

From the Milton H. Erickson Foundation

A Teaching Seminar with Milton H. Erickson

Edited with Commentary by Jeffrey K. Zeig, Ph.D.

1980 * Cloth: 0 87630 247 9 * 304 pp * £32.95

This volume offers an opportunity to learn more about Erickson, and through this transcript of one of his teaching seminars, one comes as close as one can to learning directly from him. This is a transcript of a week's teaching seminar for health professionals that Milton H. Erickson, M.D., held in his home in Phoenix, Arizona, and will allow the reader to discover new aspects of Erickson's teaching.

Experiencing Erickson:

An Introduction to the Man and His Work

By Jeffrey K. Zeig, Ph.D.

1985 * Cloth: 0 87630 409 9 * 208 pp * £25.95

Dr. Zeig, a leading practitioner and teacher of Ericksonian psychotherapy and a former student of Erickson's, has written a uniquely personal view of Erickson himself, his basic ideas and techniques, his contributions to psychotherapy and his highly individual methods of teaching. This transcript provides valuable insights into Erickson's thinking and techniques.

Ericksonian Congress Proceedings

Developing Ericksonian Therapy: State of the Art

Edited by Jeffrey K. Zeig and Stephen R. Lankton

1988 * Cloth: 0 87630 501 X * £53.50

This volume presents the proceedings of the Third International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy held in Phoenix, Arizona, in December of 1986. It is the academic portion of the Congress that is reported in this title.

Brief Therapy: Myths, Methods & Metaphors

Edited by Jeffrey K. Zeig, Ph.D. and Stephen G. Gilligan, Ph.D.

1990 * Cloth: 0 87630 577 X * 492 pp * £53.50

Organized around central issues and major themes in contemporary brief therapy, the book is divided into nine parts, and the 34 chapters embrace a vast array of viewpoints and methods to demonstrate the different approaches that contributors have found effective in their work. Taken as a whole, this volume constitutes a state-of-the-art report on brief therapy. The powerful voices of its authors are at once diverse, insightful and provocative. Beginning and experienced therapist alike will find here a resource of incomparable value as they continue to forge their own styles of doing brief therapy.

Ericksonian Methods: The Essence of The Story

Edited by Jeffrey K. Zeig

1994 * Cloth: 0 87630 738 1 * 536 pp * £63.50

This title contains the proceedings of the Fifth International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy. It consists of the keynote speeches and invited addresses from the Congress.

The Evolution of Psychotherapy

Edited by Jeffrey K. Zeig, Ph.D.

The Evolution of Psychotherapy

1987 * Cloth: 0 87630 440 4 * 438 pp * £50.00

This tremendous volume makes available the complete presentations and discussions from the history-making Evolution of Psychotherapy Conference held in 1985 in Phoenix, Arizona. The leading theoreticians and clinicians present a far-ranging picture of virtually every type of psychotherapy—behavioral-cognitive, psychoanalytic, Gestalt and TA, group, family, psychodrama and Ericksonian therapies—as they are currently practiced. Never before has there been such a revealing interplay of minds and personalities, and such a comprehensive presentation of the state of psychotherapy today and the many possibilities ahead.

The Evolution of Psychotherapy: The Second Conference

1992 * Cloth: 0 87630 677 6 * 334 pp * £50.00

In this volume, twenty-four of the world's leading thinkers in the field of psychotherapy present and debate their theories and methodologies in an open forum before thousands of colleagues, including such masters as Ellis, Haley, Hillman, Lazarus, Palazzoli, the Polsters, Szasz and many more. It captures not only the tremendous range of ideas, but also the *spirit* of the exchanges that propelled these ideas.

The Evolution of Psychotherapy: The Third Conference

1997 * Cloth: 0 87630 813 2 * 384 pp * £50.00

This volume includes twenty-six of the world's leading thinkers in the field of psychotherapy present and debate their theories and methodologies in an open forum at the Third Conference of the Evolution of Psychotherapy before thousands of colleagues, including such masters as Ellis, Haley, Hillman, Lazarus, Palazzoli, the Polsters, Szasz and many more. It captures not only the tremendous range of ideas, but also the *spirit* of the exchanges that propelled these ideas.

Brief Therapy Annual

Edited by William J. Matthews, Ph.D. and

John H. Edgette, Psy.D.

Current Thinking and Research in Brief Therapy: Solutions, Strategies, Narratives, Volume 1

1997 * Cloth: 0 87630 819 1 * 304 pp * £32.95

Designed to provide access to the contemporary dialogue in brief therapy, this title will give continuing voice to the legacy of Milton H. Erickson and to the theoretical work being done in the field. The format of Current Thinking and Research in Brief Therapy allows for debate and discussion, and topics are certain to prove among the most compelling in the field today. Contents of this volume include empirically based research in ethics and hypnosis: unorthodox or innovative therapies and the legal standards of care, the state of the altered state debate, hypnosis in the treatment of AIDS, teaching asthmatic children to help themselves with relaxation/mental imagery, eye movement desensitization and reprocessing and much more.

