in December, 1985. Ms. Bliss, who is with the U.S. Foreign Service, has been a patron and supporter of the Erickson Foundation since 1982. Because of her continued support, an individual plaque is being made to honor her. It will be on display at the Erickson Foundation.

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ERICKSONIAN HYPNOTHERAPY: BUENOS AIRES INSTITUTE, Beruti 3648 Buenos Aires, Republic of Argentina, Phone: 72-2137 or 825-6807. Edgar A. Etkin and Silvia Fabian de Etkin.

MILTON H. ERICKSON INSTITUTE OF COLOGNE IN WEST GERMANY, D-500 Koln 41 den, Nassestrasse 32, West Germany, Phone: (02.21) 46 56 00. Heinrich Breuer, Dipl. Psych.

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- W1 Theoretical and Practical Aspects of Psychotherapy, Ronald Laing
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- W21 The Practice of Rational-Emotive Therapy, Albert Ellis (includes a live demonstration)

NOTE: Videotapes of some invited addresses, cases discussions and supervision panels from The Evolution Conference can be made available. Contact The Foundation for information.

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Bowen and Zeig met for the first time last December, at the Evolution of Psychotherapy Conference in Phoenix -- and they got along quite well. Now, despite the differences in their orientations, they've agreed to do a two-day conference together in September.

They differ in their professional viewpoints, regarding the importance of theory and about the value of learning techniques. But they share a common fascination with "observing what's there to be seen," as well as a knack for helping people access resources inherent in themselves and/or the systems in which they live.

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**Meeting of Erickson Training Institutes
at the Evolution of Psychotherapy
Conference, 1985**

At the Evolution of Psychotherapy Conference held in Phoenix in December 1985, a group met consisting of representatives from various institutes doing training in Ericksonian Hypnosis. This informal meeting was organized by the Milton Erickson Institute of New Mexico and attended by representatives from Erickson Institutes in San Diego, Heidelberg (Germany), San Francisco, New York, Vancouver (British Columbia), Chicago, Miami, Virginia, and Arizona. Although the above list is but a small part of the total number of institutes devoted to Ericksonian training, it represented a group of interested and active trainers in this field.

The meeting did not come to any specific recommendations or conclusions regarding the current status of Ericksonian training or any program of activities. Rather it was a forum for sharing. And, we learned that we have a lot more to share with each other in the future.

The excellent programs developed by the Foundation, both in training and in scientific papers, were commended as were the excellent individual programs of various trainers working throughout the country and world. Each of the group shared some of their favorite training concepts. The group decided to communicate as more of a loosely associated federation of trainers than any specific kind of organization.

A list of all the Erickson Institutes is available through the Erickson Foundation in Phoenix. A list of the institutes who attended the meeting in Phoenix is available through the Erickson Institute of New Mexico, 815 Gold Avenue SW, Albuquerque, NM 87102. We hope to meet again at the next Erickson Congress in Phoenix, December 1986.

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Book Review

Ritterman, Michele: **Using Hypnosis in Family Therapy**, San Francisco, CA: Jossey-Bass, 1983, 351 pages, \$19.95, hardcover.

The life of a family is one of reciprocal influence among the members; as I influence my family, so they influence me. Are some of the patterns of influence like hypnotic patterns? Ritterman makes a strong case for naturally occurring hypnotic trances triggering symptomatic behavior in an identified patient. This process is analogous to post-hypnotic suggestion, and Ritterman teaches us to be exquisitely sensitive to the *family induction process* by which trances are produced in the IP by the family. She suggests that the tools of the Ericksonian hypnotist, such a presuppositions, indirect suggestion, and confusion, are spontaneously present in the family.

Using the model of Ericksonian hypnosis, Ritterman identifies the family induction process and uses formal and informal trance with the IP to form a counterinductive force—a pattern of responding with more resources to the family. Her therapy transcripts, in which she illustrates her points, contain a deft therapeutic touch. The later chapters of the book, composed of transcripts, are delightfully replete with beautiful interventions. Her use of the self-voice technique, for example, recalls Erickson, but with her own subtle modification.

This is a strength of this book: It attempts to stand on its own feet. There are now many books of Erickson and his stories which are entrancing and useful for meeting the master. Ritterman strives to stand on Erickson's shoulders and not on his coattails. I applaud this.

I understood Ritterman trained with Erickson, Minuchin, and Haley, and it was with great expectation that I approached this volume. At the end I felt I had been dancing with a ballerina who began the dance by stamping on my toes, but ended with grace. The later chapters are poetry, but the early chapters are turgid and difficult to read. She uses many abstract concepts and a great deal of jargon. She invents her own terms, which she requires the reader to learn

before entering her world. However, I am not convinced that her new terms are useful or helpful.

Ritterman also uses some terms without explaining her reasons, e.g., "dialectic." I read the definition of "dialectical intervention" in the glossary but I still didn't understand it.

In fact, a primary weakness of the book is the fact that a glossary is needed in a volume aimed at a professional audience. I think it a mistake to introduce additional terms into the psychobabble which already plagues our field.

After reading the book, I began to wonder if the book was written from two separate ego states. Ritterman No. 1, the philosopher, can be criticized for reifying hypnosis, for not operationalizing definitions, and for falling into the nominalistic fallacy. Ritterman No. 2 is a clear, understanding, and powerful clinician. I recommend the book because of No. 2 and the later chapters. Think of the early chapters as sort of a hazing you have to go through to be in the club.

—Reviewed by Lynn Johnson, Ph.D., Salt Lake City, Utah

On-Going Training

A year-long Training and Supervision Seminar in Ericksonian Treatment is being sponsored by The Milton H. Erickson Institute of Michigan. The seminar begins on September 31, 1986 and will meet monthly. For further information contact the Erickson Institute of Michigan, P.O. Box 815, Royal Oak, MI 48068-0815, Phone: (313) 864-1035.

The London Society for Ericksonian Psychotherapy and Hypnosis announces their 1986/1987 training programs. Upcoming presenters are Ernest Rossi (Sept. 12-14, 1986, "Ericksonian Approaches;" "The Psychobiology of Hypnosis;" and "Dream-Work and Hypnosis: Practical Applications"); David Grove (November 15-16, 1986, "Imagery: A Language to Facilitate Therapeutic Healing"); and Gunther Schmidt (Feb. 27-28, 1987, "Integrating Ericksonian and Systemic (Milan) Family Therapy").

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