



The Milton H. Erickson Foundation, Inc. NEWSLETTER

The Milton H. Erickson Foundation, Inc.
3606 North 24th Street
Phoenix, Arizona 85016
U.S.A.
Telephone: (602) 956-6196

VOLUME 2, NUMBER 1

SPRING 1982

EDITOR'S NOTES

—Bill O'Hanlon

One of the concerns I've heard voiced lately has been about the quality of training being offered in Ericksonian approaches. Some would like the newsletter to screen announcements for workshops included in these pages. On the other side are those who fear that the Ericksonian movement will become saddled with the exclusionary elitism that has stifled other exciting movements. We have chosen to walk a line in between these positions. We will not advertise anything we know to be illegal and/or unethical, but we don't have the resources, the consensual criteria or the inclination to investigate every item submitted. Just because a workshop, training program or book is listed in the newsletter does not guarantee quality. Having a certain academic degree does not automatically make one ethical or competent. And certainly, having studied with Dr. Erickson is, in itself, no guarantee of quality. So, be intelligent consumers.

Donations totalling \$6,040.00 were received since our Winter, 1981/1982 newsletter. We wish to thank the following people for their contributions:

**J. Lynne Boylans - Ellen Bass Walker - Joan May - Donald Melcer - Stephen O. Rushing - Brent B. Geary
Edward D. Goodman - Dallas Society of Clinical Hypnosis - John DiePold - Guillermo A.A. Bernal - Charles P. Czarlinsky
Kathleen Zeno - Glenn G. Hakanson - P. Dennis Mattson - Meral G. Crane - Roberto Kertesz - Dorothy Shulruff
Gillian E.M. Walker - Robert W. March - Ronnie Hirsch - John B. Lazar - Norma Barretta - Richard G. Kasper
Manzer John Griswold - Robert B. Perry - Ray Douzich - Scott R. Matthews - Verene C. Monaco - Lunsford P. Yandell
Ruth B. Mohr - Charles Tebbetts - Mollie Richard - Robert R. Conniff**

The Foundation has also received a number of donations from interested professionals in other countries. Those came from:

Bernhard Trenkle, West Germany - Noboru Takaishi, Japan - Paul Ropke, Denmark - Shirley Bliss, West Germany

Closing date for submission to the next issue (Summer 1982) is June 1, 1982. Materials for submission should be sent to me at Box 164, Blair, NE 68008. All business matters (subscriptions, address corrections, donations, etc.) should be addressed to the Foundation's office in Phoenix.

— WE HAVE MOVED —

We are proud to announce the opening of the Milton H. Erickson Foundation's new offices, located at **3606 N. 24th Street, Phoenix, Arizona 85016**. Our new phone number is **(602) 956-6196**.

The Foundation is centrally located and easily accessible from the airport by taxi or bus. There are good hotel accommodations and restaurants within walking distance of the Foundation. Our offices are easily accessible to people with handicaps.

The new office contains five small rooms plus a reception/secretarial area. Two of the offices are being used for administrative purposes. One room will house our audio/videotape library, and will be used as a viewing room for professionals who wish to study independently at the Foundation. Remodeling is currently being done to provide us with a therapy suite and observation room for live supervision.

Our new location allows the development of many high quality educational programs on Ericksonian Psychotherapy and Hypnosis. Projects which were previously impossible because of space limitations, can now be developed.

We are extremely grateful to Shirley Bliss of the United States Foreign Service in West Germany for her generous cash donation. Her donation was a tremendous aid to us in getting the new offices established quickly, and was used to purchase furniture, desks, file cabinets, and to pay for remodeling costs.

However, we still have a number of capital expenditures before the Foundation will be fully operational. More than ever before your donations and support are needed. The equipment needed and approximate cost is listed below. Any contribution, large or small, will be very much appreciated and will put us one step closer to our goal. For any donation of \$1,000 or more, the donor's name will be placed on a plaque displayed at the Foundation.

IBM Correcting Selectric Typewriter	\$1,035.00	Victor 100 Adding Machine	\$140.00
Sanyo Model TCR 2500 Cassette Tape recorder	269.00	Audio Recorder/Amplifier	350.00
Sanyo Transcriber	379.00	Monitor	400.00
Computer/Word Processor	15,000.00	VHS Videotape Machine	1,400.00
Copying Maching	1,200.00	Desk, Chair, Bookcase & Lamp (for Therapy Suite) ..	500.00

We wish to remind our readers that the Erickson Foundation has organized a central repository of historical material on Dr. Erickson which is available for independent study to interested and qualified professionals. We would appreciate donations of audio or videotapes, letters, pictures, or autographs from Dr. Erickson that could be placed in the Erickson archives to be shared with other interested professionals. The Erickson Foundation will pay for any reproduction costs.