Current Thinking and Research in Brief Therapy: Solutions, Strategies, Narratives, Volume 2

1998 * Cloth: 0 87630 867 1 * 343 pp * £31.95

In *Current Thinking and Research in Brief Therapy, Volume 2*, the latest publication of the Milton H. Erickson Foundation, the series editors have brought together an impressive group of contributors to discuss the latest trends in brief therapy. You will find a thoughtful piece on the issue of client-therapy intimacy, a humorous yet sensitive article on sexual concerns in couples and a powerful story on the use of hypnosis with a dying adolescent. In addition to the emotional side of psychotherapy, the authors include the scientific aspects of psychotherapy. Altogether this volume offers the reader the best in innovative treatment techniques.

Current Thinking and Research in Brief Therapy: Solutions, Strategies, Narratives, Volume 3

1998 * Cloth: 0 87630 993 7 * 347 pp * £34.95

Created as an important vehicle for the legacy of Milton H. Erickson and the theoretical work based on his ideas, *Current Thinking and Research in Brief Therapy*, now in its third volume, reaffirms its purpose to explore the future of Erickson-inspired therapy. The contents of this volume cover compelling topics across the field of brief therapy. Reality therapy, multicultural issues in microcounseling, weight problems and solutions, treatment of obsessive-compulsive disorder, hypnosis with children, and the postmodernism of brief therapy are just some of the subjects these writers offer for debate and discussion. Both alone or within the context of the series, this volume is a valuable addition to the research and theory of brief therapy.



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ERICKSONIAN MONOGRAPH SERIES

This widely hailed series is sponsored by the Milton H. Erickson Foundation as part of its expanding educational forum for mental health professionals. The Ericksonian Monographs publish original work—theory, clinical techniques, case material and research—on the cutting edge of Ericksonian thought and practice.

Number 1: Elements and Dimensions of an Ericksonian Approach, *Edited by Stephen R. Lankton*

1985 * Cloth: 0 87630 411 0 * £25.95

This title makes available a richly stimulating collection of papers on both clinical and theoretical themes, including previously unpublished work by Erickson.

Number 4: Medical, Therapy Comparisons, and Research, *Edited by Stephen R. Lankton & Jeffrey K. Zeig*

1988 * Cloth: 0 87630 510 9 * £17.37

This volume presents a richly stimulating collection of articles which deal with three extremely important areas of development in Ericksonian work: research, integration within the practice of other therapies and medical applications.

Number 6: Extrapolation: Demonstrations of Ericksonian Therapy, *Edited by Stephen R. Lankton & Jeffrey K. Zeig*

1989 * Cloth: 0 87630 567 2 * £17.37

For this volume six invited faculty of the tenth anniversary conference were solicited to select their favorite videotaped demonstration and comment upon it. For added perspective, the faculty members were also asked to comment on another faculty member's demonstration. The chapters in this volume represent the complete and unabridged transcriptions for those demonstrations and the 12 commentaries.

Number 7: The Issue of Broader Implications of Ericksonian Therapy, *Edited by Stephen R. Lankton*

1990 * Cloth: 0 87630 582 6 * £17.37

This volume is thought provoking and provides practical ideas for a wide readership. We hope that the conversations begun here will continue to spur debate, dialogue, research and developments in clinical practice.

Number 8: Views on Ericksonian Brief Therapy, Process and Action,

Editors Stephen R. Lankton, Stephen G. Gilligan & Jeffrey K. Zeig

1991 * Cloth: 0 87630 646 6 * £17.37

This is a collection of brief therapy ideas, interventions and cases from a panorama of internationally known authors. These papers bring multinational perspectives to readers with the hope that an evolution and integration of ideas can be furthered by the seeds planted in the 4th International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy.

Number 10: Difficult Contexts for Therapy, *Edited by Stephen R. Lankton, MSW & Jeffrey K. Zeig, PhD*

1995 * Cloth: 0 87630 749 7 * £17.37

These collected papers pertain to difficult therapeutic contexts, some of which are examined as theoretical problems and others as they pertain to practice and research. They cover working with cancer pain, school avoidance, school classrooms, extramural assignments, HMOs, head injury recovery and other difficult contexts. These are excellent papers that advance the seminal contributions of Milton Erickson, and they are sure to provide valuable insights for researchers, clinicians and theorists.

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