Sherron S. Peters

MEDIA OF INTEREST

Steve and Carol Lankton have signed a contract with Brunner/Mazel for their new book, **Utilization and Indirect Suggestion: A Model of the Ericksonian Approach to Psychotherapy**.

Dr. Erickson's first book, **Practical Applications of Medical and Dental Hypnosis** (co-authored with S. Hershman and I.I. Selter) has been reissued in a paperback edition for \$13.95 and is available by mail through Brunner/Mazel.

The February, 1982 issue of *Psychology Today* featured an excerpt from **My Voice Will Go With You: The Teaching Tales of Milton H. Erickson** to be published by W.W. Norton in April. The book was compiled by Sid Rosen, M.D. and includes stories and anecdotes that Dr. Erickson used in teaching therapists and clients. Lynn Hoffman of the Ackerman Institute contributed a foreword and the book has received advanced praise from Jay Haley, Ernest Rossi and Elie Wiesel. It will be offered as an alternate selection (June) by the Behavioral Science Book Service and the Social Science Book Club has chosen it as a Main Selection for May. Profits from the sale of the book will be divided with the estate of Milton Erickson, since Dr. Erickson was originally a co-author of this book.

A tribute was recently written (in Japanese) called "*Milton H. Erickson's Academic Work and Life*". It was written by Dr. Noboru Takaishi, a psychiatrist at Osaka University in Japan. Dr. Takaishi visited the Ericksons some years ago.

Martin Reiser, Ed.D. and Capt. Michael Nielsen, M.S. were awarded the Milton H. Erickson Award, First prize, from the **American Journal of Clinical Hypnosis** for excellence in scientific writing for their article on investigative hypnosis in the October, 1980 issue. Reiser's recent books, **Police Psychology-Collected Papers** and **Handbook of Investigative Hypnosis** are both published by Lehi Publishing Co., 303 Gretna Green Way, Los Angeles, CA 90049.

Videotapes of "*The Artistry of Milton H. Erickson*" are now available in the PAL system which can be used in many European countries. If you are interested in ordering copies, contact Herb Lustig, M.D., 385 Lancaster Avenue, Haverford, Pennsylvania 19041.

Ericksonian Approaches to Hypnosis and Psychotherapy (Jeffrey K. Zeig, Ed.) is available from Brunner/Mazel, Inc., 19 Union Square, New York, N.Y. The volume, priced at \$29.95 consists of 43 papers presented at the December 1980 Erickson Congress.

The Dutch translation of **A Teaching Seminar with Milton H. Erickson**, supervised by Richard Van Dyck, M.D., is nearly finished. Additionally, contracts have been signed to have the book translated into Italian and German. Negotiations have begun for a Japanese translation.

The following articles appeared in the February, 1982 issue of **Psychologie**, published in Paris, France: *La Programmation Neuro-Linguistique*, by Alain Cayrol; *Milton Erickson, un genie de l'hypnose*, by Daniel Goleman; *Milton Erickson, l'homme et ses methodes*, by Jeffrey K. Zeig.

NOTES FROM THE FOUNDATION:

I would like to inform you about some of the training programs of The Milton H. Erickson Foundation:

1. The Foundation is proud to sponsor training workshops led by experts in Ericksonian methods in Phoenix, Arizona. On April 2-4, 1982, we are sponsoring a workshop on "*Ericksonian Diagnosis and Treatment*", with Stephen and Carol Lankton. Our initial Phoenix workshop with Jay Haley and Cloe Madanes, held February 20-21, was an outstanding success.

2. We will continue to hold workshops in other cities. On June 26-27, 1982, I will conduct a workshop for the benefit of the Erickson Foundation in Los Angeles. (See advertisement in this issue.)

3. Our national meeting, the Seminar on Ericksonian Approaches to Hypnosis and Psychotherapy, will be held December 2-5, 1982 in Dallas, Texas. The faculty will include Ernest Rossi, Joe Barber, Paul Carter, Stephen Gilligan, Stephen Lankton, myself and a number of other reknowned experts.

4. Plan to attend the second International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy which will be held the first week in December, 1983 in Phoenix. The International Congress will provide the opportunity for new faculty to present papers on advancing Ericksonian techniques. Additional information will appear in future issues of the newsletter.

5. We are establishing two training programs to be conducted in our new offices. The Erickson Archives are now available so that individuals or small groups can come to Phoenix to independently study audio-and videotapes that are housed at the Foundation. There is a nominal charge for use of the Archives. Please write if you are interested in details on this program. Additionally, this summer we will initiate a small pilot program consisting of live supervision in the Ericksonian method. Our new offices contain a therapy suite with an observation room.

We appreciate your interest in Ericksonian techniques and look forward to your participation in future training events.

Jeffrey K. Zeig, Ph.D.

PROGRAMS IN ERICKSONIAN APPROACHES

The London Workshop for Ericksonian Psychotherapists, now being formed, will hold an ongoing series of monthly workshops on Ericksonian techniques in hypnotherapy and other forms of psychotherapy including family therapy. Contact Mr. J. Wilk, 43 Sandycrocombe Road, St. Margaret's, Twickenham, Middlesex, TW1 2LR.

The Center for Human Cybernetics, Inc. is offering a series of workshops on hypnosis and therapy to be presented by Dr. Charles Ehrenpreis. The common thread throughout the series, will be of Dr. Ehrenpreis' theme of stories, models, metaphors, and the nature of personal, subjective, multiple realities. Future dates include April 9 & 10, May 7 & 8, and June 4 & 5, 1982. The workshops will be held in Wilton, N.H. For further information, call (603) 654-2760 or write The Center for Human Cybernetics, Abbot Hill Road, Wilton, N.H. 03086.

Associate Trainers in Clinical Hypnosis was formed in 1978 to meet the needs of the clinical practitioner. Basic, intermediate and advanced workshops focusing on Ericksonian approaches to hypnosis and therapy are presented in approximately 40 cities throughout the U.S. each year. For information please write to 26 Cedar St., Syosset, NY 11791, or call (516) 364-0160.

Phil and Norma Barretta are offering a series of training workshops based on Ericksonian Hypnosis and the therapeutic applications of the NLP Model in Los Angeles at the Sheraton Plaza La Reina Hotel. The "Innovations in Clinical Hypnosis" series is accredited by the California Board of Behavioral Science Examiners for 40+ hours of hypnosis education required for California MFCC Hypnosis Certification. Nursing CEU's and University credit are also available. APRIL 24/25 - BASIC, MAY 15/16 - INTERMEDIATE, JUNE 12/13 - ADVANCED, JULY 9/10/11 - METAPHOR. For information contact TURNAROUND, P.O. Box 413, San Pedro, CA 90733 (213) 833-4234, ATT: Peggi Bongiovanni, Seminar Director.

The Hypnosis Training Institute of Colorado will be conducting a comprehensive training in Ericksonian Hypnosis modeled through the structure of NeuroLinguistic Programming. The training will be offered on various dates through the summer, fall and winter 1982 starting in July. Certification attesting to completion of training program will be offered. Send inquiries to 999 Alpine St., Suite E, Boulder, CO 80302. Attn: Richard S. Shane, M.A., Director of Training.

UPCOMING SEMINARS/WORKSHOPS

(Note: The Erickson Foundation lists seminars as a service to newsletter subscribers. We cannot attest to the quality of training provided in these workshops.)

April 2-4: Diagnosis and Treatment Planning: Multiple Embedded Metaphor and Strategic Use of Trance Phenomena in Ericksonian Hypnotherapy; Steve/Carol Lankton; Phoenix; Contact The Milton H. Erickson Foundation.

April 2-5: Workshops in Ericksonian Hypnosis; Associate Trainers in Clinical Hypnosis; St. Louis, MO; Contact ATCH (see address in Training Programs).

April 3/4: Ericksonian Therapy and Hypnosis; Charles Stern; Ann Arbor, MI; \$80; Contact Dr. Stern at 20016 Stratford Rd., Detroit, MI 48221 (313) 862-3584 or 526-6000 Ext. 36.

April 3/4: Language of the Unconscious: Deciphering and Utilizing

Unconscious Communication; Nancy Winston/Paul Lounsbury; \$100; Contact Paul Lounsbury, 1 West 67th St., NY, NY 10023, (212) 362-3548.

April 3/4: Ericksonian Hypnosis; Bill O'Hanlon; Wayne, Nebraska; Contact Wayne State College, Extended Campus, Wayne, NE 68787.

April 5-7: Basic Hypnotherapy: Principles and Applications; Paul Watzlawick; Palo Alto, CA; Contact MRI, 555 Middlefield Rd., Palo Alto, CA 94301 (415) 321-3055.

April 11: Erickson Reframing and Storytelling; Marc Lehrer/Deborah Ross; San Francisco; \$100 (\$75 students); Contact Medical Hypnosis Seminars, 4546 Glenwood Dr., Santa Cruz, CA 95066 (408) 353-1928.

April 12/13: Understanding and Using Trance; Steve Lankton; Raleigh, NC; Contact Southeast Institute for T.A.,

P.O. Box 2183, Chapel Hill, NC 27514, (919) 929-1171.

April 15: Ericksonian Approaches; Jeff Zeig; Raleigh, NC; Southeast Institute for T.A. Contact information same as above (April 12/13).

April 16-18: Erickson's Clinical Use of Trance: Multiple-Embedded Metaphor; Carol/Steve Lankton; \$185; Evanston, IL; Contact John Lazar, Communication Technologies, Inc., 4414 N. Malden, Chicago, IL 60640, (312) 427-5525/275-5596.

April 17: Ericksonian Approaches and Techniques in Hypnotherapy; Bill O'Hanlon; \$45; Omaha, NE; Contact The Therapeutic Learning Center, P.O. Box 164, Blair, NE 68008, (402) 426-2025.

April 17/18: Advanced Techniques of Hypnosis II; \$95; Boulder, CO; Contact the Hypnosis Training Institute of Colorado (see address in Training Programs).

April 17/18: Ericksonian Approaches; Jeff Zeig; Milwaukee, WI; Contact Cambridge House, 1879 N. Cambridge Ave., Milwaukee, WI 53202, (414) 273-6333.

April 23-26: Ericksonian Hypnosis; Jackson, MS; Contact Associate Trainers in Clinical Hypnosis (see address in Training Programs).

April 23-26: Ericksonian Hypnosis; Rochester, NY; Contact Associate Trainers in Clinical Hypnosis (see address in Training Programs).

April 23: Ericksonian Approaches and Techniques in Therapy: New Models for Old Wine; Bill O'Hanlon; \$50; Phoenix, AZ; Contact Tina Nereson, M.C., 2801 N. Park #1, Tucson, AZ 85719, (602) 624-3590 or The Therapeutic Learning Center (see address above).

April 24: Therapeutic Paradox: A Practical Model for Clinicians; Bill O'Hanlon; \$50; Phoenix, AZ; Contact Tina Nereson (see information above).

April 24: The Brief Therapy of Milton Erickson; Lynn Segal/Lenora Yuen; \$85; Palo Alto, CA; Contact MRI (see address above).

May 1: Ericksonian Family Therapy; Steve Lankton; Columbus, OH; Contact Ohio AAMFT, c/o Ed Perkinson, 1218 Schocolog Rd., Akron OH 44320, (216) 864-7607.

May 1/2: Ericksonian Hypnosis and Therapy; Charles Stern; Ann Arbor, MI; \$80; Contact Charles Stern (see address above).

May 1/2: Self-Hypnosis Intensive; Marc Lehrer/Deborah Ross; \$125 (couples \$200); San Francisco, CA; Contact Medical Hypnosis Seminars (see address above).

May 1/2: Innovative Techniques in the Therapeutic Application of Hypnosis for the Advanced Practitioner; Phil/Norma Barretta; \$150 (early registration);

(Continued on Page 6)

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THE VARIETIES OF ERICKSONIAN HYPNOTIC SUGGESTION
- *Robert E. Pearson, M.D.*
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ERICKSONIAN APPROACHES

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LIMITED TIME OFFER

Tapes from the December 3-6, 1981 Erickson Seminar, San Francisco, California.

The seminar on Ericksonian Approaches to Hypnosis and Psychotherapy was professionally recorded. Audiotape copies of the presentations are available for purchase through mail order. Please use the order form on the reverse side. Thank You!

The meeting was an invaluable learning experience for all that attended and cassette tapes are the next best thing to being there. Take advantage of this limited offer NOW!

HALF-DAY WORKSHOPS

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ERICKSON ANECDOTE "City Slicker"

I had the opportunity of spending a week with Dr. Erickson during the last week of July 1979. During the first 2 days, as we met in Erickson's little guest cottage, I found that I was puzzled and confused. I was not sure, a lot of the time, about what he was saying or what implication that he was trying to relate to hypnosis.

By Wednesday afternoon I was still confused and not even sure why I was there. Earlier in the week, Erickson had promised to show us his "magic genie." On the afternoon of the 3rd day, I asked him if he was going to show us his genie. He asked me if I believed in magic genies, to which I replied, "No." He stared at me for some time and then said, "I believe."

At the close of the session, he invited us into his home to see his genie. As I was the last one out of the guest house, I offered to wheel him into the back yard. The yard is enclosed with a wooden fence and gate. He instructed me to make sure that the gate latch was secure so that his dog could not get out. The latch was one that I had never seen before and I struggled to find a way to latch it securely.

Erickson sat calmly in his wheel chair, watching my struggle. When I thought that it was latched, Erickson reached over and gave the gate a push and it opened up. His eyes slowly moved from the gate latch, to my feet, and up to my eyes. And as his eyes met mine, he said, "City Slicker."

He secured the latch and I wheeled him into the house. I was hurt and still confused. And besides that, I wasn't a city slicker, I grew up in the country. We saw the magic genie, which, by the way, was a hologram of a woman blowing a kiss.

I was still confused as I sat in the guest cottage the next morning. In fact, I was beginning to get angry about his comment about the city slicker. Erickson began to spin another story. It did not have any particular significance to me. He finished the story with, "And that's what the 'City Slicker' does." I immediately looked up and found him staring at me for what seemed like an uncomfortably long time. Then it hit me. I was making everything hard. I was too intent on interpreting and analyzing everything that he said. Somehow, I believe that Erickson knew that I was confused and not comprehending the simplest of strategies when dealing with people. He was telling me, indirectly, that I was making it hard; slow down; look around you; there's so much more to see. I will never forget him or the 'City Slicker.'

*Richard Stepp, M.S.W.
2135 Bel-Aire Ave.
Duluth, Minnesota 55803*

UPCOMING SEMINARS/WORKSHOPS (Continued from Page 3)

Chicago, IL; Contact TURNAROUND (see address in Training Programs); Nursing CEU's and University credit available.

May 4/5: Ericksonian Hypnosis; Littleton, NH; Contact Associate Trainers in Clinical Hypnosis (see address in Training Programs).

May 10/11: Ericksonian Approaches; Jeff Zeig; Rome, Italy; Contact Camillo Loredi, M.D., Centro di Studi e di Ricerca per la Psicoterapia, Viale Regina Margherita, 37, 00198, Rome, Italy.

May 14-16: Ericksonian Approaches; Jeff Zeig; Tübingen, West Germany; Contact Dr. Dirk Revenstorf, Universität Tübingen-Psychologisches Institut, Gartenstrabe 29, 7400 Tübingen 1, West Germany.

May 15: Paradoxical Interventions in Therapy: A Practical Model for Clinicians; Bill O'Hanlon; \$45; Omaha, NE; Contact Therapeutic Learning Center (see address above).

May 14-17: Ericksonian Hypnosis; San Antonio, TX; Contact Associate Trainers in Clinical Hypnosis (see address in Training Programs).

May 20: Ericksonian Approaches to Family Therapy; Steve/Carol Lankton; Bristol, CT; Contact Bristol Hospital Family Therapy Program, Bristol, CT 06010.

May 20: Erickson: Reframing and Story-telling; Deborah Ross/Marc Lehrer; \$100 (students \$75); San Diego; Contact Medical Hypnosis Seminars (see address above).

May 20-22: Ericksonian Approaches; Jeff Zeig; St. Gallen, Switzerland; Contact Theresa Miller, Dufour Street #30, St. Gallen, Switzerland.

May 21-24: Ericksonian Hypnosis; Ft. Wayne, IN; Contact Associate Trainers in Clinical Hypnosis (see address in Training Programs).

May 21-24: Ericksonian Hypnosis; Boston, MA; Contact Associate Trainers in Clinical Hypnosis (see address in Training Programs).

May 21/22: Introductory and Intermediate Hypnotherapy; Jack Tactir; El Paso, TX; Contact office of Continuing Education, University of Texas at El Paso, El Paso, TX 79968, (915) 747-5142 or Philip Himmelstein, Dept. of Psychology, (915) 747-5551; AMA and APA CEU's available.

May 22: Ericksonian Approaches and Techniques in Hypnosis; Bill O'Hanlon; \$45; Kansas City, MO; Contact Beth Giguere/Dick Abloff, 5343 Holmes, Kansas City, MO 64110, (816) 523-6722.

June 4-7: Ericksonian Hypnosis; Philadelphia, PA; Contact Associate Trainers in Clinical Hypnosis (see address in Training Programs).

June 9-13: Residential in Clinical Hypnotherapy; Marc Lehrer/Deborah

Ross; \$350 (tuition only), \$500 (includes meals and lodging); Contact Medical Hypnosis Seminars (see address above).

June 10-13: Ericksonian Hypnosis; Portland, OR; Contact Associate Trainers in Clinical Hypnosis (see address in Training Programs).

June 11: Therapeutic Metaphor; Bill O'Hanlon; Des Moines, IA; Contact Judy Rinehart, East Des Moines Family Practice Center, (515) 265-4211.

June 11-16: Residential in Ericksonian Hypnosis; Steve Gilligan/Paul Carter; Denver, CO; Contact Toc Carncross, 7650 Teller, Arvada, CO 80003, (303) 422-3344.

June 11-13: Training in Ericksonian Hypnotherapy, An Introductory Workshop; Jeff Zeig; Indianapolis, IN; Contact Larry Gindhart, Human Resource Seminars, 4836 Park Avenue, Indianapolis, Indiana 46205.

June 14/15: (also repeated June 28/29) Ericksonian Approaches to Treating Resistant Clients; Bruce Fischer; Minneapolis, MN; \$75; Contact Moira Keane, Dept. of Conferences, Nolte Center for Continuing Education, 315 Pillsbury Dr. SE, Minneapolis, MN 55455, (612) 373-3843.

June 15-17: Training in Ericksonian Hypnotherapy, An Advanced Workshop; Jeff Zeig; Indianapolis, IN; Contact Larry Gindhart (see address above).

June 17-20: Family Therapy and Hypnosis; Steve/Carol Lankton; Heidelberg, Germany; Contact Bernhard Trenkle, Peter-Wenzel-Weg 38, 6900 Heidelberg 1, Germany, Phone: 06221/800386.

June 18/19: Ericksonian Hypnosis; Monterey, CA; Contact Associate Trainers in Clinical Hypnosis (see address in Training Programs).

June 19: Strategic Pattern Intervention: Integrating Individual and Family Systems Approaches; Bill O'Hanlon; \$50, Omaha, NE; Contact the Therapeutic Learning Center (see address above).

June 22-27: Residential Intensive in Ericksonian Hypnosis; Paul Carter/Steve Gilligan; Santa Cruz, CA; Contact M.E.T.A. Institute, P.O. Box 8991, Stanford, CA 94305, (415) 327-1675.

June 24: Ericksonian Indirect Techniques; Los Angeles, CA; Meeting of the Southern California Society of Clinical Hypnosis; Contact Michael Jay Diamond, Ph.D. SCSC, 4454 Van Nuys Blvd., Suite 215, Sherman Oaks, CA 91403.

June 24-26: Ericksonian Hypnosis; Carol/Steve Lankton; London, England; Contact Nancy Paul; Phone: 011+44-7375+56348.

June 26: Ericksonian Techniques and Approaches in Therapy: New Models for Old Wine; Bill O'Hanlon; Kansas City,

(Continued on Page 7)

A TWO-DAY WORKSHOP ON ERICKSONIAN INDUCTION

with Jeffrey K. Zeig, Ph.D.

for the benefit of the Milton H. Erickson Foundation

June 26 and 27, 1982

Los Angeles, California

All proceeds will go to The Milton H. Erickson Foundation

Ericksonian Induction: An Application to be Effective

A workshop focusing on how a trance state is achieved, including definition of the necessary elements of trance induction, description of the characteristics of each element, and instruction on eliciting trance behavior and phenomena. An individual's responsiveness can be determined through application of a unique set of Ericksonian diagnostic criteria which are based on the style and values of the person. Induction language can be tailored so that elements necessary to induce a trance are developed in the most appropriate and efficient way for each individual.

The workshop consists of lectures, experiential exercises, practice sessions, live demonstration and observation, and discussion of videotapes of Milton H. Erickson, M.D. The videotapes to be presented were taken at Erickson's teaching in Phoenix, Arizona in 1979 and 1980.

Enrollment is restricted to professionals with graduate degrees in health related fields (e.g., M.D., D.D.S., Ph.D., M.S.W., M.A., etc.) or graduate students in these fields.

REGISTRATION

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

PROFESSION _____ DEGREE _____

TELEPHONE _____

To reserve your place, mail this completed form with fee to Jeffrey K. Zeig, Ph.D., The Milton H. Erickson Foundation, 3606 North 24th Street, Phoenix, Arizona 85016, Telephone (602) 956-6196. Make checks payable to The Milton H. Erickson Foundation.

JUNE 26-27, 1982

9:00 a.m. to 4:30 p.m. each day

PLACE:

To be announced

(\$25 cancellation fee if received in writing by June 18, 1982. No refunds will be made after June 18, 1982.)

FEE:

\$125 for the two-day program

\$90 for graduate students in accredited programs (A certifying letter from your school or department indicating proof of full-time status is required.)

UPCOMING SEMINARS/WORKSHOPS

(Continued from Page 6)

MO; \$45; Contact Dick Abloff/Beth Giguere (see address above).

June 26/27: Innovative Techniques in the Therapeutic Application of Hypnosis for the Advanced Practitioner; Norma/Phil Barretta; Los Angeles, CA; \$150 (early registration); Contact TURNAROUND (see address in Training Programs); Nuring CEU's and University credit available.

June 26/27: Ericksonian Induction; Jeff Zeig; Los Angeles, CA; Contact The Milton Erickson Foundation.

July 12-30: Intensive in Ericksonian Hypnotherapy; 3 consecutive 5-day workshops; July 12-16 beginning and intermediate; July 19-23 advanced; July 26-30 small group supervision; Contact M.E.T.A. Institute, P.O. Box 2591, LaJolla, CA 92037, (714) 454-8405

July 19-21: Diagnosis/Treatment Planning; Steve Lankton, M.S.W., and Carol Lankton, M.A.; Milwaukee, WI; Contact David Henderson, 1879 N. Cambridge Ave., Milwaukee, WI 53202, (414) 273-6333.

CORRECTIONS

In the last issue, there were two typographical errors in the announcement (under Training Programs) for the Family Collaborative. The correct information is listed below:

The directors of the Collaborative are Phyllis Joachim, Ph.D., Jack Jordan, Ph.D., and Doug Siegel, Ph.D. Contact them at 350 Washington St., Wellesley, MA 02181. (617) 235-2052.

In the same section, Steve and Carol Lankton's phone number was incorrectly listed as (601) 932-6819. The correct area code is (904).

CONTACT/EXCHANGE

David Calof of the Seattle Family Institute is currently researching an article to be submitted for publication on the possible contraindications, dangers and pitfalls of individual hypnotherapy. He is attempting to expand on the current points of view in the field by considering family dynamics and the self of the therapist as additional categories. Readers are invited to submit suggestions, cases or references to him at 2722 Eastlake Ave. E, Suite 210, Seattle, WA 98102. If original case material appears in the final draft, the contributing therapists will be cited.

SPECIAL ANNOUNCEMENT

The Galveston Family Institute announces the 1st International Conference on "EPISTEMOLOGY, PSYCHOTHERAPY AND PSYCHOPATHOLOGY" to be held in Houston, Texas on September 10/11/12, 1982. The Conference will feature Paul Dell, Ph.D., Lynn Hoffman, M.S.W., Bradford Keeney, Ph.D., Humberto Maturana, Ph.D., Mara Selvini-Palazzoli, M.D. and Carl Whitaker, M.D. Fees through July 31 are \$170 and then rise to \$210. For further information contact: Lee Winderman, Ph.D., Houston-Galveston Family Institute, P.O. Box 1485, Galveston, Texas 77553. (713) 488-8404.

NEWS OF INTEREST

Dr. Sid Rosen conducted a weekend program in Boston for Interface on "Ericksonian Hypnotherapy: An Experiential Workshop" Feb. 20 and 21, 1982. Dr. Rosen is teaching a 10 session workshop on Ericksonian Hypnotherapy. Call (212) 753-9324.

The New York Society for Ericksonian Psychotherapy and Hypnosis recently donated funds to the Central Park Conservancy for the purpose of dedicating some special planting to Dr. Erickson's memory.

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The Milton H. Erickson Foundation, Inc.

NEWSLETTER

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